

A Textbook of Population Education



**Harsha Kumarasensa
Jyoti Puri**



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CHAPTER 1

POPULATION EDUCATION CONCEPTS AND SIGNIFICANCE: AN OVERVIEW

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ABSTRACT:

The world's population increase is a critical problem, particularly in developing countries like India where it is a factor in a number of socioeconomic issues. Population education units are essential in addressing these issues and advancing sustainable development. The structure and importance of population education units are thoroughly explored in this abstract. The necessity for population education is obvious given that the world's population is expected to increase to eight billion by 2024 and over nine billion by 2042, with India accounting for 17.71% of the world's population. If India keeps up its present pace of population increase, it may soon overtake China as the most populous country. Stabilising population growth is essential for ensuring sustainable development and a more equitable allocation of resources. The development of young brains to make wise decisions on population-related problems depends on population education programmes. This abstract offers understandings of the core ideas in population education. Population education, in contrast to terminology like family planning and sex education, refers to a wider range of information. It entails transferring information, attitudes, and abilities to people in order to promote responsible and logical behaviour with regard to population dynamics. Learning about population concerns on a global scale interests students and gives them the analytical tools they need to tackle these problems. The aims of population education are also outlined in the abstract, including gaining knowledge of demographic theories, the effects of population increase, and the connection between population growth and development. It also emphasises how crucial education is in combating problems like poverty, environmental degradation, and social challenges brought on by fast population expansion.

KEYWORDS:

Development, Education, Population Growth, Population.

INTRODUCTION

The world's population growth is one of the most basic issues, negatively affecting many elements of peoples' quality of life overall, particularly in emerging nations like India. Problems like poverty, unemployment, subpar housing, malnutrition, undernourishment, pollution, wars, juvenile delinquency, water scarcity, illiteracy, political instability, terrorism, human trafficking, etc. have been getting worse every day around the world due to the rapid population growth. The most recent United Nations estimations published by Worldometers place the world's population as of October 2017 at 7.7 billion. By 2024, there will be eight billion people on the planet, and by 2042, that number is expected to rise to over nine billion. According to UN figures, the population of India is now predicted to be 136.65 crores as of midyear 2017. Some fundamental details will help to clarify the situation. India makes up 2.4% of the planet's land area and 17.71% of the world's population. India may surpass China to become the world's most populated nation in 2045 if the present pattern of population increase holds. As we all know, improving people's quality of life is the cornerstone of the nation's economic and social growth since it enables them to become assets to society by

being productive members of it. However, it would be very difficult for us to pursue sustainable development with more fair distribution in the nation without stabilizing the population. Therefore, it is now understood that in order to create the proper attitude in children at a young age so that they are able to make reasonable choices, the current population control methods should be backed by formal education on knowledge of the rising population concerns. We may enhance and expand our commitment to limiting population increase by fostering the proper attitudes and practices among the enormously young population via population education since children of today will be the parents of tomorrow.

We will learn the fundamentals of the idea of population education in this unit. In this section, we'll go through the nature, application, and several definitions of population education. In order to address the issue of the nation's population expansion, we will also talk about the need and significance of population education. Thus, the main goal of this unit is to assist learners understand what is meant by the phrase "population education" and to make them aware of its need and significance in light of the nation's fast population expansion[1], [2].

Population Education Concepts

You may have encountered ideas related to population management in your daily life, such as birth control, family planning, sex education, etc. Here, we will introduce you to a notion that is considerably broader than these, i.e., Education of the populace. Although the terms "population education" and "family planning," "sex education," and other terms are sometimes used interchangeably, they have slight variances. As the name suggests, population education is an educational course. The phrase is made from of the terms population and education. Population, in general, refers to the total number of people living in a certain geographic region, such as a village, district, nation, or the whole planet, as well as their racial, religious, sexist, class, caste, group membership, and other characteristics. The process of imparting, enhancing, or changing a person's knowledge, information, understanding, attitudes, skills, talents, practises, and other characteristics enables them to function effectively both as an individual and as a member of their family, society, country, and global community. After weighing the two concepts of "population" and "education," population educators and educationists must decide what kind of education should be given to which segment of the population in order to obtain an understanding of population concerns and to what degree. Stephen Viederman defines population education as "the process by which the student investigates and explores the nature and meaning of population process, population characteristics," quoting UNESCO (1970): "Population education is an educational programme which provides for a study of population situation of the family, community, nation and world with the purpose of developing in the students rational and responsible attitudes and behaviour towards that situation."

Therefore, population education engages students in the learning process, broadens their understanding of population-related issues from a global perspective, and aids in the development of necessary analytical and defining skills that are both personally and socially relevant. Additionally, population education fosters in pupils a positive attitude towards population issues as well as the ability to make informed judgements in response to issues brought on by fast population development. In actuality, population education encompasses all topics relating to population that have an impact on growth, living standards, and general quality of life. As a result, population issues are broad and encompassing, creating the subject matter of population education that allows individuals or target groups to make informed choices in this respect.

Population education is neither family planning or sex education, as was already explained. There are several variations. When we discuss sex education, the emphasis is always on family planning and the prevention of sexually transmitted diseases. One of the topics covered in population education is family planning. In contrast, population education places focus on the relationship between the individual, family, and society in the framework of the country, while sex education places attention on the individual. Additionally, family planning is exclusively a clinical or medical method and is only available to married couples. Population education, on the other hand, is merely an instructional curriculum designed to increase awareness and foster understanding. These definitions of population education should make the idea easier for you to understand and remember:

Education of the populace is fundamentally connected to the development of human resources. In order to ensure that both quality and quantity (of population) are taken care of, population education explores knowledge and attitudes concerning population, family, and sex. "Population education is the study of human population in relation to his environment with a view to improve his quality of life without adversely affecting the environment," says population education. "It includes population awareness: family living, reproduction education, and basic values[3], [4]."

Population Makeup and Education

The subject of population education is still relatively young. We are aware that population issues are dynamic and always evolving. As a result, the idea of population education has steadily changed as a result of adaptation to shifting demands, requirements, and new problems and concerns. In light of this, the following summarises the nature of population education:

By definition, the term "population" refers to both the qualitative and the quantitative characteristics of the human population, or, more specifically, to the quality of life. Therefore, the development of human resources is fundamentally tied to population education. Population education is only a teaching initiative. Like any other educational curriculum, the population education course aids students in gaining information, understanding, skills, attitudes, and values with relation to its items with content. Its idea is cross-disciplinary and relevant to many different fields. It offers a learning environment for comprehending population dynamics in the family, community, country, and global context. Understanding the effects of demographic variables on a person's, family's, and society's well-being is beneficial.

DISCUSSION

Population education investigates how a person's quality of life is influenced by their surroundings. Population education's main focus is on the factors that cause population change throughout time. It is equally concerned with the consequences such changes could have for families, communities, countries, and the whole planet. Studying the likely causes and effects of population change is a component of population education. Several reasons why the nature of the effects may be biological, social, economic, political, or cultural. The majority of the population education curriculum focuses on link between numerous socioeconomic processes and demographic variables on the one hand. Development and population change are intertwined. Any level of population change, such as a family, neighborhood, or country is the outcome of choices based on certain factors that people believe to be sensible in the specific scenario or setting. Whether or whether the judgements are reasonable depends on their comprehension of all pertinent issues at that specific level. This is exactly what is meant by population education, which is the knowledge,

understanding, attitudes, and practices/behaviors of individuals in regard to their demographic situation. Population education is intended to lead to such a population transformation and impact the quality of people's lives, both now and in the future. As a result, it is relevant to numerous demographic issues at both the micro and macro levels, both now and in the future.

Education's Goals for the Population

The following broad goals for population education were established during a workshop held by NCERT in New Delhi in 1971 and are listed below:

1. to get knowledge of various demographic theories and procedures;
2. to foster in the next generation a grasp of the main modern phenomena, which is the fast population rise and its causes;
3. to gain knowledge of how population changes affect all facets of human existence, including social, cultural, political, and economic factors;
4. to gain insight into the intricate relationship between population expansion and the process of development, paying special attention to development initiatives aimed at improving people's quality of life;
5. to gain knowledge of the detrimental impacts of environmental overpopulation and the resulting risks from pollution;
6. to gain knowledge about scientific and medical advancements that will help people regulate famines, illnesses, and eventually death, as well as the imbalance between birth and mortality rates;
7. to gain knowledge of the biological processes and phenomena of reproduction that ensure the survival of the species;
8. to grow in understanding of:
9. the ideal and suitable status of the small family norm;
10. the association between population density and standard of living;
11. the reality that family size is determined by conscious decision and human management rather than by chance or uncontrollable circumstances;
12. to cultivate a mindset of accountability, reciprocal assistance, and collaboration in all facets of family and personal life;
13. to foster an understanding of how the wellbeing of the children, the mother's health, and the modest size of the family are related;
14. to cultivate an understanding of how each member of society influences others via their behaviours, and how national and personal choices on population growth and family size have global implications;
15. to get informed about the nation's population plans and initiatives; and
16. to provide pupils a foundational grasp of demographic terms so they can read and comprehend demographic content[5], [6].

Education in the Population

You may be able to infer from the discussion above the population education material that gives us an idea of the subject matter of population education. Demographics dominated the population's scope. The material has evolved over time to become more specific and comprehensive, hence broadening the scope of population education. A comprehensive educational course with a strong emphasis on values, population education aims to improve people's quality of life both now and in the future. Demography, population dynamics, population studies, sex education, family planning, and population policies and programmes will all be used to create its content. As a result, its information should be carefully gleaned

from a variety of academic fields, including demography, sociology, geography, economics, psychology, biology, ecology, population studies, and medicine. It may be stated to comprise the following elements broadly and generally:

Demography is the study of population and includes measurements and analyses of the birth, death, and migration rates, among other things. The three primary components of demography are birth, death, and migration. Unbalance in the population is a biological phenomenon. Demography comprises population growth rate, age-sex pyramid, sex ratio, dependency ratio, and birth and death rates.

Rapid population expansion has negative effects on a variety of facets of human existence, including the biological, social, economic, and cultural elements of life as well as the environment and ecological balance, as well as the nation's development and welfare programmes. Education on population issues must include the harmful impacts of population increase on people's health. Analysis of population increase and its effects on everyday living is another topic covered.

Migration, births, and deaths all contribute to population change in a given area. Additionally, it includes biological, social, and cultural characteristics that have a direct impact on the components of population change. Additionally, it evaluates the practises and elements that affect population change, such as poverty. This category covers the core elements of human sexuality and reproduction, such as sexual activities, the evolution of the human reproductive system, and related issues. A favourable attitude towards reproductive health may be developed with the aid of population education. This covers a variety of population control strategies, including family planning, family welfare, the use of contraception, and the right age at marriage and first conception.

When talking about the range of population education, the following elements are also taken into account: The focus of population education has shifted to include more emphasis on the quality of life. As a result, NCERT (1988) developed the conceptual framework for population education around six main themes, including: i) family size and family welfare; ii) delayed marriage; iii) responsible parenthood; iv) population change and resource development; v) population related beliefs and values; and vi) status of women. The information concentrating on these topics is collected from six subject areas: population dynamics, population, environment, and resources; population, family life; population, health, and nutrition; and population, economic and social development.

The growing difficulties, such as teenage problems, STDs, including AIDS, urbanisation, and care for the elderly, are integrated into this conceptual framework in addition to the aforementioned topic categories. On the other hand, since the Millennium Summit 2000, when the objectives of population and development education were included in the Millennium Development Goals (MDGs), the content and breadth of this field of study have significantly expanded.

It includes everything that is related to achieving the MDGs, such as eradicating hunger and poverty, achieving primary education for all, empowering women, promoting gender equality, lowering infant mortality rates, enhancing maternal health, battling AIDS, malaria, and other diseases, preserving the environment, and creating a global partnership for development. In conclusion, it should be noted that the goals, subject matter, and scope of population education differ from target group to target group based on educational attainment as well as regional, national, and personal requirements and issues [7], [8].

The importance and need of population education

As was already noted, if the present rate of population increase holds, India may surpass China as the world's most populated nation in 2045. Despite the fact that population growth is an issue on a global scale, India may have the greatest problem and the most need to assess its severity. With just 2.4 percent of the world's total territory, India alone is home to around 17.71% of the world's people. Thus, there is an urgent need to expand population education in emerging nations like India in particular and the rest of the globe, which faces issues related to an ever-growing population.

The fast population expansion caused by humans puts the wellbeing of the individual, the family, the community, and the country at risk. As a result, a problem that was caused by man and an efficient remedy should likewise result from his logical conduct and reasoning. This is mostly made feasible through population education, which involves informing individuals about their participation in population concerns and difficulties. Following is an explanation of the necessity for and significance of population education in light of the topic above. The links between births, migration, and other facets of life may be used to characterise the population situation. Population is rapidly expanding as a result of a high birth rate and a low mortality rate, which has a negative impact on the nation's welfare, economy, and morals. Education on family planning is thus essential to reducing the high pace of population increase. Its goal is to raise public knowledge about the birth frequency that may be reduced by utilising contemporary contraceptive methods and to highlight the benefits of this decrease in births, among other things. In the nation, birth control schemes have been introduced that are intended for couples with a single child who are of reproductive age. The establishment of a population education initiative for the younger generation, however, is not being pursued seriously. We will begin a population education initiative for kids since today's kids will be tomorrow's parents.

The younger generation has to be well-informed on how population increase affects people's national, political, economic, and personal lives. To pursue a planned adult life, young children need get a decent education. Therefore, it is essential to give population education to young people in order to foster positive attitudes towards population issues and assure their future responsible actions towards population concerns. Because countries like India must devote a significant portion of its resources to addressing the growing population's fundamental needs, there are relatively little resources left over to raise the standard of living for the populace. As a consequence, people's quality of life often results in a lack of food and insufficient resources for health, education, and other services. The population must not be permitted to outgrow its resources in order to either improve or preserve the quality of living, making population management an extremely vital duty. Every country engages in population education as one of its tactics in an effort to empower its citizens to make informed choices and put those decisions into practice in order to slow growth rates and improve quality of life.

In addition, as the population grows, other social issues like crime, violence, antisocial behaviour, juvenile delinquency, terrorism, etc., as well as environmental issues like pollution, global warming, and ecological imbalance will also worsen. Only population education can provide long-term answers to all such issues. Population education, as an educational curriculum, has the power to change people's attitudes, practices, and understanding about population issues. Numerous studies have shown how information affects attitudes, which in turn affect practices. As a result, population education becomes a must for adopting good population practices.

Population education contributes to sex equality by assisting women in achieving their legal position and joining men as partners in advancing the general objective of quickening socioeconomic growth. We can only hope that population education will provide women with the tools they need to make their own decisions in all spheres of their lives—personal, familial, communal, and societal. People may be able to identify and characterise the types of issues that include population components with the use of population education. They could get a greater understanding of how issues develop as well as the effects of their choices and actions. It may be intended, within a developmental framework, to aid individuals in understanding how population process influences social and economic development to some level and how their choices may be impacted by the social and economic standing of a community or country.

Population education might be a tool for bringing about societal transformation. The reason that so many people in our nation still live by dogma, blind faith, superstition, and fatalism may also be attributed to the high rate of population increase in the nation. Population education has the power to transform society by fostering in pupils a rational humanism endowed with the spirit of scientific inquiry that will aid in eradicating ignorance and superstition. Education of the populace, whether directly or indirectly, aids in creating a genuine democratic culture. Therefore, it is obvious that democracy is better the smaller the population. The behavioural and multidisciplinary character of population education is an effective tool for encouraging changes in values. In order to guarantee that youngsters do build a value system, instill socially acceptable attitudes, expand their cognitive horizons, and internalise the spirit of human attachments, it is helpful to study or discover the finest ways to deliver value-oriented education [9], [10].

Population education is a curriculum of study that examines the population situation in the family, neighbourhood, country, and globe in order to help students develop reasonable and responsible attitudes and behaviours towards it. Population-related issues that affect development, the level of living, and quality of life are all covered by population education. Family planning and sex education are not the same as population education. Family planning and the prevention of sexually transmitted diseases are stressed in sex education. One of the topics covered in population education is family planning. While population education focuses on the relationship between the individual, family, and society in a national setting, sex education places more emphasis on the individual. The idea of population education has progressively changed as a result of adaptation to shifting needs, demands, and newly developing problems and concerns. Population education is conceptualised in complicated sociocultural and historical disparities, of course. Development and population change are interrelated. The goal of population education is to foster an understanding of how each person's activities in society have an impact on others, as well as how individual and societal choices about family size and population have long-term effects on the whole planet. The six main concepts that make up the population education conceptual framework. These include family size and welfare, postponed marriage, parenting with responsibility, resource development and population change, population-related attitudes and values, and status of women.

Population education deals with the emotive as well as the cognitive aspects of pupils. The fast population expansion caused by humans puts the wellbeing of the individual, the family, the community, and the country at risk. Since it is a problem that was caused by man, an effective remedy must likewise result from his logical thinking and conduct, or from his rational mind and behaviour. This is mostly made feasible through population education, which involves informing individuals about their participation in population concerns and

difficulties. Population education aids in achieving gender equality by assisting women in achieving their legal status and participating equally in the broader objective of quickening the pace of socioeconomic growth. Population education is a potent tool for fostering changes in values because of its behavioural and multidisciplinary character.

CONCLUSION

In conclusion, population education units' organisational structure is essential for tackling the urgent worldwide problem of population increase, especially in developing countries like India. The world's population is growing quickly, creating a series of issues that have an impact on several facets of people's quality of life. The effects of overpopulation are widespread, ranging from poverty to environmental destruction, from political instability to healthcare issues. India in particular would confront a significant difficulty as the world's most populated country by 2045. With such a large young population, it is crucial to start teaching children about population-related concerns at a young age. Population Education Units, which provide organised educational programmes, are essential to reaching this objective. Population education is essential to ensure that today's young develop into knowledgeable, responsible decision-makers who can contribute to a society where population increase is responsibly controlled. In order to prepare the next generation for the issues that the world's population is posing, it is crucial that we build and expand population education units as we go ahead. We can work towards a time when people make decisions that are advantageous to both themselves and society at large via population education.

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CHAPTER 2

POPULATION AND DEVELOPMENT: UNDERSTANDING THE ROLE OF POPULATION EDUCATION

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ABSTRACT:

This summary gives a general overview of the intricate connection between population and development while highlighting the significance of population education. It draws attention to the world's population's rapid expansion throughout time and the problems it has caused at all levels. The abstract highlights how crucial it is to comprehend population education and its development, particularly in light of local, national, and global growth. The concept of population education is further explored in the abstract, which emphasizes its multidisciplinary character and its importance in educating people about population-related problems and empowering them to make educated choices. It looks at several population education definitions and traits and emphasises how important it is for tackling the problems brought on by population increase, particularly in developing countries like China and India. The abstract emphasises the value of population education as a continuous process and its contribution to raising standards of living for people all around the globe. It emphasises the need of making educated decisions and adopting responsible attitudes towards population concerns in order to handle the many problems brought on by population expansion and development.

KEYWORDS:

Country, Community, Development, Education, Population Education.

INTRODUCTION

The population and development have complex relationships at both the local and macro levels. Every person wants to live in a higher quality of life, as does every family, community, and country. However, it is undeniable that any change in population will have a proportionate influence on how a family, community, country, or the whole planet develops. The notion of development is quite broad, and grasping the connection between population and development becomes extremely complicated given the qualitative and quantitative aspects of development, as you have learned in Course MAE-004. You should review MAE 004 "Extension Education and Development" in light of this, paying special attention to the idea of development and the variables that affect it.

The decisions made by individuals, families, communities, and countries addressing population issues will have an impact on human development at the micro- and macro-scales as well as on people's general quality of life. Population policy, which may be pro- or anti-natalist, governs choices on population change at the national level, including whether it should increase or decrease. But the Education: A Brief Overview According to political, social and cultural, environmental, and other factors, these policies and initiatives have different emphasis in different countries. And as a result of population concerns and difficulties, particularly as a component of national policies, population education has evolved in many nations. By affecting people's knowledge, attitudes, practices, and

behaviours towards such problems and challenges, it is an indirect way to achieve national demographic objectives[1], [2].

Therefore, we make an effort to stress the idea, importance, range, and evolution of population education in this Unit. We anticipate that after completing this Unit, you will be able to: Give a definition of the term "population education," explain the necessity for it and its relevance, state its aims and objectives, and go through its components and range of application. Describe the history, development, and current situation of population (and development) education.

The world population increased from 300,000,000 in 1 AD to 640,000,000 over a period of 1700 years, but it only took 150 years to double once more to reach 1,265,000,000 by 1850, and then only another 100 years to reach 2,516,000,000 by 1950. The extraordinary amazing expansion of the world population at this time, or in the 1950s, has drawn attention from all over the globe. When population shifts started to have an impact on people's growth and quality of life at the individual, family, communal, national, and international levels, discussions about population problems and concerns followed by attempts to regulate them began. That marked the start of international and domestic population control initiatives. The lack of awareness and motivation at the individual and household levels to accept family planning methods and techniques has prevented efforts to promote direct means of population control, such as adoption of family planning by individuals, from producing appropriate results. Population education, which imparts the necessary knowledge, attitudes, skills, and practises in regard to population matters, has been identified as one of the most effective interventionist strategies to influence the adoption of family planning by the eligible couple and other age groups of the population. However, in only 45 years, by 1995, the number had once again more than doubled (reaching 5,760,000,000). Furthermore, on 31 October 2011 it surpassed the 7 billion milestone. Because of its role in the general development of people, families, communities, countries, and the globe, population education has drawn more and more attention from across the world. Therefore, it is crucial that we comprehend the idea and importance of population education at both the national and international levels.

Conceptualization and Development of Population Education

Since the population issue is a result of human activity and thought, only humans can solve it. By educating the public on population challenges and difficulties, the solution becomes sound and feasible. Therefore, the simplest definition of population education is learning about or about issues relating to population. Determining the scope of population concerns, however, is a difficult process since it encompasses a vast range of topics. It relates to the conceptual understanding of "population" and "education," and it includes everything that has to do with population-related difficulties, such as situations, issues, and problems. Population, in general, refers to the total number of people living in a certain geographic region, such as a village, taluk, district, nation, or the whole planet, as well as their racial, religious, sexist, class, caste, or other affiliations. The process of imparting, enhancing, or changing a person's knowledge, information, understanding, attitudes, skills, talents, practices, and other characteristics enables them to function effectively both as an individual and as a member of their family, society, country, and global community. Following the foregoing consideration of the words "population" and "education," population educators and educationists have a significant difficulty in determining what kind of education may be provided to which segment of the population, on what population concerns, and to what degree.

Broadly speaking, the population matters include: a) the size, structure, distribution, density, growth, etc, of population; b) the trends in population change at different levels - local, state,

national and global as well as the factors that determine or influence these changes; c) the consequences of population change on different aspects of human life - social, religious, economic, political, cultural, etc, and also on environment and ecological balance; d) the human reproductive system, the process of conception, the progress of pregnancy and delivery, reproductive health and rights, etc; and e) various measures of population control, viz. i) individual - different temporary and permanent methods and techniques of family planning; ii) national - national population policy and programmes; and iii) international - agencies engaged in providing different types of support such as financial, material and human to various population control efforts in different countries[3], [4]. In reality, it expressly encompasses all population-related issues that have an impact on development, the level of living, and the quality of life. As a result, population issues are extensive and all-encompassing and combined they make up the subject of population education, which empowers individuals or target groups to make informed choices about these issues.

DISCUSSION

Population-related decisions made by individuals, families, communities, and countries have profound effects on human development at the micro- and macro-scales as well as on general quality of life. National-level decisions about population increase are governed by population policies, whether they are pro- or anti-natalist. Political, social, cultural, environmental, and other variables influence how these policies and activities are prioritised differently in different nations. In response to population issues and problems, population education has developed. It currently acts as a side-effect to achieving national demographic goals by influencing people's understanding, attitudes, practises, and behaviours. Over the years, the population of the planet has increased exponentially, which has been astounding. Due to its fast increase, population concerns have received attention on a worldwide scale, sparking debates about solutions. Initiatives to restrict population began after this on a national and worldwide level. Direct population control initiatives have been hampered by issues with knowledge and motivation at the individual and household levels. One of the most successful tactics to encourage family planning and solve population-related issues is population education.

Because of its significance for the growth of people, families, communities, countries, and the planet, population education is receiving more and more attention on a global scale. Therefore, it is crucial to comprehend the idea and importance of population education on both a national and global scale. Population education is a strategy for tackling a problem brought on by human behaviour and ideas. It offers a reasonable and workable solution by informing the public about population difficulties and challenges. The definition of population concerns is difficult to pin down, but it includes a wide range of population-related topics, including size, structure, distribution, growth, the effects of population change, reproductive health, and population control methods. Population education ultimately strives to provide people or target groups with the knowledge they need to make wise choices on these challenges.

Depending on the intended audiences and cultural variety, population education may take many different shapes and concepts. It might be either non-directive or direct, concentrating on various population-related issues. The majority of definitions, however, place a strong emphasis on the necessity for changes in people's understanding, attitudes, practises, and behaviours with relation to the population situation and its management. The multidisciplinary nature of population education, the emphasis on understanding the connections between population, change, development, and other facets of human existence, and the concentration on inspiring students to improve their quality of life are some of its key features. To address

the value-laden character of population challenges, it also includes a values-clarification technique.

Education of the Population: Its Nature and Meaning

Population issues are dynamic and ever-changing. As a result, the idea of population education has steadily changed as a result of self-adaptation to shifting demands, requirements, and new difficulties and concerns. Although the primary goal of population and development education has been to encourage the upholding of the modest family norm, its strategy has been to offer the Education: An overview of the many facets of the population situation at the micro and macro levels, with a focus on the cause and effect relationships between various population components and characteristics.

Population education conceptualization is, of course, a matter of focus, based on nuanced sociocultural and historical distinctions. Since it is anticipated that the population situation will change, the idea of population education likewise cannot be anticipated to stay the same. "Even while some nations do not publicly support any kind of family planning or sex education in schools, they are becoming more aware of the need of integrating some material in the population education curriculum that relates to these topics. Numerous studies carried out in certain Asian nations attest to this shift in people's perceptions and their acceptance of sex education-related materials being included in the context of population education (Sharma, 1991, p. 10). There is cultural and religious opposition in many Asian and Pacific Islander nations to any kind of family planning or sex education being taught in schools. Many Asian nations still see sex education as "untouchable," while others, like the Philippines and the Republic of Korea, have included family planning and sexuality into their population instruction curricula.

In Fiji, family-life education includes sex education heavily. However, it should be emphasised that 'sex education' may be the most often used phrase for what has been referred to as 'population education' in Asia in Latin America and to a lesser extent in Francophone Africa. Development and population change are interrelated. Population change results from choices made based on certain factors that people deem sensible in the particular situation and setting, whether it be at the family, neighbourhood, or national level.

Whether they have a thorough comprehension of all the pertinent issues at that level determines whether the choices are sensible or not. This is what is meant by population education, which is the knowledge, understanding, attitudes, and behaviours of people in regard to their population situation. It is intended to result in such a change in population that affects, among other things, their quality of life both now and in the future. It thus has an impact on population issues at the local and macro levels both now and in the future. Therefore, population education refers to and encompasses all educational initiatives designed to inform people about the population situation, its causes, effects, and controlling measures in a scientific manner with the goal of fostering in them the ability to make thoughtful, responsible decisions regarding population regulation for a higher standard of living for themselves, their children, and future generations[5], [6].

Definition of Population Education

Population education is an innovative educational plan that requires thorough comprehension. It may be challenging to provide a single definition of population education that can be widely recognised given the cultural diversity and many target groups to be taught on population issues. Definitions may either be non-directive or directive. Additionally, the definitions based on a directive approach vary in terms of the precise behavioural targets they

support, such as the promotion of the modest family norm or the use of contraceptives, etc. For example, the statement "a small family is a happy family" is not always accurate since there are many examples of larger families that are happy families. Children from big families may have psychological effects from the pursuit of such an ambition, according to Sharma. Non-directive definitions of population education will not be contentious, although directive definitions may be.

The National Seminar on Population Education, held in Bombay in 1969, saw India's first significant efforts at defining population education and constructing its conceptual framework with a schedule of topics. It served as "a motivating force for developing proper attitudes towards family size and the requirement for family planning methods." Chandrasekhar (1969) defined population education at the same seminar as "the statistics, economics, and sociology of the growth of population, its distribution and relationship to the standard of living, and - - its ultimate economic and social consequences." The United Nations Educational, Scientific and Cultural Organisation (UNESCO) made an effort to define population education in a way that was universally accepted: "Population education is an educational programme that provides for a study of the population situation in the family, community, nation and the world, with the purpose of developing in the students rational and responsible attitude and behaviour towards that situation".

Two key characteristics of population education are clear from this definition. First of all, it is a curriculum for education that allows for a study of population situation at various levels. Second, it aims to foster a sensible and responsible attitude and action towards that circumstance. The terms "rational" and "responsible" are highly individualised, and the fundamental standards used to determine whether a population action is rational or responsible change significantly depending on the degree of context. The word "population situation" cannot be defined precisely, as a result. This is the case because what is sensible and responsible to one person, group, community, or country, may be utterly unreasonable and irresponsible to another. There is no hard and fast rule in this respect, thus it will be quite challenging to reflect on all such subtleties in any definition. Nevertheless, the majority of nations throughout the globe agree with the definition of population education provided above.

Individual specialists do, however, have their own definitions and do disagree. Population education is "the teaching and learning of reliable knowledge about the ways of inquiring into the nature of human population and the natural and human consequences of population change," according to Massialas. This definition places a strong emphasis on having "reliable knowledge of ways of inquiring," and it aims to develop the target group's talents and skills in population research so they may study on their own about these topics. Population education is the "study of human population and how it affects and is affected by several aspects of life: physical, social, cultural, political, economic, and ecological,". This concept makes an effort to include the study of how population change affects many facets of living and vice versa. Population education, is a process that helps people: a) understand the likely causes and effects of population phenomena for themselves and their communities (including the world); b) define the nature of population and development for themselves and their communities. In order to adapt to and influence these processes in order to improve the quality of life both now and in the future, society as a whole and each individual may respond via education.

As a result, the ideas and definitions are often obscured by epistemological issues. In light of their expertise, individual views, and points of view, many individuals and organizations have conceptualised and defined population education in a variety of ways. Others defined it

by listing all of its components, while others described it in terms of its goals and objectives or the intended behavioural results of population education. They saw it as being equivalent to family planning, birth control, education about contraception, education about family life, population studies, or demography. While some definitions are non-directive and attempt to promote reasonable and responsible attitudes and conduct towards family size and other demographic problems, others are directive and strive to achieve the adoption of the small family norm. Thus, it is clear that the focus of many definitions is on bringing about changes in people's knowledge, understanding, attitudes, practises, and conduct with regard to the population situation and methods and means of its management or control for a better quality of life[7], [8].

Identifying Characteristics of the Population Education

The following are listed by Lakshmi Reddy as distinctive qualities or characteristics of population education.

1. It is an educational curriculum intended to help students comprehend how population situation, change, development, and many elements of human life quality are interconnected.
2. Its ultimate objective is to encourage students to contribute to raising the standard of living both today and in the future.
3. It emphasises population problems, making inquiry and discovery learning methods appropriate. The issue of population education does not even come up if there are no population-related issues.
4. Because it is a value-laden topic, it is more amenable to the application of a values-clarification method to learning, which involves presenting plausible options, analysing the implications of each alternative, and empowering students to make wise judgements for taking action on population-related concerns. Population education is thus more delicate and requires expert treatment in cultures or countries that are multilingual, multireligious, and multiracial.
5. It is multi-disciplinary and draws its information from sociology, psychology, economics, biology, statistics, demography, and other fields.

Education for the Needy: Concept and Development

As previously mentioned, it took 1700 years for the population of the world, which was 300,000,000 in 1 AD, to double. By 1850, it had done so in only 150 years, by 1950, in only 100 years, and by 1995, it had done so in only 45 years, increasing to 5,760,000,000. By 2050, it is predicted to reach 9,352,000,000, according to Wher. With 1.34 billion people as of 2010, China is the nation with the largest population in the world. India, its nearest competitor, has 1.21 billion people, but because of a less effective family planning programme than China, it will surpass China in population by 2030. A third of the world's population resides in China and India combined. India's population is estimated to grow by roughly 18 million people year, or about the same as Australia. The world's population is anticipated to grow by one India or China every ten years, whereas India alone adds one Australia each year. Thus, there is an urgent need to promote population education in nations like India and China as well as other emerging nations in general as well as the whole globe, which struggle with the issues associated with an ever-growing population.

By accelerating population increase, humans put their own personal, family, social, and societal well-being at peril. As a result, because it is a problem that man created, an effective remedy should likewise result from his reasonable thinking and behaviours. That is mostly

made feasible through population education, which involves teaching individuals about their part in population concerns and difficulties.

Relevance

Following is explanation of the importance of population education in light of the debate above. To slow down population growth, several emerging nations launched family planning efforts in the 1950s and 1960s. However, these schemes were only intended for those between the ages of 1 and 44 who were fertile. Family planning education does not include the population under the age of 14, which in many countries makes up between 35 and 60 percent of the total population. This group is a significant source of fertility since it will make up the adult population in the years to come. Therefore, the development of positive attitudes towards population issues among this group of young people might provide a prospective and realistic solution to the ongoing issue. Furthermore, it is clear that it is necessary to capture people when they are still young, which makes population education more significant as a tool for fostering in them appropriate attitudes and behaviours towards population issues. Population education is a lifelong process; formal schooling cannot be seen as the co-terminus with it. demographic education is now necessary at all levels and types of education, including non-formal education, to address the many demographic issues that sometimes arise.

Therefore, population education is important at all educational levels and in all educational contexts. The quality of life of individuals will continue to be impacted by population growth. Food shortages, poor educational and medical facilities, and other issues are all caused by education: An Overview. In addition, there would be a rise in the other social issues like crime, violence, anti-social behaviour, juvenile delinquency, terrorism, etc. as well as the environmental issues like pollution, global warming, and ecological imbalance. Only population education can provide long-term remedies to such issues.

Population education because educational programmes have the power to change people's attitudes, practises, and understanding about population issues. Numerous studies have shown how information affects attitudes, which in turn affect practises. Therefore, population education becomes a must for beneficial practises with regard to population issues. Every nation in the world works to improve the standard of living for its citizens. In any nation, an overpopulation would undoubtedly have a negative effect on people's quality of life. The population must consequently be kept from outgrowing its resources in order to either improve or preserve the quality of life, and as a result, population management becomes important. Every country engages in population education as one of its methods in order to empower its citizens to make informed decisions.

The targets are focused, precise, and short-term in character, but the aims are wide-ranging and very general in nature and intended to be realised over time. While the objectives are specific, measurable, and concrete, the aims are broad, abstract, and intangible aspirations. In contrast to the objectives, which can be confirmed, the goals cannot be. We may now focus on the population education objectives with more clarity on the distinctions between goals and objectives[9], [10].

Population issues received international attention during the inaugural "United Nations Population Conference," which was convened in Rome in 1954. Then, several nations started working on population plans and programmes, which were subsequently continually altered in accordance with domestic and global trends. India, of course, was the first nation to establish a formal population strategy when the National Family Planning Programme (NFPP) was introduced using a "clinical approach" during the first Five Year Plan (1951 -

56). However, it is possible to date the start of population education in India to the third Five Year Plan (1961–1966), when the NFPP was given an extension emphasis and a "cafeteria approach" to family planning.

CONCLUSION

In conclusion, both at the local and global levels, the complex link between population and development is clear. Every person, family, community, and nation strive to obtain a greater quality of life because it is a universal aspiration. However, it cannot be disputed that demographic shifts have an influence on development. Understanding the relationship between population and development, as examined in Course MAE-004, is a challenging task due to the broad variety of qualitative and quantitative dimensions that the idea of development incorporates. At all educational levels and in all situations, population education is essential because population expansion continues to have an influence on people's quality of life, access to resources, and the environment. In turn, it contributes to the welfare of communities and countries by encouraging constructive attitudes and behaviours towards population concerns. The complex issues raised by population expansion and its effects on development and quality of life must be addressed, and population education is a crucial instrument in doing so. It fosters responsible behaviour, gives people the capacity to make educated choices, and helps society and the world as a whole evolve sustainably.

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CHAPTER 3

EVOLUTION AND IMPACT OF POPULATION AND DEVELOPMENT EDUCATION

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ABSTRACT:

This summary gives a general overview of the goals of population and development education on a worldwide level. The idea of population education has broadened to include more complex themes connected to development, reproductive health, gender equality, and human rights starting with the United Nations Population Conferences in the middle of the 20th century. The 1994 International Conference on Population and Development (ICPD) was a pivotal event that changed the course of human history and set the scene for the Millennium Development Goals (MDGs). The change from "population education" to "population and development education" is highlighted in this abstract, which also emphasises the interdisciplinary aspect of this educational strategy. Additionally, it stresses the significance of addressing values, attitudes, and the emotional domain in order to effectively alter how people see and react to population-related concerns. In addition, it emphasises the necessity for specialised approaches to education in this area by recognising that the scope and substance of population and development education varies depending on target audiences, localities, and particular social demands.

KEYWORDS:

Demographic, Development, Education, Population Education.

INTRODUCTION

An Overview techniques and tactics targeted at achieving the national demographic objectives have been strengthened indirectly via populrtion and development. The Gerleral Conference of UNESCO announced in 1968 that the goal of UNESCO's work in the area of population should be to develop a greater awareness of the major obligations that population expansion puts on people, countries, and the whole international community. In 1970, it gave the DirectorGeneral permission to help Member States develop population and family planning policies upon request. In 1972, it gave the DirectorGeneral advice to encourage, through education and information, a clearer understanding of demographic trends among the general public. The Director-General is given permission to explore and carry out initiatives that are intended, among other things, to promote population education by resolution that was approved by the UNESCO General Conference at its seventieth session. As a result, the emphasis of population activities and educational programmes has shifted often around a few fundamental concepts.

The particular goals of population education may vary, nevertheless, according to the various sociocultural backgrounds and population management practises of various nations. At a workshop sponsored by NCERT in India, the following goals were selected, and they continue to represent the nation's overarching goals to this day: To develop an understanding of some demographic concepts and processes; to develop among the younger generation an understanding of the most important phenomenon of the modern world viz., rapid growth of population and its causes; to develop an understanding of the influence of population trends

on the various aspects of human life social, cultural, political and economic; to develop an understanding of the close interaction of population growth and the developmental process with particular reference to development programmes for raising the standard of living of people; to develop an understanding of the evil effects of overpopulation on the environment and the concomitant dangers from pollution; to develop an understanding of scientific and medical advancement enabling to get an increasing control over famines, diseases and ultimately death and the imbalance thus created between death rate and birth rate; to develop an understanding of biological factors and phenomenon of reproduction which are responsible for continuance of the species.

To develop an understanding of the small family norm as proper and desirable; the relationship between population size and the quality of life; the fact that family size is a matter of deliberate choice and human regulation rather than of accident or forces beyond human control; ix) to develop an attitude of responsibility and mutual assistance and cooperation in all aspects of personal and family living; to develop an understanding of the relationship between population size and the quality of life. to foster an understanding of how choices at the personal, local, and national levels are influenced by the activities of each individual member of society. Concept and Development regarding family size and population have long-term effects on the entire world; to develop an awareness of the nation's population policies and programmes; and to give students a basic demographic vocabulary so they can read and interpret demographic information with some comprehension[1], [2].

The main goal of population education should be to help students understand that family size is manageable, that population control can help the country develop a higher standard of living, and that having a small family can significantly improve a family's quality of life. The students should be able to understand that Indian families of today and tomorrow should be small and compact in order to preserve the health and welfare of the family's members, to ensure the family's economic stability, and to ensure good prospects for the younger generation. The substance, breadth, etc., of population education may differ from community to community, from society to society, and from nation to country depending on the unique aims. According to the World Plan of Action's recommendation that governments should consider including provisions in both formal and nonformal educational programmes for informing their people on the consequences of current or alternative fertility behaviour for the well-being of the family, for the educational and psychological development of children, and for the overall welfare of society, population education was implemented in some countries.

Although the aforementioned goals are unique to India, they are essentially the broad, universal goals that are suitable for every nation. However, the precise goals of population instruction vary from nation to nation, sometimes noticeably. Additionally, they vary for various target audiences and grade levels within a nation. Therefore, listing the precise goals or going into specifics on the various grade levels would not be suitable here. However, Sharma (1991, p. 16) noted that although every country population education initiatives may have different particular goals, they often have the same overall goals. He believed that the population's education might be best characterised by the broad goals listed below.

To raise awareness and comprehension of: the national and global population situation; fundamental demographic theories and concepts; the causes and processes of population change; the concept of quality of life in various socio-cultural contexts; the interrelationship between population change and various aspects of quality of life at both the micro and macro levels; the consumption explosion and its effects on others' quality of life; population strategies, plans, and programmes; human reproduction, eugenics, and family welfare. To acquire the capacity to evaluate the effects of resource use and population growth on quality

of life for oneself, one's community, country, and the whole planet. To cultivate logical attitudes, beliefs, and abilities for making ethical judgements and taking responsible actions on population-related problems and enhancing quality of life.

Governments, funders, and the practitioner-agencies active in promoting the scientific knowledge and understanding on population concerns have been using the phrase "population education" since the first UN Population Conference, which took place in 1954. In order to simultaneously and comprehensively address the problems of both population and development, the fifth International Conference on Population and Development, held in 1994, produced a 10-year Programme of Action and gave individuals' reproductive rights and freedom the recognition they deserved. Population education has gained more traction as population and development education on a global scale as a result of increased national measures like national population policies and programmes and international measures like involvement of international agencies in providing various types of support financial, material, human, technical, etc. - to the policies and programmes of different countries[3], [4]. One can clearly see how closely the Millennium Development Goals (MDGs) were inspired by the ICPD's 10-year Programme of Action, which was presented in Cairo in 1994, and its follow-up. Population education has now been a crucial component of development initiatives targeted at attaining the MDGs and the 10-year review conducted in 2017. In light of the significance of the 1994 International Conference on Population and Development (ICPD) for population and development, governments, donors, and practitioner organisations have changed the name "population education" to "population and development education" in accordance with the above declaration. But just as the meaning of "population education" stayed the same, so did the notion of "population and development education."

DISCUSSION

The wide and complex objectives of population and development education are to increase knowledge, encourage responsible behaviour, and foster awareness of population concerns. These objectives range from nation to nation and are modified to meet the specific sociocultural settings and developmental requirements of other countries. The 1994 International Conference on Population and Development (ICPD), which took place in Cairo, Egypt, is one of the significant turning points in the history of population education. By emphasising the significance of reproductive rights, gender equality, and the interaction between population growth and development, the ICPD signalled a profound paradigm change. It served as the framework for the Millennium Development Goals (MDGs), which were approved in 2000 and further included population and development issues into the agenda for international development. In order to address concerns like poverty reduction, gender equality, mother and child health, and environmental sustainability, as described in the MDGs, population and development education has played a crucial role. It has placed a strong emphasis on social justice, human rights, and life quality in addition to the quantitative components of population control. Although there has been significant progress in population and development education, there are still problems, especially when it comes to addressing the cultural and value-related components of population concerns. The area is constantly expanding to include new subjects including family life education, sexual and reproductive health, and environmental sustainability.

Population Education

The ultimate goal of population education is to empower people to deepen their knowledge of population-related issues and problems in a way that is personally meaningful as well as relevant to their families, communities, countries, and the world at large. Different nations'

population policies and programmes are the outcome of policy makers' assessments and reflections on the population situation, including its trends, issues, effects, and importance to current and future national development. A population policy is the government's design and articulation of a set of population goals or aims that optimise the welfare and standard of life of the general people. Population policies are "measures and programmes designed to contribute to the achievement of economic, social, demographic, political and other collective goals by affecting key demographic variables, namely, the size and growth of the 18 population, its geographic distribution (national and international), and its demographic characteristics".

Development and Concept

It entails committing resources and managing them to further population policies and projects. In conclusion, the following are the main objectives of population education as part of population policies and plans. To develop in each individual the necessary knowledge, comprehension, skills, and abilities to recognise, evaluate, and define the population and development-related issues and problems in a way that is personally fulfilling, beneficial to the family, socially relevant, nationally forward-thinking, environmentally sound, and welfare-focused on a global scale. To influence key demographic characteristics that are significantly relevant to the attainment of economic, social, demographic, political, and other collective goals of the country in order to help national population plans and programmes achieve their goals and objectives. Only population and development issues are integrally related to all eight MDGs established at the Millennium Summit in 2000. Thus, the population and development objectives have been included fully into the MDGs listed below. End severe hunger and poverty J Universal primary education is goal number two, while empowerment of women and gender equality are goals number three. Lower the rates of infant mortality J Improve maternal health is the fifth goal. Fight illnesses including malaria, AIDS, and HIV Ensure environmental sustainability is the seventh goal. Develop a worldwide development collaboration as the eighth goal. In the run-up to the MDG 10-Year Review in 2010, the UN system analysed progress, identified gaps, and looked for methods to speed up development[5], [6].

Education of the Population

It is feasible to infer the population education material that gives us an idea of the extent of population education from the debate that has already taken place. It was virtually demography-laden to start. The scope of population education has expanded throughout time as the material has been clarified and expanded to incorporate numerous additional themes. The 1974 World Plan of Action, which was adopted in Bucharest, placed emphasis on the need to "encourage educational institutions in all countries to expand their curricula to include a study of population dynamics and policies, including where appropriate family life, responsible parenthood, and the relation of population dynamics to socio-economic development and to international relations." Demography (the state of the population), factors influencing population increase, and the effects of population expansion are the three main, more-or-less acknowledged tenets of population education, according to Mehta. Sex education is needed to broaden population education.

Family planning and human reproduction are two components of population and development that are also contributed to education: It has an overview that is tailored to the demands of the nation. In reality, reducing peoples' irrational attitudes about childbirth will be greatly aided by sex education as a part of population education. For instance, a large portion of the population in India and many other underdeveloped nations mistakenly views

childbirth as a divine blessing. They are likely to abandon their irrational beliefs about childbirth if they comprehend the process of conception and childbirth and are persuaded of it. Additionally, there are numerous misconceptions about sex, such as its determination, that may be efficiently dispelled via sex education.

Although almost all programmes for population education advocate an open-ended, non-prescriptive approach in their aims and objectives, the content and methodology are sometimes implicitly and occasionally openly focused more on the particular purpose of supporting the small family norm. The sponsoring organisations also wish to observe how population education activities affect the target group's sexual behaviours. This is particularly true for adults and teenagers who are not in school. The complete comprehension and appreciation of population education's nature, objectives, content, and methodology by all parties involved, as well as the development of professional skills and competencies in its transmission to various clientele, including students, teachers, and other educational functionaries, are even more crucial.

Further, the aims of policies and programmes as well as the target audience influence the content and breadth of population education. In Afghanistan, the family life education programme aims to "design and organise functional literacy programmes for rural and urban women related to family health, better family living, and family guidance," while in Malaysia, the family development programme is intended to be strengthened by extending the reach of its family planning component to family life education. In addition to family planning, the necessity to enhance one's quality of life and that of their families and communities is emphasised in order to help the family development programme accomplish its overall goals. The knowledge about sex and family life is believed to be of urgent significance to both adolescents and adults, notwithstanding differences in opinion over the type and substance of a population education plan for youth and adults. By include family planning, sex education, and population policy in it, this further broadens the definition of population education. Consequently, it can be said that it encompasses the following topics broadly and generally: i) demography (which includes the factors that influence population change); ii) the effects of population growth on various aspects of human life, including the biological, social, economic, and cultural ones; the environment and ecological balance; and the development and welfare programmes of the nation; iii) family life education; and iv) population policies and programmes.

However, the focus of population education has shifted to place a greater emphasis on the quality of life. As a result of the National Policy on Education's 1986 mandate, it has evolved to emphasise both quality of life improvement and values. Due to this, NCERT (1988) developed the conceptual framework for Population Education: Concept and Development using six main topics. These include: i) family size and welfare; ii) postponed marriage; iii) raising children responsibly; iv) population change and resource development; v) attitudes and values connected to the population; and vi) position of women.

The information focusing on these themes is taken from six content areas: population dynamics, population, environment, and resources; population, family life; population, health, and nutrition; and population, economic development and social development. This conceptual framework incorporates new topics including ageing concerns, teen troubles, STIs like AIDS, urbanisation, and sexually transmitted illnesses. Furthermore, a person's socialisation process shapes their attitude and value orientation. In order to clarify beliefs and foster a scientific mindset, population education should provide a proper environment. Since population education is a value-laden field, executing this curriculum will inevitably include dealing with various population-related value-related concerns. The social, cultural, religious,

economic, and political institutions and values of the people vary, which causes these problems. The majority of values are so deeply ingrained in the sociocultural context of the population that transformation requires concern and ongoing work. New trends in the execution of population education programmes are developing as a consequence of the roughly ten years that nations with population education programmes have accumulated extensive expertise in addressing these problems[7], [8].

From the description above, it is clear that population education deals with attitudes, appreciations, and values that are difficult to gauge and address, as well as the cognitive and emotional domains. In addition to this, population education material is a crucial component of other topics. This complicates the assessment of population education. Furthermore, it would be challenging to even respond to the issue of whether the population education goals have really been reached or not in the absence of any trustworthy assessment instrument. The content and scope of population and development education have expanded significantly since the MDGs' inclusion of population and development goals in 2000, however, to include everything that is relevant to achieving the MDGs, including eradicating poverty and hunger, achieving universal primary education, promoting gender equality and women's empowerment, lowering child mortality rates, and improving maternal and child health.

One of the unique characteristics of population and development education as an educational endeavour is that it places a greater emphasis on objectives relating to the affective domain, necessitating the selection of such contents that have the potential to start the processes of attitude transformation and value orientation towards population issues among learners. Furthermore, the objectives, target audiences, locations, and problem-specific nature of population and development education make its content and scope non-automatically accessible. The content of population and development education is to be drawn from demography, population dynamics, population studies, sex education, family planning, and population policies and programmes because it is a population problem-centered, multidisciplinary, and value-laden educational programme aimed at enhancing the quality of life in the present and the future. Thus, its material must be carefully gleaned from a variety of academic fields, including demography, sociology, geography, economics, psychology, biology, ecology, population studies, and medicine, among others. However, it should be kept in mind that the goals, topics, and scope of population education differ from target group to target group based on their level of knowledge as well as the requirements and issues of the country, the locality, and the person.

A Summary of The Development of Population Education

A general summary of population education development in this part, with a focus on India's growth and development. The Origin and Development of Population Education at a Global Level. The first United Nations Population Conference, held in Rome (Italy) in 1954, is credited for sparking the development of population education on a worldwide scale by bringing attention to population-related topics and challenges. Such an endeavour was started when the global population reached 1,265,000,000 in 1950, which was just a little over half of what it was 100 years earlier (640,000,000 in 1850). 1965 saw the second UNPC take place in Belgrade, Yugoslavia. The first and second UIVPCs, which included technical specialists and intended to advance scientific knowledge and awareness on population problems, were held in association with the International Union for the Scientific Study of Population (IUSSP). The United Nations alone organised the third summit, which took place in Bucharest (Romania) in 1974, and the fourth conference, which took place in Mexico City in 1984. Both conferences were attended by government officials. These conferences benefited from thorough planning, scientific symposia, regional gatherings, and meetings of

preparatory committees focused on policy development. Governments, funders, and practitioner-agencies active in advancing scientific knowledge and awareness on population issues have been using the phrase "population education" since the inaugural UN Population Conference, which took place in 1954. A conference of this kind has been conducted every 10 years since the UNPC in 1954 to debate population concerns and challenges and to develop policies to solve them on a global scale.

The fifth International Conference on Population and Development (ICPD), which took place in Cairo, Egypt, from September 5–13, 1994, established a comprehensive 20-year action plan that participants and analysts lauded as ushering in a "new era in population" after nine days of arduous discussion. The initiative included very detailed suggestions and targets in the interconnected fields of education, reproductive health, family planning, infant and maternal mortality. Due to its extensive impact, this Programme of Action has the potential to alter the course of human history. The Cairo agreement, which was supported by a commitment to human rights and gender equality, urged nations to guarantee reproductive health and rights for all as a vital component of sustainable development and the fight against gender inequality, poverty, and illiteracy, which the ICPD saw as inseparable from addressing population concerns. The ideas of reproductive rights and sexual and reproductive health were formally included at this conference into the plan of action, which will serve as a guide for population projects of the United Nations and individual nations until 2015.

Thus, the 1994 International Conference on Population and Development (ICPD) marked a turning point in both the history of women's rights and population and development. The eight Millennium Development Goals (MDGs), which were developed at the Millennium Summit in 2000, were influenced by Population and Development and benchmarks introduced at the ICPD+5 review. The United Nations Fund for Population Activities (UNFPA) has continued to be guided by these mutually reinforcing development plans in its efforts to enhance lives, promote reproductive health and rights, and advance gender equality. As part of the celebration of the ICPD's 15th anniversary in 2009, UNFPA, governments, and development partners assessed the progress made and the work still needed to be done. It was possible to pinpoint problems and obstacles, compile the lessons acquired over the previous 15 years, and develop useful proposals for speeding development thanks to a number of expert meetings and activities.

Eight Millennium Development Goals (MDGs) were drawn from the Millennium Declaration, which was endorsed by the world's leaders at the Millennium Summit in 2000. In it, 189 Member States committed to substantially assisting the world's poorest nations by the year 2015. The MDGs serve as an internationally agreed-upon, time-bound, and realistic framework for lowering poverty and enhancing quality of life. They serve as a roadmap and focal point for governments, funders, and practitioner organisations throughout the globe [9], [10].

In a series of activities building up to the MDG 10-Year Review in 2010, the LTN system analysed progress, identified gaps, and investigated methods to accelerate progress in all population and development-related issues. One can clearly see the connections between the ICPD's 10-year action plan, presented in Cairo in 1994, and the follow-up that led to the MDGs. As a result, the 1994 International Conference on Population and Development (ICPD) marked a turning point in the history of population and development. As a result, governments, donors, and practitioner organisations have changed the name of "population education" to "population and development education." Although the term's definition has not changed, in practice the emphasis has shifted to issues involving the interrelationship between population and development.

CONCLUSION

In conclusion, population education now known as population and development education has been crucial in resolving the difficult issues brought on by demographic patterns across the world. Goals, substance, and scope of this discipline have undergone tremendous growth and modification throughout time. Population education has expanded from its origins at United Nations Population Conferences in the 1950s to include a broad variety of subjects, including demography, family planning, reproductive health, gender equality, and human rights. In conclusion, population and development education has changed in response to development issues and global demographic shifts. It has expanded its scope to include a variety of subjects and been instrumental in developing national and international policies that strive to raise the standard of living for people all around the globe. Population and development education will be a crucial part of efforts going ahead to achieve sustainable development and improve the welfare of communities all over the globe.

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CHAPTER 4

INDIA'S POPULATION EDUCATION DEVELOPMENT AND GROWTH

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ABSTRACT:

With the National Policy on Education from 1986 playing a crucial role, India gradually included population education into its formal and non-formal education systems. By placing a strong emphasis on small-family values, gender equality, environmental protection, and scientific inquiry, the programme aimed to match education with demographic goals. An important turning point was the founding of the National Population Education Project (NPEP) in 1980. Through a variety of educational sectors, including formal education in schools, higher education, and adult education, NPEP sought to institutionalise population education. It was crucial in the creation of curriculum, instructional materials, and teacher preparation courses. In later years, the emphasis changed to adolescent education in recognition of the fact that young people are worried about issues such as education, lifestyle, and civic involvement in addition to reproductive health. The Adolescence Education Programme (AEP), which focuses on age-appropriate, culturally sensitive content and life skills, was introduced in 2005. In promoting and assisting these activities, UNFPA was essential. UNFPA works to include life skills and adolescent education into the curriculum and co-curricular activities in schools throughout the country by collaborating with different government entities and organisations. In recent years, UNFPA has focussed its efforts to improve the effectiveness and quality of adolescent education programmes in certain states. These programmes now include important subjects including gender equality, HIV/AIDS prevention, drug usage, and healthy adult transitions. To maintain programme consistency and quality, monitoring and evaluation procedures have been enhanced. A parallel assessment including schools has also provided useful insights. From its early emphasis on family planning to a holistic strategy incorporating all elements of education and social development, India's path in population education has achieved great progress. These initiatives highlight the value of education in reaching demographic goals and enhancing the welfare of its population.

KEYWORDS:

Development, Education, Growth, Population, Social.

INTRODUCTION

With the launch of the National Family Planning Programme in 1952, India, the first country in the world to formally adopt family planning as a strategy of lowering household childbearing, began on this road. In order to change cultural views towards family planning, the programme first used a "clinical" approach before switching to "community extension" and "cafeteria" tactics during the Third Five Year Plan (1961–1966). A thorough National Population Policy was subsequently unveiled in 1976, encouraging family planning and collaboration with different development agencies. In the Third Five Year Plan, India turned to community extension and cafeteria initiatives, emphasising the importance of encouraging individuals to use family planning. To promote family planning, a number of regulations, such as those limiting the legal age for marriage and abortion, as well as incentives and

disincentives, were passed. The 1976 National Population Policy recognised the need for sociocultural change and included numerous government agencies in family planning initiatives. It also included population education into the overall policy. The strategy included steps to boost girls' education, stabilize population numbers, and raise the age of marriage, among others.

The importance of education in accomplishing demographic goals, the National Policy on Education further emphasised the need of population control in 1986. In order to help population control measures, particularly among women, it urged for upgrading the educational system. Population education has been included into the educational system at several levels, including formal and non-formal education, throughout the years. The Adolescence Education Programme (AEP) was launched in 2005 to improve teens' life skills and address concerns related to sexual and reproductive health. Together with other organisations, UNFPA was instrumental in promoting youth-friendly policies, supporting these activities, and offering technical help. The emphasis switched from just population control to equipping teenagers with the information and abilities required for improved health and wellbeing. The effectiveness and scope of adolescent education programmes have been emphasised recently, especially in priority states, and monitoring and evaluation procedures have been improved [1], [2].

India is the first nation in the world to promote family planning as part of its official population strategy to reduce the number of children per household. Initiated in 1952 under the First Five, the National Family Planning Programme used a "clinical" approach to family planning and created a number of clinics with the hope that the public would utilise the resources. After receiving a poor reaction, this strategy was changed. During the Third Five Year Plan (1961–1966), the "community extension" and "cafeteria" approaches were used, with an emphasis on motivating people to respond to the family planning message and use the services offered by altering prevalent attitudes and values towards family planning. The official focus remained only on terminal techniques, thus the "cafeteria approach," which promoted numerous other ways of family limiting (temporary and permanent), did not make much progress either.

Later, several laws were passed, including ones governing the age of marriage and abortion (medical termination of pregnancy). A system of "incentives and disincentives" was introduced. It was considered to include women's education, population education, child nutrition, etc., within the family planning scheme. As a result, a comprehensive National Population Policy was developed in April 1976, integrating Population Education: Concept and Development with the overall strategy of socioeconomic development, with the goal of promoting family planning more quickly by involving other development departments of the Government, both at the Centre and in the States, in the programme. Additionally, the mission of promoting family planning gave prominence to all the bodies that had credibility, influence, and a keen interest in the welfare of the public.

Among the essential components of the National Population Policy of 1976 are the following: i) increase in the age of marriage from 15 to 18 years for girls and from 18 to 21 for boys; ii) freezing of the population figures at the 1971 level until the year 2001 for the purpose of representation in the National Parliament as well as for allocation of Central assistance, devolution of taxes, etc., to the States; iii) linking of a part of Central assistance to the States for their development with their performance in family planning; iv) greater attention to girls' education; v) proper place for population education in the total system of education; vi) involvement of all ministries/departments of the government in the family planning programmes; vii) increase in monetary compensation for sterilisation; viii) institution of

group awards as incentives for various organisations and bodies representing the people at local levels, including Zilla Parishads and Panchayat Samitis; ix) intimate association of voluntary organisations particularly those representing women with the implementation of the programme; x) greater attention to research; and xi) greater use of motivational media, particularly in rural areas, for increasing acceptance of family planning.

In 1977, the Centre established the Janata Government, and the updated Population Policy was introduced. While highlighting the need of reducing population increase in its population policy statement, the new administration also underscored the voluntary nature of the family planning programmes. The "family planning programmes" were renamed as "family welfare programmes" at the same time. This policy statement promoted, in addition to the points made in the 1976 policy, a bigger role for maternity and children's health services, an expansion of the immunisation programme, an improvement to population and women's education, as well as the involvement of volunteer, youth, and women's organisations. The 'educational and voluntary approach' to family welfare is the key component. The need of include population education in regular academic programmes was emphasised for youngsters. Special focus was placed on encouraging the essential research and contributions in the sector, coupled with education. As a result, a multi-pronged approach was developed to achieve the desired demographic goals and family planning objectives[3], [4].

The Population and Development (welfare) project has been using strategies from Education that are becoming more and more successful: An Overview from time to time, i.e., from a 'clinical' approach to a 'community extension' and 'cafeteria' methods mixed with 'incentives and disincentives' to encourage family planning. Given how intimately connected and inclusive of many complex issues population and development are, such a change in perspective seems fairly inevitable. All government programmes and initiatives in India that have to do with health, the environment, energy, agriculture, food, urban and rural development, housing, etc., are infused with a concern for population control. In order to achieve national development objectives, success on the demographic front is seen as essential. The National Population Policy of 2000 provided a framework for population development in a number of areas for the following ten years with the aim of enhancing peoples' quality of life, improving their well-being, and giving them opportunities and choices to become valuable contributors to society. By 2045, it seeks to stabilise the population at a level that satisfies the demands of social progress, environmentally sound development, and sustainable economic growth.

DISCUSSION

Population education was a component of the National Population Policy up until 1986, when the National Education Policy was unveiled. The Third Five Year Plan's expansion orientation to the family planning programme serves as the official launchpad for population education in the informal sector. Later, in response to the periodic calls for policy reforms, a number of seminars and conferences were held by national and international groups operating in India. Population education has thus established itself in both informal and official education systems, including higher education. Family welfare programmes over the past 50 years with a holistic approach to population control, followed by other social factors like female literacy, age at marriage, status of women, spacing of children, immunisation, health care, infant mortality, etc. have unquestionably made significant contributions in the direction, but the requirement for the intervention of educational efforts to bring about appropriate social transformations so as to promote population s Universities and educational institutions may play a significant role by imparting the essential information and

understanding in pertinent fields. Universities/Institutions must mobilise students as soon as they enrol in order to spread awareness.

The implementation of the "National Policy on Education" in 1986 has been the most important development, despite the fact that consistent and active attempts have been made since 1980 to include components of population education in both formal and non-formal education systems. The scope of the demographic crisis and all worries about the causes and effects of fast population expansion are reflected in the policy. According to the National Policy on Education from 1986, "the growth of our population needs to be brought down significantly over the coming decades." The policy paper contains several references to population-related concerns. According to a common observation, "an individual's perception of population-related issues may differ from that desired by the community or defined by national policies." This is due to the fact that national policies regarding population issues are created in accordance with the needs and specifications of clearly defined national goals, whereas individuals perceive the population phenomena in their own socio-cultural context that is shaped by traditional norms and value-patterns. There cannot be a similarity in the patterns of perception at the individual, community, and national levels unless there is a noticeable social change geared towards the achievement of national objectives. Education may be crucial in bringing about such a societal shift. The policy covers practically all-important issues with the country's educational system. All the topics on which each person's reasonable attitude must be formed are included in the "common core" that is mirrored in the national curriculum framework. These topics make up more than half of the ten "core curricular areas" listed in the National Policy on Education's Programme of Action. These include upholding small-family norms, promoting gender equality, protecting the environment, removing societal obstacles, and instilling a scientific mindset. These challenges were included in the National Literacy Mission document and made a vital component of the functional literacy that would be taught to adult illiterates[5], [6].

The "observance of small family norm" gains a position of prominence as a key component in the national education strategy for the first time in the country's history. This value is intended to be attained not in isolation, but rather by encouraging suitable attitudes, especially in women, towards the elimination of illiteracy, interrelationships among the people, environment, development, and quality of life, as well as prevailing values and beliefs. Recognising the all-encompassing character of child development, the policy gives early childhood care and education (ECCE) high emphasis and, if feasible, combines it with the Integrated Child Development Services (ICDS) plan. National Policy on Education from 1986. This need directly relates to the demographic objective of lowering the overall death rate and the newborn mortality rate in particular. The policy promise that "education will be used as an agent of basic change in the status of women" is geared towards achieving this goal and is crucial to the goal of lowering the fertility rate. The development of literacy and education among women is the biggest single element that may assist accomplish this (reducing population increase), according to the strategy itself argues that "the entire nation must pledge itself to the eradication of illiteracy, particularly in the 15-35 age-group." According to the policy statement, "the new thrust in elementary education will emphasise universal enrolment and universal retention of children up to 14 years of age.

It is plainly clear from the explanation in the pages that precede it that the National Policy on Education of 1986 is devoted to reorienting the educational system such that it can aid in the achievement of demographic objectives. It adds that "the main task is to strengthen the base of the pyramid, which come close to a billion people at the turn of the century," even if it makes provisions for the future views. Equally important is making sure that people at the top

of the pyramid rank among the finest in the world. Never before has the national population policy had such unwavering backing from the education policy. Prior to the national population strategy implemented by Population and Development, it was not genuinely educational. A project called "Overview" that is supported by the education policy itself.

All of the aforementioned laws gave education initiatives that were being carried out with the intention of institutionalising population education in the educational system legitimacy and support. Numerous educational activities are carried out as part of institutionalising population education to make it a crucial component of the whole educational system. The National Council of Educational Research has adopted "a broad strategy of integration" in school education for "development of different types of materials, incorporation of population education contents into existing syllabi and textbooks, making it a part of the on-going examination system, training of teachers and other functionaries, organising cumular and co-curricular activities, and evaluation of various activities." However, population education is not regarded as a distinct topic or learning activity. The realm of informal education saw the same kinds of initiatives. As a result, every effort has been made at different levels to include the components of population education into almost every part of school instruction. Additionally, the Directorate of Adult Education, Government of India, undertook attempts to institutionalise population education in the Adult Education sector, while the University Grants Commission made similar efforts in the University Education sector. All of this is intended to institutionalise population education across the nation's educational system and to foster functional coordination between all educational sectors via strong institutional framework. The initiatives being made to institutionalise population education throughout all three of the aforementioned sectors: official and informal education in schools, adult education, and higher education.

Education of the Population in the Education Sector

The National Seminar on Population Education, held in Bombay on August 1-2, 1969, under the combined sponsorship of the Union Ministries of Education and Youth Services and of Health and Family Planning, is credited for sparking the nation's population education initiatives. The seminar suggested that population education be included to the curricula of universities and high schools. In order to provide appropriate curriculum on population education, it was also advised that a separate.

An attempt was made to create curriculum, teaching units, and to revamp the nation's teacher training system from the 1970s to 1980s. As was already indicated, the 1976 and 1977 National Population Policies emphasised the need of implementing population education in schools. The introduction of population education in schools and teacher training facilities was unanimously voted upon at the joint conference of the national Boards of Secondary Education held in New Delhi in September 1978. A Population Studies Centre was established by Sri Venkateswara University at Titupati in April 1973. The country's first of its type centre has been hosting training, research, extension, and teaching operations.

Population education is included in teacher training courses' curricula and in many universities' BEd degrees. Before beginning the difficult and renowned National Population Education Project (NPEP), NCERT performed a baseline status study in 1979–1980 and staged four regional seminar-cum-workshops. In order to launch the Project in schools and other educational institutions in the States and Union Territories, a variety of Population Education: Concept and Development curricular, textual, instructional, and source materials were prepared[7], [8]. The United Nations Fund for Population Activities (UNFPA) and the

Government of India have a contract. Aiming to institutionalise population education within the current educational system, the National Population Education Project was established.

The project has now gone through three rounds, each lasting five years. The first cycle focused on increasing project activity. Project work began in the States of Bihar, Rajasthan, Maharashtra, Madhya Pradesh, Gujarat, Karnataka, Tamil Nadu, Punjab, Haryana, and in the Union Territory of Chandigarh in 1980 during the first stage. The activity was expanded in 1981 to include the States of Andhra Pradesh, Assam, Himachal Pradesh, Jarnnu, and Kashrnir, Kerala, Orissa, Uttar Pradesh, West Bengal, and the Union Territory of Delhi. Later, they were expanded to include 28 States and Union Territories, where events were held for elementary, upper elementary, and secondary school children and instructors, as well as student teachers in elementary and secondary teacher education. The primary objectives throughout the second (1986–90) and third (1990–95) cycles were the consolidation of multi-dimensional project operations and further extension to include senior secondary stage and the non-formal education sector.

Including young people in educational institutions: The National Population Education Project (NPEP), which was executed in all 50 states with an emphasis on family life education, served as the foundation for the first iteration of this cooperation, which was launched in 1980. The National Policy on Education (issued in 1986) designated NPEP as a focus area in school education as a result of continued efforts under the programme. Adolescent, Reproductive and Sexual Health (ARSH) was recognised as an essential emphasis-area under the National Population Enhancement Plan (NPEP) in the 1990s as the focus shifted towards meeting the objectives stated in 1994 in the International Conference on Population and Development (ICPD). India The Country Office of UNFPA has a long history of collaborating directly with the Department of Education (Ministry of Human Resource Development) at the national level (India.unfpa.org.doc - UNFPA India) in order to work with young people.

In addition to worries about their reproductive health, young people often have concerns about their education, way of life, and civic engagement, according to UNFPA. As a result, the Fund has established its speciality in adolescent reproductive and sexual health within the more general context of the overall development of young people. The development of supporting policies, the delivery of gender-sensitive, life skills-focused education coupled with youth-friendly sexual and reproductive health care, and engagement and leadership from young people are just a few examples of broad approach.

One of the outcomes of India's national programme is the empowerment of adolescents (both in and out of schools) and young with the information and life skills required to sustain improved reproductive and sexual health. Through a variety of initiatives and partners, including the Ministry of Human Resource Development (MHRD), the Ministry of Youth Affairs and Sports (MOYAS), Non-Governmental Organisations (NGOs), and other UN organisations, UNFPA works with adolescents on a national level. Our state offices also carry out a number of youth-focused projects. In general, UNFPA offers technical assistance to advocacy campaigns that promote youth interests and work for youth-friendly laws. To improve the quality of adolescent outreach programmes in school and out-of-school contexts via standardised curriculum, prototype materials, and monitoring methods, see Population and Development Education: An Overview (Ibid).

The programme was redesigned as the Adolescence Education Programme (AEP) in 2005 in the aftermath of the controversy surrounding sex education, with an emphasis on enhancing life skills among teenagers to allow them to properly react to real-world circumstances. AEP

was effectively positioned within the larger framework of an educational plan to help young people build life skills, with a clear emphasis on age- and experience-appropriate and culturally-sensitive material. Adolescence Education was also acknowledged as a crucial component of schooling in the National Curriculum Framework of 2005, which directs the curriculum in schools all throughout the nation (Ibid)[5], [9].

The programme utilises curricular and co-curricular forms and is coordinated by the National Council of Educational Research and Training (NCERT). The three national school systems—the Central Board of Secondary Education (CBSE), the Navodaya Vidyalaya Samiti (NVS), and the Kendriya Vidyalaya Sangathan (KVS)—are how the co-curricular method is implemented. The program's cascade training methodology has produced a pool of master trainers who guide nodal teachers who are tasked with delivering life-skills-based education to secondary school students (16-hour module) using interactive approaches. Guidelines and resources are given to nodal instructors to help with the transaction process. Parents are educated in advocacy workshops that are organised with the principals of the participating schools. At least two nodal teachers from each of the 3500 CBSE schools, all 919 KV schools, and all 583 NVS schools would have undergone orientation on topics related to adolescent education by the end of 2010 (Ibid).

curricular strategy The NCF 2005 makes it very apparent that the AEP should be integrated into classroom instruction rather than being a separate programme. It is important to highlight that although UNFPA's current national engagement with the MHRD heavily emphasises co-curricular activities, our major objective is to integrate adolescent education components within the greater framework of education and curricular forms. In this respect, the NCERT's content analysis study reveals that textbooks in various regions of the nation have incorporated adolescent education concerns in a variety of academic topics. There are initiatives ongoing to include teenage issues more thoroughly into the curriculum.

The Council of Boards for School Education (COBSE) works with key stakeholders to advocate for the inclusion of life skills in the curriculum of several state education boards in India. Additionally, WFPA K provides continuous assistance for the inclusion of life skills in the secondary curriculum of the National Institute of Open Schooling (NIOS), which enrolls around 400,000 students annually. The most popular disciplines of Home Science, Social Science, Science, and Languages (Hindi and English) were chosen for integration in order to increase the reach of the integrated teaching (Ibid). In about 4500 government schools in the state of Rajasthan, life-skills-focused adolescent education was introduced as a distinct topic in the senior secondary curriculum; the subject is now institutionalised inside the government schools. 12,000 tribal boys and girls in various grades attend the Kalinga Institute of Social Sciences (KISS) in the state of Orissa.

Since 2009, UNFPA's Orissa office has collaborated with KISS to educate teenagers in Population Education Concept and Development in an accurate, age- and culturally-appropriate manner and to help them develop their knowledge of health-related topics. The programme has created pertinent resource materials and is trying to improve teachers' abilities to carry out the curriculum in classroom settings. The institution is striving to establish a solid research-base on topics connected to adolescent health and well-being and has implemented life-skills-focused adolescence education in its secondary classrooms (Ibid).

In the state of Bihar, UNFPA has partnered with the Department of Human Resources Development, Government of Bihar, to provide knowledge and skills for better health and wellbeing to young people in over 1000 secondary schools (distributed across 9 districts) in Bihar. The Centre for Development and Population Activities (CEDPA) is the principal

technical organisation in charge of offering support and seeing to it that adolescent issues are institutionalised within the political framework (Ibid). The conceptual framework that directs the development and execution of the programme was amended in 2010 to acknowledge teenagers as a valuable resource and to place more emphasis on the transformative potential of education within a rights framework. The training resource materials have been updated to cover the topics of making healthy transitions to adulthood (being at ease with changes during adolescence), understanding and combating stereotypes and discrimination (including abuse and violation related to gender and sexuality), preventing HIV/AIDS, and substance abuse. In order to meet the target of one trained teacher for every 150 secondary school pupils, the programme has been concentrated on 5 UNFPA priority states (instead of throughout 32 States/UTS in the nation) for improved effect and quality (Ibid). To guarantee consistency and quality in reporting, more reliable monitoring systems have been implemented on a regular basis. 200 schools participated in a concurrent assessment of the programme to evaluate its successes and pinpoint areas that might need further programming. The report should be released in April of next year after analysis of the quantitative and qualitative data collected from students, instructors, and school administrators (Ibid).

CONCLUSION

In conclusion, India has seen considerable changes in strategy and policy throughout the years in its efforts to promote family planning and population management. In 1952, it became the first country in the world to formally implement family planning as a component of its population management plan. At first, a clinical strategy was used, which comprised opening clinics, but it produced subpar results. India's approach to population control has changed dramatically as a result of the country's recognition of the necessity for all-encompassing policies that include sociocultural transformation, health, and education. A major factor in accomplishing demographic goals and raising the standard of living for its residents has been education. It is obvious that education will continue to play a crucial role in determining how India will develop in the future as it deals with its demographic issues.

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CHAPTER 5

EMPOWERING INDIA: INTEGRATING POPULATION EDUCATION ACROSS SECTORS AND EDUCATIONAL LEVELS

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ABSTRACT:

The integration of population education in India's adult and higher education sectors is thoroughly discussed in this abstract. It charts the progression of non-formal and formal education for the general public while emphasising significant accomplishments and efforts made by the Indian government, NCERT, and other organisations. A key turning point in this endeavour is recognised as the inclusion of population education in the National Adult Education Programme (NAEP) in 1978. A focus on youth-focused programmes is emphasised as the paper addresses attempts to connect with youngsters who aren't in school via partnerships between UNFPA and the Ministry of Youth Affairs and Sports. The multi-tiered strategy for involving teenagers, setting up youth centres, and fostering ongoing links between urban and rural youth is described in the abstract. More information is provided on the function of Population Education Resource Centres (PERCs) in higher education as well as the joint UGC-UNFPA programme that was started in 1986 to promote population education in universities and colleges. To integrate population education at the higher education level, a number of initiatives have been used, including as curriculum development, research projects, and the creation of PE clubs. In order to achieve the socio-demographic goals established in the National Population Policy, the summary finishes by highlighting the significance of population education. Additionally, it emphasises UGC's involvement in putting population education programmes into action during the IX and X Plans and its commitment to carrying out these initiatives into the XI Plan. This abstract's thorough review clarifies the development and importance of population education in India's adult and higher education sectors.

KEYWORDS:

Education, National Adult Education Programme (NAEP), Population, Population Education Resource Centres (PERCs).

INTRODUCTION

The National Conference on Population Education's 1971 proposals served as the starting point for the journey in the field of adult and non-formal education. These suggestions resulted in the National Adult Education Programme (NAEP) and other literacy programmes including population education. Through training and curriculum creation, systematic attempts were undertaken to include population education into adult education. To reach out to teenagers not enrolled in school, specialised materials were developed and significant efforts were made. Significant advancements in this field were made possible by the engagement of groups like the UNFPA and numerous government agencies. For both adolescents and adults, the focus was on comprehensive development, which included health, education, and life skills. A secure and instructive environment for teenagers who are not in school was also intended to be created with the construction of Teen Clubs and youth centres at the district and block levels. These programmes acknowledged the significance of

community engagement in influencing attitudes and behaviours about reproductive and sexual health, including parents, teachers, and opinion leaders. Population education was acknowledged as a key component of university and college education in the higher education sector. By funding Population Education Clubs (PE clubs) and creating Population Education Resource Centres (PERCs) at universities, the University Grants Commission (UGC) played a crucial part in advancing population education. These programmes sought to raise awareness among college students and, via them, to engage the larger community.

Incorporating population education into higher education has as its purposes opening up information, encouraging research, and instilling in students a feeling of responsibility for socio-demographic goals. These initiatives were enhanced even further via the UGC-UNFPA partnership. The National Education Test (NET) included population studies as a topic, highlighting the significance of this discipline in academia. Population Studies also became a recognised post-graduate study. In order to increase awareness among students and youngsters who are not in school, the XI Plan anticipates growing population education in universities and colleges. To address gender-related concerns, this involves planning awareness campaigns, seminars, quick courses, and outreach initiatives [1], [2].

Adult and Non-Formal Education Sector Education of Population

The NCERT's National Conference on Population Education in 1971 made the recommendation that population education be incorporated into current functional literacy programmes and that the concepts of population education be systematically incorporated into literature being produced for neo-literates. Since that time, population education has been included into all of the non-formal education initiatives launched by the Indian government. However, the National Adult Education Programme (NAEP)'s (launched on October 2, 1978) introduction marked the significant turning point in this area. The overall development of the person via education was the main goal of NAEP. Population education was acknowledged in this context as one of its essential elements. The Directorate of Adult Education and the Family Planning Association of India jointly organised a National Seminar on Integration of Population Education in NAEP. The seminar recommended integrating population education into the overall framework of NAEP through the establishment of systematic linkages, including training.

The NAEP curriculum was later taken into consideration during the National Conference on Planning and Development of Population Education in Adult Education. It suggested using participatory action research initiatives to include population education into adult education. In its meeting on May 14, 1984, the National Steering Committee on Population Education recommended that "appropriate provision should be made for population education programmes in the school education, both formal and non-formal, university education, and adult education sector". So, starting on January 1, 1985, the director of adult education launched a preparatory project on population education that was funded by UNESCO/UNFPA. This was followed by a five-year project (1986–90) that was implemented gradually in all States during the seventh five-year plan in order to take up the integration of population education in the existing adult education programme. The Directorate of Adult Education organised the first "Planning and Development Meeting for Integration of Population Education in Adult Education Project" under this UNFPA project in New Delhi from April 2–30, 1985, and prepared work plans for incorporating population education contents into the currently available basic literacy materials. The second "Planning and Development Meeting for Integration of Population Education in Adult Education Programme" was held at Literacy House in Lucknow from August 5–10, 1985, just a short time after the first meeting. It was intended to integrate population education into the post-literacy and follow-up materials for

the students as well as the training materials for the functionaries, including teachers, supervisors, and project officers. Primers, workbooks, teachers' manuals, flash cards, and other resources were used to aid with this task, which was primarily supported by State Resource Centres and other organisations.

DISCUSSION

Reaching teenagers who are not in school: Since 2003, UNFPA and the Ministry of Youth Affairs and Sports (MOYAS) have worked together to assist the Adolescent Health and Development (AHD) initiative, with the overarching goal of ensuring that out-of-school adolescents grow up in a healthy and secure environment. Additionally, the assistance has been consistent with the National youngsters Policy's emphasis on the "need for youth to be equipped with necessary knowledge, skills, and capabilities." The Nehru Yuva Kendra Sangathan (NYKS), the National Service Scheme (NSS), and the Rajiv Gandhi National Institute of Youth Development (RGNIYD) have all been partners in the project's execution.

With a new focus on bettering the quality and effect of adolescent clubs in the five UNFPA priority states of Orissa, Madhya Pradesh, Bihar, Rajasthan, and Maharashtra, the partnership with the Ministry of Youth Affairs and Sports has been restructured in 2011. The Nchru Yuva Kendra Sangathan (NYKS) will implement a revised strategy that calls for giving (unmarried) adolescents life-skills-focused experiential learning on reproductive and sexual health issues in a gender-sensitive way, giving them information on education and skill-building for better employability, and increasing access to youth-friendly and gender-sensitive services in the public.

The Teen Clubs will get technical help from the NGO "Restless Development" as part of UNFPA's efforts to accomplish these goals. By establishing clear monitoring protocols, "Restless Development" will help institutionalise accountability in the system and facilitate the capacity building of NYKS functionaries, such as the District Project Officers (DPOs) placed at the district level and the Adolescent Peer Volunteers (APVs) placed at the block level.

Given that teen clubs are village-based organisations, tiered approaches are being suggested to reach out to teenagers who are not enrolled in school. For example, in a village of 1000 people, there are probably 250 adolescents, or 25% of the population. According to current statistics, approximately 60% (150) of them are probably not in school, making them viable project targets through various degrees of participation]. With the roughly 30 young people that make up the Teen Clubs, there is one level of interaction. In order to enable activities at the teen clubs under the strict supervision of adolescent peer volunteers, it is planned to identify 4 passionate members of the Teen Clubs. They will be given preference in relation to educational and skill-building opportunities for increased employability in order to inspire peer educators. The Indira Gandhi National Open University offers certificate programmes to educate and accredit them, and these programmes might be a valuable supplement to the peer educators whose CVs would be examined (Ibid)[3], [4].

The remaining 120 young people in the hamlet will be engaged on a second level via mass media initiatives like twice-yearly fairs that may be organised in the community on topics relating to teenage difficulties. The fairs could have enter-educate activities like films, games, chat shows, and booths promoting youth-friendly services like health, as well as connections to nearby educational and employment prospects. These fairs could provide chances to educate teenagers and sign-up new members for the teen groups. Without educating the greater community of people who engage with teenagers, such as their parents, teachers, opinion leaders, and others, it is impossible to reach out to them, especially females. The

third level of interaction in this context has been recognised as the whole village community. Through specialised booths put up at the local fairs, they might be made more sensitive. To regularly educate the community members, more village-based fora would be established (Ibid).

UNFPA will investigate the establishment of youth centres at the district or block level as a dedicated place for planning youth-friendly activities in order to guarantee ongoing, long-term interaction with young people. To run these youth centres, it is suggested that volunteers from the National Service Scheme (NSS) and peer educators (PEs) be involved. The management of the youth centres will be taught to these NSS and PEs. UNFPA is especially interested in strengthening the connection between young people attending college and those who are not in school (dropouts or those who have never attended school). This specific connection has enormous potential for fostering continuous connections between young people attending urban universities and those living in rural areas so that both groups may better comprehend one another's circumstances. It is suggested that NSS volunteers take part in planning the community mobilisation drive and collaborating with peer educators to jointly coordinate the operation of youth centres. UNFPA will investigate the viability of this plan. The 1860 Teen Clubs in 10 districts within the five three-state Population and Development UNFPA region will use the aforementioned concept. 1500 adolescent clubs will be launched in a straightforward manner. Overview of education, as tracked by NYKS. Through "Restless Development," UNFPA will establish 360 extra model adolescent clubs (120 clubs in each of the states of Rajasthan, Madhya Pradesh, and Orissa) (Ibid).

The Masters Program in Life Skills Development at the Rajiv Gandhi National Institute of Youth Development (RGNID) is funded. The emphasis will be on enhancing faculty capabilities and creating a solid approach for life skills research. The CO also provides funding for a youth-run community radio programme, the first of its type in the nation (Ibid). Support is being given to an initiative for out-of-school teenagers that reaches out to about 20,000 adolescent girls in four blocks of four districts in the state of Rajasthan with the goal of empowering them with knowledge and life skills for improved reproductive and sexual health. In these blocks, teenage females clubs have been created, and a community animator leads weekly awareness workshops.

The initiative intends to address the greater problem of young age at marriage and focuses on linking these out-of-school teenage females to formal or non-formal education. The Government of India approved the national level out-of-school adolescents programme (SABLA) using the program's experiences as a guide. All the states where the SABLA initiative is being conducted have received the educational materials created under the UNFPA-supported programme on a national level (Ibid).

UNFPA is funding a pilot project in the Madhya Pradesh district of Sehore to equip out-of-school adolescents and teenagers with the information and life skills they need for better reproductive and sexual health. The NGO Samarthan is the project's implementing partner. The pilot programme, which began in 2009, aims to increase youths' understanding of problems relating to reproductive health (RH), include them in creating demand for RH services, and plan for and track how often clients use important RH services. The pilot programme also intends to provide a forum for youngsters to voice their problems and grievances in open discussion at block headquarters and at gramme sabhas. The pilot's first findings are very positive, and there has been a noticeable increase in the regular organisation of village health and nutrition days and in the consumption of RH services through demand creation (Ibid).

Population Education in the Higher Education Sector

Education of the populace has been acknowledged as a vital contribution and source of support for a number of other policy initiatives to advance extension education as the third pillar of the university system of education.

Academic and social goals are the main goals of integrating population education into the university and then into the community. Through access to information and the dissemination of knowledge, these aims seek to provide university- and college-age youth options and frame them for the community in order to raise awareness of the connection between population and quality of life. To include PE in online education as well as population education/studies into the curriculum at the UG/PG/BEd/7/MEd level. To promote a capstone course on the fundamentals of physical education in teacher training and orientation programmes run by academic staff colleges in order to increase teacher and student participation in PE. To make efforts to bring about the desired changes in society's attitude, practises, and values on gender-related problems, including equal chances for involvement in social, economic, and political processes, as well as in advancements on a national and international scale.

To determine areas for teaching, research, and outreach priorities as well as the department's and centres' strengths and weaknesses in executing the programme Scheme. To design and produce educational resources on DVD or audio cassettes. To develop PE Clubs, PE Cells, and Population Education Resource Centres (PERCs), and to provide appropriate answers to population-related concerns, in order to bring Universities closer to the people.

To develop sensitive, high-caliber human resources for committed, meaningful work in a variety of fields, including instruction, research, curriculum development, and training, as well as to take on challenges to advance ideals like gender equality, secularism, socialism, and democracy; To cooperate and work together with other universities and institutions on teaching, curriculum design and restructuring, research, and outreach projects in light of the population studies' cross-disciplinary character. To establish UGC Non-Formal Education Field Investigators (UNFEF) and give them the opportunity to gain a better understanding of population issues and problems pertaining to people - children, men, and women (within the family, community, or at the workplace), as well as to have close contact to deal with and - to assist specific issue-based solutions in the right perspective without any bias or other considerations.

With the assistance of UGC-NFE Field Investigators, conduct a district-by-district assessment of the PE, Education Extension, and Outreach to a small number of target groups (BPL and Educationally Backward groups) in order to prepare further activities and programmes for the scheme's practical utility or benefit as well as for the cause of services for the target groups. Development and Population The National Population Education Project's expansion to the higher education level: An outline Education in India gave young people at universities and colleges the chance to educate themselves, and through them, others in the society[5], [6]. The UGC has been committed to population education at the university and college levels since 1983, when it gave 92 universities and 1300 colleges financial support to set up Population Education Clubs to organise activities for college students on campus and in the community. As a result, Population Education Clubs (PE clubs) were established as co-curricular activities at a few universities to promote the idea of Population Education via Higher Education. The following are some of the actions made by UGC to advance population education via universities and colleges:

i) Circulation of a set of 15 lecture series on various aspects of population education for use by universities and colleges; ii) Inclusion of population education in the scheme of restructuring of courses at the undergraduate level in foundation and applied courses; iii) Strengthening of population education at the post-graduate level and provision of UGC assistance under its normal developmental programmes; iv) Assistance to universities and colleges for surveys 1 research projects on population education with particular references to small family norm, infant mortality, malnutrition, age at marriage, sex ratio, indigenous practices of population control, knowledge, attitudes and practices. Population education as one of the major activities under the Programme of Adult, Continuing and Extension Education through universities and colleges; vi) Promotion of television series on population education; and vii) Institution of Population Education Clubs through universities and colleges for students and the general community.

The Population Education (PE) in Higher Education joint UGC-UNFPA programme was initiated in 1986. The plan for developing the content for UG and PG level courses, research, and extension education received further momentum from the UNFPA's financial support and UNESCO's technical support. The UNFPA agreed to support the UGC's population education initiatives from 1986 to 1990. UGC made the decision to gradually include all institutions and colleges in the population education plan from April 1986 to March 1990. Although the project plan had envisioned the establishment of the PERCs in three phasesix in 1986, three in 1987, and three in 1988it was determined that it was vital to locate all 12 PERCs in the first year due to the country's fast development of population education clubs. In order to help universities, colleges, and adult education centres with resources, twelve Population Education Resource Centres (PERCs) have been established around the nation.

The project's first cycle was supposed to be finished in 1991, however a mid-term review was started in 1989. An external agency also conducted an evaluation in 1992, and its findings were presented in a report with extensive recommendations for improving the management structure, human resource development, population education clubs, curriculum development, learning materials, training, monitoring, research and evaluation, documentation Population Education: Concept and Development and Dissemination, women's programmes, and financial aspects.

With the establishment of Population Education Resource Centres (PERCs) in the Department of Adult Continuing Education and Extension at twelve universitiesnamely, Jammu, Delhi, Gujarat Vidyapeeth, SNDT Women's University, Poona, Madras, Kerala, Vikram, Burdwan, Ranchi, NEHU, and Gandhigram Rural Universitythe PE programme has been implemented since 1986. One of the 12 PERCs, one for rural populations, specialises in population education activities for women. Later, 5 PERCs were opened at the universities of Lucknow, Bhubaneswar, Bangalore, Tirupati, and Jaipur, bringing the total number of PERCs to 17. According to the terms of reference mutually agreed upon by the UGC and the UNFPA during the IX Plan, the joint UGC-UNFPAProgram was completed. But in addition to the 17 PERCs, over 100 adult education departments in universities and 1400 PE clubs established in universities and colleges have continued to carry out different activities and programmes on population education. 50 institutions received funding for the Population Education Programme under the X Plan (2002-2007). It is planned to incorporate this field as one of the crucial facets of the activity of the Departments of Adult Education during the XI Plan keeping in mind the competence acquired in universities in Population Education.

A component of the Population Education in Higher Education Project is PERC. Each PERC has been given a service area where it is supposed to promote population education at universities and colleges with resources. To help each PERC promote the implementation and

overview of the project, UGC has given personnel and programme assistance in this regard. For its work, each PERC gets direction from UGC. The National Steering Committee on Population Education, established by the Ministry of Education and Culture in the Government of India, has the overall authority. It is supported by the six Task Forces, one in each of the following areas: training, curriculum development, learning materials (print and audio-visual), research, documentation and dissemination, and monitoring and evaluation. Universities and colleges have advisory committees for the target-oriented, time-bound execution of population education initiatives. For successful programme implementation, coordination, monitoring, and evaluation, these committees have appropriate participation from universities/colleges, government agencies, and nonprofit groups at the national, state, and district levels[7], [8].

Several of the numerous socio-demographic objectives outlined in the national population strategy that must be accomplished by the year 2017 may be expedited by population education initiatives and programmes at the university level. A few of them include reproductive and child health, the requirement that boys and girls attend school until the age of 14 for both genders, age at marriage, infant and maternal mortality, access to health services, testing for HIV/AIDS and communicable diseases, the small family norm, etc. We are likely to be able to accomplish the goals of the National Population Policy (2000) earlier than anticipated if we train and educate university students about socio-demographic goals and, through them, reach out to the community through extension education.

Population Studies, a recognised post-graduate study at many universities, included population education as a key component. The UGC-organized and implemented scheme for conducting the National Education Test (NET) for eligibility of lectureship and Junior Research Fellowship for post-graduate students twice a year, typically in June and December, also includes two subjects: population studies (NET Subject Code- 15) and non-formal education like adult continuing education and extension.

The UGC has been putting the following programmes into action during the IX Plan: i) Adult Continuing Education and Extension and Field Outreach; ii) Population Education; and iii) Women Studies. These activities are administered by the UGC's Non-Formal Education Bureau, which has appropriate funding allocated for them. The scheme on population education will be operationalized during the X Plan by the UGC under the Non-Formal Education group, according to the UGC vision and strategy for X plan document[9], [10]. The XI Plan includes Population Education in Universities and Colleges in order to raise awareness of population issues among students and youth who are not enrolled in school. This will be accomplished through a variety of activities, such as the organisation of awareness programmes for students and youth who are not enrolled in school, workshops for the creation of materials and the training of field workers, the creation and provision of short courses, etc. However, via the organisation of workshops and public engagement activities, attempts must be made to bring about desired changes in the attitude, practises, and values in society regarding gender-related problems (Ibid).

CONCLUSION

In conclusion, population education has been successfully integrated into India's adult and non-formal education sectors in a forward-thinking and all-encompassing effort. Over time, it has changed to accommodate the particular difficulties presented by addressing various demographic groups, such as adults and teenagers who are not enrolled in school. Adult and non-formal education and higher education are the two fundamental pillars of the process of integrating population education. In conclusion, India's efforts to integrate population

education into adult, non-formal, and higher education sectors show a dedication to completely tackling population-related concerns. It places a strong emphasis on teaching information as well as cultivating attitudes and behaviours that improve the wellbeing of both individuals and society at large. This multifaceted strategy is essential for accomplishing the socio-demographic objectives outlined in national policies and guaranteeing a higher standard of living for everyone.

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CHAPTER 6

EDUCATION'S IMPACT ON FERTILITY, HEALTH, AND INTERNATIONAL MIGRATION

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ABSTRACT:

Education has a significant impact on how economically and socially successful people are, which has a bearing on the family planning decisions they make. The complex link between educational achievement and reproduction is examined in this essay. International gatherings, like the 1994 International Conference on Population and Development in Cairo, highlighted this link while acknowledging the importance of education in population dynamics. Recent survey results confirm that education has a significant, cross-border influence on reproduction rates, preferences, and contraceptive usage. Total fertility rates (TFR) are generally lower in countries with more educated populations than in those with less educated populations across the world. This tendency is seen in both established and developing countries, and it continues even when all other influencing variables are taken into consideration. Education increases both current and finished fertility rates in poor countries. With few exceptions, the present fertility rates of women decline steadily as one advances in education. Education-related differences in fertility do occur in industrialised countries, but they have unique characteristics. In industrialised nations, the difference in completed fertility between the most and least educated women is often less than one child due to generally lower fertility rates. Notably, conventional beliefs are challenged in several industrialised countries where women with the greatest levels of education may have fertility rates that are equal to or even greater than those with intermediate education.

KEYWORDS:

Children, Development, Education, Population, Women.

INTRODUCTION

Education also affects the number of children one would want to have. Based on educational level, there are significant differences in the mean intended number of children in sub-Saharan Africa, with less educated women preferring bigger families. Furthermore, particularly in underdeveloped countries, education is crucial for the use of contraceptives. Even at the lowest levels of education, higher levels of education are linked to higher contraceptive prevalence. This is especially noticeable in sub-Saharan Africa, where women who have completed secondary school or above are more likely to use contraceptives than women who have not had any formal education. Contrarily, in industrialized countries where total contraceptive use is greater, disparities in contraceptive usage depending on education are less pronounced. Significant disparities in death rates between groups with lower and higher levels of education occur in nations like Russia, especially among younger populations. In Russia, the benefit of higher education translates into a noticeable decline in death rates, particularly as a result of variables like infectious illnesses, respiratory disorders, accidents, violence, and alcohol-related issues.

Education also has an impact on prenatal care and postpartum care, which lowers the risk of maternal death. On the other hand, women with less education have greater fertility rates and

less access to high-quality maternity care, which raises the chances of both maternal and newborn mortality. The prevention of HIV/AIDS is a major worldwide health issue, and education is crucial. Nevertheless, there are large differences in each educational group's understanding of HIV/AIDS prevention. Many people, especially among the educated population, are still ignorant of the contribution condoms provide to the fight against HIV/AIDS. Due to the high rates of teacher turnover and absenteeism caused by HIV/AIDS-related illnesses and fatalities, the effect of HIV/AIDS extends to educational systems in high-prevalence developing countries. This burdens both students and their families, which lowers educational quality and affects enrolment and dropout rates [1], [2].

The Links Between Educational Level and Fertility

Education is crucial for raising people's economic and social standing, which has a big impact on how many and how close together they want to have their children. At United Nations population conferences, particularly the International Conference on Population and Development held in Cairo in 1994, this function has been acknowledged and stressed. Education continues to have a significant impact on reproduction numbers, desires, and control, according to recent survey data. Globally speaking, nations with populations that have greater levels of education tend to have lower total fertility rates than nations with populations that have lower levels of education. Both emerging and developed nations see a relationship between their TFR and their total level of education. Furthermore, this effect remains significant even after controlling for other factors.

As educational attainment rises within emerging nations, both current and completed fertility decline. The current fertility rates decline from one educational level to the next, with very few exceptions. The biggest differences are seen in Latin America and the Caribbean, sub-Saharan Africa, and Western Asia, where women with a secondary or higher education eventually have roughly 3 fewer children than women with no education. The difference in completed fertility between the most educated group and the group with no education is typically between 1 and 2 children in Northern Africa, South-Central Asia, and South-Eastern Asia. Of fact, these regional differences in fertility by educational attainment conceal significant inequalities across nations. The nations with the largest reproductive disparities between the two highest educational levels are often those with already very low fertility rates.

In developed nations, there are also variations in fertility according on educational attainment. However, there are two significant distinctions between the fertility differentials by education and those reported in poor nations. First, due to the developed countries' generally low fertility rates, the completed fertility gap between women in the lowest educational group and those in the highest educational group is typically smaller than 1 child in developed countries compared to developing countries. Second, fertility differences based on educational attainment have become less pronounced in many nations, including Canada, Belgium, Hungary, Italy, Latvia, Norway, Portugal, Slovenia, Spain, and Sweden, where women with the highest levels of education have an identical number of offspring or even more than women with intermediate levels of education. The difference in completed fertility between women in the highest educational category and women in the lowest educational category in Eastern Europe and the other former Eastern Bloc nations is around one child or less. Education has an impact on current fertility in other developed nations mostly via its effect on the date of first births: better educated women had fewer children at the time of the interview because they gave birth to their first child later in life. For instance, in Italy in the 1990s, the lowest educated group's mean age at first birth was 22.5, but the highest educational groups was 28.2, for women 35 years or older. The equivalent ages in Spain were

24.4 and 25.8, respectively. The mean age at first birth in the Scandinavian nations ranged from 21.0 to 21.7 in the lowest educated group to 25.4 to 25.7 in the highest educational group[3], [4]. Except in nations with economies in transition, education has a substantial impact on childlessness in industrialized nations. Thus, women with higher levels of education are more likely to stay childless than women with lower levels of education in Northern America, Southern Europe, Western Europe, and to a lesser degree, Northern Europe. For instance, the percentage of women without children at age 30 in the United States in the 1990s ranged from 17% among those with less than a high school graduation to 56% among those with a post-secondary degree.

DISCUSSION

Higher educated women want to have fewer children. In sub-Saharan Africa, there are significant educational differences in the mean desired number of children, with women without any formal education preferring to have two children on average more than women with a secondary or higher education. The difference between intended and actual fertility rates varies between educational categories and is much less than the latter. Compared to women with secondary or higher education, it is far more prevalent among women with no education or just an elementary education. This is particularly true in Latin America and the Caribbean, where there is a disparity between desired and real fertility rates among women with no formal education that is nearly twice as great as the difference between desired and actual fertility rates among women with formal education.

In developing nations, the prevalence of contraception varies greatly across educational levels, with better-educated women generally having a greater prevalence than those with less education or no formal education. In sub-Saharan Africa, the gap in contraceptive prevalence between people with no formal education and those with a secondary education is on average 29 percentage points, in Latin America and the Caribbean it is 23 percentage points, and in Asia it is 19 percentage points. The use of contraceptives is significantly influenced by education, even at the lowest levels. In sub-Saharan Africa, the area with the lowest level of education and the lowest level of contraceptive usage among women worldwide, differences in contraceptive use according to education are particularly obvious. In this area, married women with a secondary or higher education use contraception at a rate that is more than three times greater than married women without a degree. Contraceptive usage varies relatively little by educational degree in industrialized nations, where the incidence of contraception is already high.

In conclusion, the research shows that education significantly affects fertility rates, particularly in developing nations. Education has a significant influence on childlessness and first-birth timing in wealthy nations, but less so on fertility rates. More educated women preferred smaller families, had lower percentages of pregnant or nursing teens, and had higher percentages of women using contraception among their married population. It was also discovered that female education was related to fertility preferences, adolescent fertility, and contraceptive use. Even though other fertility-related factors like household and community socioeconomic characteristics are taken into account, the net effect of female education still significantly affects fertility and is typically greater than the effects of either the husband's education or household income.

Health, Education, And Death

Since the start of the 20th century, health and survival have significantly improved in both industrialized and developing nations. Benefits, though, have not been distributed equally among socioeconomic classes. People with more education often maintain their health and

live longer. Both nationally and internationally, the effectiveness of education as a policy tool in social and economic development has been acknowledged. Given the strong correlation between education, health, and death, the consequences of the persistence and further deepening of education gaps for health and mortality are catastrophic[5], [6].

Developed nations

In industrialised nations, education is a significant predictor of the health and mortality experiences of people and their families. Regardless of development strategies, healthcare systems, or mortality rates, there remain disparities in health and death across all civilizations. Despite the fact that the information presented here refers to adults, education differences in health and mortality are not exclusive to any particular age groups. In Europe, disparities in mortality are well-documented. According to Kalediene and Petrauskiene, life expectancy disparities in Lithuania are closely connected to educational attainment. Education and mortality differences in the Czech Republic are not only significant, but they have also grown over time.

Less educated groups in Russia consistently had higher death rates than more educated people between 1979 and 1989. Younger people had greater mortality differences than older adults. Between 1979 and 1989, the relative advantage of more educated people in Russia rose for each age group and sex. Males and women had varied levels of education, with males having more. According to Shkolnikov and others, the difference in life expectancy in Russia due to education amounted to a about 9% decrease in male mortality and a 7% decrease in female mortality for each extra year of school. Infectious and parasitic illnesses, respiratory conditions, accidents, homicide, violence, and alcohol-related variables seem to have been the leading causes of mortality in Russia among those with the greatest educational gaps.

There are differences in mortality according to education in other countries of Europe as well. Differentials are very minor in Denmark, Norway, and Sweden, but they are bigger in England and Wales, Finland, France, and Italy. Males with university education had a six-year survival advantage over males with just elementary education, according to data for Finland from 1971 to 1995. Evidence from France for the years 1976 to 1980 indicates that males with less education had a 50% higher death rate than those with greater education. Similar to those seen in Europe, there exist patterns of mortality differences according to schooling in Northern America. There is evidence of large, enduring, and expanding education disparities in mortality in the United States. Aged 25 to 64, those who were poorer or less educated had higher mortality rates than those who were richer or more educated, and these differences widened between 1960 and 1986. Between 1960 and 1984, Feldman and colleagues discovered expanding education differences in male mortality in the United States. Similar correlations for the United States between 1979 and 1985 were verified by Elo and Preston.

In the United States, the number of years spent in school has an equal impact on men's and women's mortality, however in European nations, men's mortality seems to be more sensitive to further education than women's mortality. For Denmark, Hungary, and Sweden, each extra year of schooling results in significant sex differences in the number of life years gained. Males benefit more from an extra year of school than girls do in every situation, with the exception of England and Wales. However, the mortality rates for men continue to be much higher than the death rates for women at every level of schooling. In Canada, little research has been done on how education affects mortality. Education disparities in adult mortality in Canada, however, may have shrunk recently, according to new study that examines economic differences, which are expected to substantially influence educational differences. The

relationship between education and life expectancy in Oceania has been confirmed by a study of socioeconomic disparities in mortality in New Zealand. One factor directly related to the maintenance and growth of education disparities in mortality in affluent nations is cardiovascular disease. When Martikainen and colleagues examined social class differences in mortality in Finland between the 1970s and the 1990s, they found that those in manual jobs saw a slower drop in cardiovascular disease mortality. Additionally, it was shown that education significantly predicts the risk of cardiovascular illness, and this risk is especially high in women. This shows that greater education and prevention remain crucial interventions.

Developing nations

It has been shown that levels of child mortality in poor nations are greatly differentiated by education, particularly that of mothers. Children of moms with primary education had lower relative chances of dying in infancy than children of mothers with no formal education in almost every country. Similar to this, kids whose moms only received elementary education had greater death rates than kids whose mothers only received secondary or higher education. The disparities between individuals with secondary and elementary education are often greater than those between those with no education and those with primary education.

Education disparities in child mortality in poor countries are caused by differences in health-related knowledge and behaviours. For instance, educated mothers are more likely than mothers without education to be aware of the use of oral rehydration solution for the treatment of diarrhoea in the majority of the nations with data available. In addition, educated moms are significantly more likely to get their kids immunised than illiterate ones. There are significant differences in measles vaccination rates across education levels in nations including Chad, Ethiopia, Madagascar, the Niger, and Nigeria, with only around 1 in 4 infants born to women with no formal education receiving the vaccine. In comparison to children of mothers with higher levels of education, children of moms with lower levels of education are also more likely to be at a nutritional disadvantage.

The mother's degree of education also has a significant impact on her ability to access and use skilled medical care during labour and delivery. Education increases a mother's likelihood of receiving high-quality treatment throughout pregnancy and delivery, which lowers her risk of dying from pregnancy-related problems. When there is no one there to support the mother during birth, the outcome is very dire. Women with less education are most often in this situation. Women delivered babies alone in about a quarter or more of deliveries among untrained women in Burundi, Nigeria, Rwanda, and Uganda. In addition to having a higher probability of accessing healthcare services, educated women are also less likely to become pregnant early, delay starting a family, or experience maternal death. In contrast, the increased fertility and worse delivery care among women with less education puts them at greater risk for both maternal and infant death. Orphaned children may suffer negative effects from a mother's death [7], [8].

HIV/AIDS

An important and crucial preventive method to stop the spread of the HIV/AIDS pandemic in all nations is education, or raising awareness. The use of condoms as a means of prevention has been widely encouraged in underdeveloped nations, where HIV/AIDS has wreaked havoc on mortality and morbidity. However, the statistics indicate that there are significant differences across educational groups and that this knowledge has not been adequately internalised. For instance, practically all polls show that illiterate women are less likely to be aware that using condoms may stop the spread of HIV. However, even among the educated,

vast majority of women in certain nations are unaware that condoms aid in HIV/AIDS prevention. Perhaps the goals of information, education, and communication messages have not been reached. People who hear the message could also choose not to act on it. This is in line with the finding that condoms may be primarily used by women as contraceptives rather than as a means of AIDS prevention.

The danger that the epidemic presents to the continued existence of educational systems in high-prevalence developing nations is a significant factor in the link between HIV/AIDS and education. The high levels of teacher attrition and absenteeism caused by HIV/AIDS-related illnesses and teacher deaths provide a challenge to the educational systems in nations with a high prevalence of the virus. The pandemic places a significant burden on both students and their families, often leading to a decline in student enrollment and an increase in dropout rates. For many populations, teaching and learning are becoming less effective as education institutions are damaged by the HIV/AIDS pandemic. The disparities in health and death are anticipated to widen as a result of higher-educated people's ability to better defend themselves under unfavourable environmental conditions.

In conclusion, education has shown impacts that are among the greatest and most persistent among the socio-economic factors associated with differences in health and mortality. We still don't fully understand the causes of the significant education gaps in mortality and health that exist in both developing and wealthy nations. Empowering people to exert more control over the environmental health dangers they face seems to be crucial in emerging nations. Smoking and excessive alcohol intake are examples of lifestyle habits that have been linked to disease in affluent nations. It is perplexing that, with regard to HIV/AIDS, there has not yet been much evidence of behavioural change among both educated and illiterate individuals in many nations.

Whatever the reasons, the fact that there are significant education gaps between health and mortality suggests that, even with major improvements in access to education, particularly in developing nations, it will be difficult to meet internationally agreed-upon targets for the reduction of mortality and the fulfilment of the Health for All goals. Expanding access to education is expected to improve health and survival rates since education is linked to reduced mortality and improved health in almost all situations, regardless of educational philosophy and orientation. In summary, higher levels of education are linked to significantly improved health, lower death rates, and longer lifespans for both adults and children.

Immigrants' Educational Attainment

Numerous empirical studies have focused on the socioeconomic traits of immigrants, notably in the major traditional immigration nations like Australia, Canada, and the United States. One of the key indicators of how much an immigrant makes a contribution to the host nation and how much they cost the home country is education. Based on data from censuses and other household-based inquiries undertaken during the mid-1990s, the educational attainment of immigrants and non-immigrants in three typical immigration nations and in selected European countries. The educational level of immigrants and non-immigrants varies greatly per nation. International migrants have lower levels of education than the local population in the United States and Western European nations. International migrants are often more educated than their local counterparts in the new immigration nations of Southern Europe. In certain nations, immigrants make up bigger proportions of people with higher and lower levels of education than native-born citizens. Additionally, more educated immigrants are drawn to the traditional immigration destinations of Australia, Canada, and the United States than to the European countries that receive them. Women have lower levels of education than

males in both migrant and non-migrant groups, although the gap is often worse among migrants.

Transnational Educational Migration

In many nations, educational systems have rapidly become more globalised in recent years. Many universities have established partnerships and cooperative relationships with other schools, while others have established their own international campuses and centres. The increasing worldwide mobility of students, which has seen an increase in persons leaving their home countries to pursue higher education, has mirrored these developments. International students are mostly concentrated in industrialised nations. The United States is clearly the top country where individuals go to get their education overseas, followed by the United Kingdom. It should be highlighted that certain underdeveloped nations serve as magnets for international students. A rise in student international mobility is shown by the rising number of international students in several nations.

The percentage of international students relative to all students differs among the nations examined. Higher education is characterised by a disproportionately high percentage of international students in Australia, Austria, Belgium, Lebanon, Switzerland, and the United Kingdom. Men are often more prevalent than women among the enrolled international students. The change is often negligible, however. In reality, several nations that host international students have recently seen a trend in the rise in women's enrollment. Foreign students often come from nations that have linguistic, institutional, historical, or geographical ties to the host nation. Major student-receiving nations in Asia and Africa mostly draw students from inside the area, serving as a regional centre for higher education. The international student mobility inside the European Union has probably been aided by the regional integration of Europe. Institutional links among nations with transitioning economies are still strong. As a result, the majority of international students studying in the Russian Federation are from the countries that replaced the erstwhile Union of Soviet Socialist Republics. Student migration to the traditional nations of immigration is characterised by a majority of Asian students[9], [10].

A few decades ago, migration for educational purposes was seen as primarily being a chance for chosen elites who were supposed to study for the benefit of the public rather than for personal gain. Many people who went other countries with help for study were expected to become leaders who would maintain strong political and commercial ties with the country where they had studied once they returned. However, with increased complexity, student migration has more recently gained impetus on its own. Student mobility has increasingly made it easier for people to reside permanently or to work as migrant labourers. Locally educated foreign students may have an edge in the job market due to their physical presence, degree recognition, language proficiency, and familiarity with the institutions in the area. Furthermore, with the emergence of a knowledge-based economy, recruitment of highly educated individuals has grown competitive, and host nations increasingly see international students in science and technology as a qualified workforce. In order to facilitate access to long-term or permanent migration status, a growing number of nations have implemented provisions enabling foreign students in certain sectors or those with essential talents to change their resident status.

Education And International Migration Policies

Immigration policies have an impact on migrants' skills by attempting to promote certain forms of mobility while preventing others. Countries that use selective admission and residency requirements include education as one of their considerations. Only a few

traditional immigration countries used such strict standards in the past. These standards vary greatly from nation to nation. Some nations may not specifically have immigration policies based on educational accomplishments, but they do have laws that encourage immigrants with certain talents, which often need extensive training. The traditional immigration destinations accept immigrants granted visas for permanent residency. Some of these nations, like Australia and Canada, have built their permanent settlement policies on a point system that favours highly qualified immigrants more and more.

In order to qualify for permanent residency in Australia and Canada, candidates must pass a point exam with scores based on education, job experience, language competence, and other qualifications. However, in the past, neither migrant workers nor the family members of migrant workers were subject to selective admission standards in the migrant reception nations of Europe. As a result, rather than varying national immigration policies, inequalities in immigrant schooling among European nations are more a result of the unique labour needs of each nation and the mix of immigrants' national origins. Many nations have passed legislation during the second part of the 1990s that emphasises the talents of immigrants more. As a consequence, these nations have seen a rise in the proportion of immigrants allowed under the skilled-based category. The adoption of more stringent admission criteria will most likely have an impact on the educational achievement of foreign migrants in most receiving countries, even if the link between education and skills is not always clear-cut.

CONCLUSION

In conclusion, depending on their location or nation of origin, international migrants' educational levels might vary greatly. One cause for migration is the distance between the country of origin and the country of destination. Other factors include the characteristics of the nations of origin or destination. As previously mentioned, an increasing number of students are attending higher education institutions abroad. The direction of student mobility is determined by cultural, geographic, and historical factors as well as institutional relationships between sending and destination countries. As the importance placed on information and skills gained via foreign education rises and as ensuring there are enough qualified human resources becomes a top priority for policymakers, international migration for educational purposes is expected to expand.

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CHAPTER 7

EDUCATION'S CRUCIAL ROLE IN HUMAN DEVELOPMENT, DEMOGRAPHIC PROGRESS, AND ECONOMIC GROWTH

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ABSTRACT:

The United Nations has recognised education as a crucial pillar of human growth and social progress since its foundation. The right to education is stated in the Universal Declaration of Human Rights, and succeeding UN conferences have emphasised its importance for gender equality, economic progress, and individual development. This essay chronicles the development of international commitments to education, starting with the World Conference on Education for All in 1990, and emphasises the UN's emphasis on gender equality and universal primary education. Education has a significant impact on demographic behaviours, as has been known for a long time. The demographic transition from high to low fertility rates is correlated with the attainment of "mass education," when a sizable majority of youngsters attend school. Nowadays, differences in fertility and death rates across countries are directly correlated with education levels. The complicated connections between education and important demographic factors, including as reproductive entrance, fertility, family planning, mortality, health, and migration are updated in this study, with a focus on global migration patterns. A critical evaluation of the Education for All goals' progress is also conducted. The research emphasises the shifting weight given to education in the development process by examining the historical background. While major expenditures in education were made in the decades after World War II, economic difficulties and structural changes in the 1980s caused budget cuts in many emerging nations. The global development agenda, however, has steadily changed as the importance of education in promoting human capital, eradicating poverty, maintaining the environment, and promoting holistic development has come to light.

KEYWORDS:

Development, Economic, Education, Growth, Human.

INTRODUCTION

As the United Nations and several international conferences and summits have acknowledged, education is a crucial pillar of human growth and social advancement. The right to education is emphasised in the Universal Declaration of Human Rights, which also emphasises the importance of education for gender equality, individual growth, and general social and demographic progress. The goal of Education for All, as set out at the World Conference on Education for All in 1990 in Jomtien, Thailand, has been an international endeavour with broad ramifications. Population research has long recognised that education has a significant influence on demographic behaviours such as fertility rates, mortality, and migration. The distribution of education throughout a society's population is directly related to the change from high to low fertility rates. Historical and current trends show that achieving "mass education," when the majority of kids are in school, often results in a drop in high fertility rates.

Furthermore, disparities in fertility and death rates across countries have a complex relationship with education levels. The intricate interactions between demographic and educational factors highlight how important it is to comprehend these connections and what they mean for sustainable development. The complicated relationships between education and different aspects of population dynamics, including as reproduction, mortality, migration, and economic development, have been thoroughly reviewed in this work. It has also cast light on how education's role in development is changing, highlighting the change from an industrialization-only approach to one that takes human capital, health, poverty alleviation, and environmental sustainability into account.

Many emerging countries have achieved tremendous progress in extending educational options, raising enrolment rates, and lowering class sizes despite the limitations imposed by fast population expansion. The link between population size and educational quality is still complicated, with bigger school-aged populations often resulting in lower expenditure per pupil. It becomes clear that education will continue to be of utmost importance in determining the course of global development if we take into account future trends in global population and the age distribution of children. The number of people of school age has expanded quickly, especially in less developed areas, demanding more investment in educational resources. The E-9 Initiative, which was started by populous developing countries, emphasises the value of education as a basic human right and a strategy of controlling population increase [1], [2].

Education has been acknowledged as one of the fundamental pillars of human development and society advancement since the United Nations was founded. The Universal Declaration of Human Rights declares that everyone has the right to an education, and key UN conferences and summits have made clear their support for education's critical role in fostering population growth and individual development. At the 1990 World Conference on Education for All, held in Jomtien, Thailand, objectives and plans for achieving Education for All were laid forth. The international community of nations recently, at the World Education Forum, the Millennium Summit in 2000, and the special session of the General Assembly on children in 2002, explicitly recognised the importance of education, especially primary schooling, for achieving social and demographic progress, sustained economic development, and gender equality. The United Nations Millennium Declaration lists eradicating gender disparities in education as one of its main goals, as well as achieving universal primary education.

A number of international population conferences have also emphasised the value of education. In addition to endorsing the Jomtien EFA goal of eliminating illiteracy and calling for universal access to primary education before 2015 and the elimination of the gender gap in primary and secondary education by 2005, the Programme of Action of the International Conference on Population and Development 3 adopted quantitative goals related to education. An intermediate goal of achieving by 2010 a net primary school enrolment ratio for children of both sexes of at least 90% was further specified in 1999 in the Key Actions for the Further Implementation of the International Conference on Population and Development 4. It was also noted that there was a particular need to increase the retention rate of girls in primary and secondary schools.

Education is closely correlated with a wide variety of demographic behaviours, it has long been known in the area of population research. It has been shown that the long-term demographic shift from high to low levels of fertility depends critically on the distribution of education across a population. A nation would no longer experience high levels of fertility after it had attained "mass education," or when the vast majority of children were enrolled in

school, according to Caldwell in particular. This has typically been confirmed by more recent patterns[3], [4].

DISCUSSION

Education levels are now closely tied to differences in fertility and death rates across nations. Generally speaking, such cross-national relationships may show the impacts of education on demography, the effects of demographic variables on education, as well as the combined effects of other factors that may independently affect both education and demographic variables. It's true that a sizable amount of study has been devoted to examining each of these crucial links, and it is well acknowledged that demographic characteristics have an impact on schooling as well as are eventually affected by it.

The current paper offers a review and update of the relationships between education and the major facets of the population, paying particular attention to the following: entrance into the reproductive life; fertility; desired family size and family planning; mortality and health; and migration, with an emphasis on international migration. Progress towards achieving Education for All objectives is also evaluated.

Development, Education, and Population Trends

Although the connections between population, education, and development have long been understood, the importance given to these connections has fluctuated. Many governments gave education a high emphasis in the decades that followed the Second World War, and educational institutions grew quickly. But by the 1980s, weakening economies, debt servicing obligations, and structural adjustment programmes had forced several nations to cut down on public services, including education. Budgets for education often suffered the most in developing nations, and enrollment rates sometimes fell, particularly in sub-Saharan Africa. At the same time, the understanding of the development process was evolving in ways that gave education a bigger role. In the decades immediately after the Second World War, professional economists interested in development mostly concentrated on production growth as a measure of advancement, and in particular on industrialization and trade difficulties as growth-determining factors. A high degree of economic development could not be attained with a population that was mostly illiterate, but formal economic models often paid little attention to "human capital" as a factor in economic growth. Gradually, however, this began to change. A rising number of economists discovered proof that human capital, especially education and health, offered significant economic advantages for society at large. Beyond this, the idea of development as a whole changed, moving from a focused perspective to one that took into account the wider connections between socio-economic development, poverty, and the environment. There was also a deeper understanding of how education, beyond its purely economic benefits, promoted advancements towards other objectives including improved health and longer lives, personal development, involvement in civic society, and access to a broader variety of possibilities.

Research on the economic rates of return to education often aims to assess either the private rewards that accrue to individuals or the social returns that benefit the whole community. Research has shown that education increases family earnings for individuals in a range of circumstances, however the magnitude of the increase varies by time and location. Psacharopoulos and Patrinos examined multiple research from nations with various degrees of development and found an average private return to primary school of 27%. The economic return on investment from female education is diminished if traditional practises or other factors restrict women's access to the labour market or the sorts of jobs they may participate

in. However, overall, women outperform males in terms of the value of their educational investments[5], [6].

Recent research have generally verified the considerable positive relationship between education, productivity, and economic development in terms of social returns. Other studies have examined positive spillover effects that go beyond education's influence on the expansion of the gross domestic product benefits that are often ignored. Higher levels of worker knowledge make it easier to find, adapt, and apply more efficient production techniques. It has been established that increased individual worker productivity increases coworker productivity. Mingat and Tan came to the conclusion that levels of development as well as education level affected rates of return. basic education was the best investment for low-income nations, but secondary education spending, which was boosted in middle-income nations where basic education is already more widely accessible, produced the largest social benefits. The highest gains came from higher education among high-income nations. This shows that basic education should be given top priority in low-income areas when allocating resources. According to the World Bank, several nations have misallocated funding amongst education subsectors, with a disproportionate amount of funds flowing to secondary and higher education.

Other research have looked at the contribution elementary education makes to lowering economic disparity and poverty. This research came to the resounding conclusion that elementary education is an effective strategy for decreasing poverty and inequality, with notable advantages for the most disadvantaged groups in society. Investments in education and training have been shown to provide a variety of additional advantages. For instance, studies have shown that primary education helps with better natural resource management, faster technology adaption, and creativity. They have also shown that education is associated with increased information dispersion, which is essential for increasing productivity.

What effect does family size have on how much schooling kids get? When impacts were statistically significant, children from big families often had poorer educational involvement and achievement, according to studies of the association. Studies of the relationship have frequently reported effects that were not statistically significant. The findings imply that this association is modest in contrast to the relationship between level of education and other variables that independently influence children's educational outcomes, such as home poverty. The degree of development, stage of the demographic transition, amount of government social expenditures, and investment in children have all been proven to affect the link between family size and investment in children.

In light of the fast population expansion, how have emerging nations fared in delivering education? Despite population constraints, school enrollment surged at an unprecedented rate, enrolment ratios increased, and class sizes generally decreased between 1960 and 1980 in many developing nations. When per capita income was taken into account, Schultz discovered that enrollment percentages in nations with a large proportion of the population in school-age were not lower. Less obvious are the impacts of the school-age population's fast rise on educational quality. The cross-national research indicates that school spending typically does not rise in response to an increase in the size of the school-aged cohort; in other words, spending per school-age kid tends to be lower when the "demo- graphic burden" is higher. According to Schultz's research, teacher wages and public spending per kid were much lower in areas with a big population of people of school age. There was also a trend for teacher-to-student ratios to be a little lower. According to Mingat and Tan's research, which was based on data from the years 1975 to 1993, wealthier nations invested more in education per school-age kid, and their advantage was mostly due to their lower population density,

which ranged from 17 to 32 percent. The baby boom in the United States of America in the 1950s and 1960s is one example of a shorter-term spike in child cohort size that led to severe school overcrowding and teacher shortages.

Trends in the Total Population and Children's Age

The expansion of educational opportunities has corresponded with a remarkable rise in population. There had been no century with cultural influences. Unwanted pregnancies have been proven to lower educational achievement in certain nations and to be a key factor in females' school dropout rates, which contributed to the twentieth century's fast population expansion. The global population increased from an estimated 1.6 billion people in 1900 to 6.1 billion people by the end of the century, with most of the growth taking place after 1950. Dramatic decreases in mortality, particularly in less developed areas, drove this fast development. The rate of population growth accelerated because the reduction in mortality started in most areas before the drop in fertility started. Since 1950, the world's population has increased by about two times, reaching a high growth rate of 2.04% per year between 1965 and 1970 and a record yearly increment of 86 million people between 1985 and 1990.

The number of school-age people has been expanding quickly, following the same pattern as the general population. Although educational systems differ, in general, primary school students should be between the ages of 6 and 11, secondary school students between the ages of 12 and 17, and university students between the ages of 18 and 23. With 2 billion people of school age, the population in 2000 was 2.3 times larger than it was in 1950. The school-age population rose even more quickly than the general population between 1950 and 1975, and their proportion to the overall population went from 35% in 1950 to 38% in 1975 before falling to 34% in 2000. According to the United Nations' medium-variant population estimates, between 2000 and 2050, the number of children in school is expected to grow more slowly, reaching 2.3 billion in 2050. However, either the high- or low-variant projections' trends for fertility might be plausible. By 2050, the number of people in school age would be 3.1 billion in the first scenario and 1.6 billion in the second.

The world's school-age population will expand by around 1% annually in the less developed areas between 2000 and 2005, which will account for the whole of the increase. The number of people in school age is declining by roughly 1% annually in the more developed areas. At the moment, Africa and the least developed nations are seeing the fastest rates of development. Due to the main development areas' divergent growth patterns and varying demographic transitional periods, there have been substantial changes in the school-age population's geographic distribution. In the less developed areas, 72% of people of school age resided in 1950. This percentage increased to 86% by 2000, and it will reach 90% by 2050. Africa and Asia are home to the vast majority of people in the globe who are of school age, and their proportions are rising[7], [8].

Nine of the world's most populous developing nations launched the E-9 Initiative in 1993 to achieve the Education for All objectives, both as a matter of basic human rights and as a method to slow population increase (E-9 Initiative, 1993). The populations of children in school age are among the highest in Bangladesh, Brazil, China, Egypt, India, Indonesia, Mexico, Nigeria, and Pakistan. Between 30 and 43% of their respective populations are school-age, respectively. Reaching EFA objectives will be challenging for several of these nations. Between 2000 and 2050, it is anticipated that the populations of Nigeria and Pakistan would grow by a factor of two thirds. Demography will have a smaller role in other nations where fertility has already declined to moderate or low levels. For instance, it is predicted

that during the next 50 years, the number of children in school-age would decrease by 23% in China and by 10% in Mexico.

Since 1950, the rise in the number of school-age children has been significantly influenced by both declining mortality and rising fertility. Since 1950, there has been a significant improvement in the likelihood of surviving from infancy to maturity. Because more people are surviving, there are more people of school age, which increases the need for resources in the education sector, especially in less developed areas. Additionally, fewer early deaths imply that less of society's investment in children's education is lost. More kids who start school are living long enough to become educated adults, parents, and ultimately seniors.

Although there is a considerable danger of death even at this stage of life in high-mortality environments, mortality throughout the school-aged years is often lower than at other ages. For instance, based on the mortality rates of the less developed areas in 1950–1955, it was anticipated that 8% of children who had lived to the early stages of schooling would pass away before they reached young adulthood, and that 11% of children in the least developed nations would not live that long. These hazards have decreased to 2% and 5%, respectively, between 2000 and 2005.

Given that the advantages of education are generally long-term and accrue over adult life, high rates of adult mortality will likely to reduce the returns on that investment if education is seen as an investment. According to the death rates seen in the less developed areas between 1950 and 1955, only approximately half of individuals who had reached early adulthood could be expected to live to the late working years. About three quarters of those in the more developed areas made it. The rate of survival between those ages has increased by 2000–2005, reaching 85% in more developed areas and 77% in less developed regions, but only approximately 60% in the least developed nations.

Therefore, even based on current mortality rates, there remains a significant chance of dying during the prime working years, particularly in the least developed nations. In the least developed nations, survival in 2000–2005 was no better—and in some cases, it was worse—than it had been 25 years earlier. Human immunodeficiency virus/acquired immunodeficiency syndrome, which has significantly raised adult mortality rates in the nations most affected by the disease, is principally to blame for the lack of recent development in the group of least developed countries. In several of the more developed nations, decreases in working-age mortality have either paused or reversed course, particularly for males in some Eastern European nations.

While it is predicted that decreasing mortality would improve the economic benefits of education, the opposite is also true, and in the nations most affected by HIV/AIDS, it is likely that lifetime benefits of education have significantly decreased. For instance, according to estimates by Jamison and colleagues, without the increased mortality risk brought on by HIV/AIDS, the estimated lifetime earnings for a male in Botswana with 12 years of schooling would be around two thirds greater. Although reductions in mortality are anticipated to happen across the board, recent events, particularly in Africa, show that such progress cannot be taken for granted[9], [10].

Studies on the financial benefits of education show that it may improve community and individual well-being. Education promotes productivity, creativity, and a fair distribution of wealth in addition to raising family income. Additionally, spending on primary education has been shown to be useful in decreasing inequality and poverty, especially for marginalised populations. Evidence suggests that bigger families often correspond with poorer educational achievement. The difficulties that family size poses in regard to children's access to education

have been addressed. However, compared to other significant variables including household poverty, developmental stage, government social spending, and total investment in children's well-being, the effect of family size on schooling is negligible.

CONCLUSION

The report recognises the significant effects of falling mortality on people of school age in its last paragraph. Although greater economic returns on education are often correlated with lower death rates, this trend has been skewed in certain areas by the presence of illnesses like HIV/AIDS. To maximise the long-term advantages of education, it is essential that measures to alleviate such health problems be combined with educational activities. In essence, education is a powerful weapon for society advancement, demographic change, and human growth. Education is crucial to building a more just, affluent, and sustainable future for everyone as we negotiate the complexity of a changing world. It is a shared obligation that calls for ongoing dedication, ingenuity, and investment from all people, communities, and countries.

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CHAPTER 8

GLOBAL EDUCATIONAL TRENDS: ENROLLMENT, LITERACY, AND GENDER DISPARITIES

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ABSTRACT:

This extensive research focuses on the years between 1990 and 2000 and explores how enrolment, literacy, and education have changed throughout the globe in schools. In order to provide light on the development and difficulties encountered by the education system throughout this crucial decade, the article studies important metrics such as enrollment ratios, literacy rates. During the 1990s, there was a noticeable increase in elementary and secondary school enrollment, especially in developing countries. Globally, primary school enrollment rose from 597 million to 683 million, with emerging nations accounting for more than 90% of this rise. The ratios of gross and net enrolment served as important measures for monitoring progress, and this increase was a step in the right direction towards attaining universal primary education. However, there were clear regional differences in enrollment rates, with Sub-Saharan Africa having the lowest ratios and Latin America and the Caribbean having the highest. Even if it has improved since the 1980s, Sub-Saharan Africa's modest development in primary school enrolment has remained a problem. In order to account for fluctuations in actual attendance and completion, the study emphasises the need of evaluating net enrollment ratios (NER) in addition to gross enrollment ratios (GER). The NER figures for 1999/2000 show regional differences, with some nations obtaining high NERs while others, particularly in Sub-Saharan Africa, failed to offer access to education.

KEYWORDS:

Educational, Gender, Global, Quality, Trends.

INTRODUCTION

Education quality is heavily influenced by repetition rates and school survival rates, with high repeat rates often predicting high dropout rates. Significant numbers of primary school children reported repeating grades in several developing countries, especially in Sub-Saharan Africa. Despite advancements, millions of kids, mostly in underdeveloped nations, didn't attend school in 1999–2000. Taking care of this problem was essential for fulfilling the aims of global education. Between 1970 and 2000, adult illiteracy rates decreased worldwide, although regional variations remained, with high illiteracy rates in the least developed countries. The gender gap in education was a serious issue, and attempts to address it had varying degrees of success. Despite certain areas seeing an increase in female enrolment, significant inequities continued, especially in secondary education. In many nations, it was still difficult to reach the target of gender parity in primary and secondary education by 2005. Numerous variables, such as class size, teacher expertise, student access to learning materials, and socioeconomic circumstances, have an impact on educational results and quality. These variables' effects on academic success were highlighted by comparing data from international tests of student accomplishment.

Trends in enrollment, literacy, and education in schools

Enrollment in schools and academic achievement

Enrollments in elementary and secondary schools increased more than 1.5 times as quickly between 1990 and 1999, the nine years that followed the World Conference on Education for All. The number of primary school students worldwide grew from 597 million in 1990 to 683 million in 1999. This expansion only occurred in the developing world. Between 1990 and 1999, there were 103 million more students enrolled in secondary education globally, with developing nations accounting for more than 90% of the growth.

The primary indicators of educational participation are the gross and net enrollment ratios. Enrollment may vary significantly from actual attendance and completion, therefore these figures must be taken into account with other educational metrics. The net enrolment ratio is the proportion of the corresponding population that is represented by the enrollment of the official age group for a specific level of education. The overall enrollment in a given level of education, regardless of age, is referred to as the gross enrolment ratio, which is stated as a percentage of the official school-age population corresponding to that level of education[1], [2].

The school year 1999/2000 is the most recent one for which official administrative statistics on the GER in elementary education are available. Sub-Saharan Africa had the lowest GER, while Latin America and the Caribbean had the highest. Sub-Saharan Africa's rate was comparable to the average for least developed nations. 45 other nations had GERs between 50 and 100, while two had severely low GERs of less than 50. The GER of several nations was more than 100. All emerging areas had a rise in the primary school GER throughout the 1990s. However, the growth was less than in other areas in sub-Saharan Africa, which has the lowest enrollment rates. However, compared to the 1980s, when sub-Saharan Africa as a whole saw a fall in the GER for elementary school, this was an improvement.

The favoured worldwide measure for tracking the advancement of universal primary education is still the NER, however it is not the only one. For 1999/2000, NER data were available for 114 different nations. In accordance with the statistics, two nations had NERs below 30, 15 countries—mostly in sub-Saharan Africa—had NERs between 30 and 60, 30 countries—mostly in Europe—had NERs between 60 and 90, and 67 countries—mostly in Asia—had NERs over 90. At 96, the NER for Latin America and the Caribbean was on par with that of industrialised nations. Contrarily, Sub-Saharan Africa had the lowest NER of all the areas, with an estimated 57% of primary-school-age children enrolled for the academic year starting in 1999.

Nearly two fifths of all countries having data on the NER in secondary school had a ratio of 80 or above in 1999, yet the majority of those nations were in the more developed areas. Less than 10% of the nations in the less developed areas had accomplished it.

By combining the gross and net enrollment ratios and the difference between them, one may gain a better understanding of the level of educational involvement. The NER assesses the extent to which nations have created a regular primary education cycle for children attending officially recognised primary schools. The provision of education to underage and overage children is measured differently by the NER and GER. Evidence suggests that in two major areas, sub-Saharan Africa and Latin America and the Caribbean, the GER is much greater than the NER. This indicates that early and/or late student entry as well as high school grade repetition may be common in these areas. Nearly all of these nations have both a sizable

percentage of students who are above the legal age limit and a sizable percentage of repeaters.

Since students who complete grade 5 are less likely to return to illiteracy after finishing school, the "survival rate" to grade 5 the proportion of those enrolled in primary school who finally reach grade 5 is sometimes used as a proxy for primary completion[3], [4]. Only a small number of nations having data available for both the 1998–1999 and 1999–2000 school years may have school survival rates estimated. 4 out of 5 students were kept by around half of the nations through grade 5, however some lost half or more of their enrollment.

DISCUSSION

Repetition is seen as a crucial component of both educational quality and the internal effectiveness of the educational system, along with school survival. Furthermore, high dropout rates are often predicted by high repeat rates. In many developing nations, repeaters make up a significant portion of the population. In more than half of the sub-Saharan African nations, more than 10% of students must repeat a primary school grade. An estimated 115 million children in the primary school age range were not enrolled in school in 1999/2000. There were 65 million females and 50 million boys among them. The majority of uninstructed youngsters worldwide reside in developing nations. The largest populations of out-of-school children are found in Sub-Saharan Africa and South and West Asia. Just over one third of the world's population is distributed across each of these areas. In 2000, it was projected that 57% of adults had finished elementary education; in more developed nations, the percentage was 85%, while in less developed nations, it was 43%. At the global level, the estimated average number of years of education gained by the adult population rose from 5.2 in 1970 to 6.7 in 2000. The achievement gap between more and less developed nations had somewhat decreased, but it was still significant, standing at 4.6 years in 2000. In 2000, sub-Saharan Africa had the lowest average attainment, at 3.5 years.

Illiteracy

Global adult illiteracy rates are predicted to have decreased from 37% to 20% between 1970 and 2000, mostly as a result of rising primary school enrollment. Adult illiteracy is expected to reach 15% by 2015, a further decline. Despite the fact that there has been a lot of development overall. Illiteracy is still widespread in many developing nations. Nearly half of people in the least developed nations and nearly a quarter of those in developing areas were illiterate in 2000. In South and West Asia, the level was 45%, and in sub-Saharan Africa, the Arab States, and North Africa, it was 40%, while in Eastern Asia and Oceania, Latin America, and the Caribbean, it was just 15%.

Despite the global increases in literacy rates, the effect of population expansion means that the number of adult illiterates is still relatively large and almost constant. Around 879 million individuals worldwide were believed to be illiterate in 1990; by 2000, that figure is thought to have significantly decreased to 862 million. Sub-Saharan Africa, the Arab States and North Africa, as well as South and West Asia, were among the emerging areas where the number of adult illiterates rose between 1990 and 2000. By 2000, these regions were home to nearly 70% of the world's adult illiterate population. By 2015, these areas will be home to 80% of the world's illiterate people without significant improvements.

There is significant societal pressure for everyone to pick up reading and writing in a country where literacy rates are high. In a culture where illiteracy is prevalent, there is likely to be less pressure on people who are illiterate to become educated. 28 of the nations for which statistics are available in 1990 had literacy rates below 50%. Twenty-one nations were still

under the 50% mark in 2000. Unless significant efforts are undertaken to universalize basic education among children and adolescents and to extend literacy among adults, it is predicted that six nations from these areas may still have below-average literacy rates by 2015. All of the nations in East Asia and the Pacific, as well as those in Latin America and the Caribbean, with the exception of Haiti, are predicted to improve by 40–50% by 2015; another 26 nations are predicted to improve by 30–40%; and the remaining 30 developing nations, many of which are among those with the lowest levels of literacy, are predicted to improve by less than 30% [5], [6].

The rate of youth illiteracy, which relates to the age range of 15 to 24, is a result of more recent basic education practises. Youth illiteracy rates worldwide decreased, according to estimates from UNESCO, from 26% in 1970 to 16% in 1990 and 13% in 2000. By 2015, if this pattern holds, the rate is probably going to drop to 9%. The number of young people who are illiterate worldwide has fallen in absolute terms from an estimated 157 million in 1990 to around 141 million in 2000, and is expected to drop to 113 million in 2015. The young illiteracy rate in emerging areas as a whole is anticipated to have declined from 19 to 16 percent between 1990 and 2000, and if present trends continue, it will drop to 11 percent by 2015. In the least developed nations, where the young illiteracy rate is predicted to have declined from 44% to 35% during the 1990s and is forecast to reduce to 23% by 2015, progress has also been achieved. The current estimates of young illiteracy in emerging areas vary from approximately 3% in Eastern Asia and Oceania to 30% in South and West Asia.

Gender Differences

An early measure of the success or failure of attempts to close the gender gap in education is the gender balance of students entering elementary school. In the world, females make up 49% of those who are entering school. The actual percentage of females among new recruits in the 1990s, however, was roughly 46%. In South and West Asia, 44% of new immigrants are female, compared to 49% in Latin America and the Caribbean. In several of the nations with the largest gaps, gender inequalities decreased between 1990–1991 and 1999–2000, showing that the 1990s' efforts to advance gender equality were bearing fruit.

The ratio of girls' enrollment to boys' enrollment is known as the gender parity index. According to gross enrollment ratios, females enrol at greater rates than boys do in secondary and primary schools in the more industrialised nations, when the GPI is close to or slightly over one. At both the basic and secondary levels of education, there is still a significant gender disparity in enrollment favouring boys in the majority of developing nations. In the developing nations, the GPI grew for enrollments of children in primary school from 1990 to 1999 from 0.87 to 0.92 and from 0.75 to 0.89 for enrollments in secondary school. In many developing nations, particularly Southern Asia, the Arab States and North Africa, and sub-Saharan Africa, the percentage of females enrolled in elementary and secondary education is still noticeably lower than that of boys. In these areas, the primary school GPI in 1999 was still between 0.84 and 0.89. On the other hand, although this gap is presently reducing and is non-existent in certain nations, it is much lower in Latin America and the Caribbean, Eastern Asia, and Oceania for enrollment of children in elementary education. There are significant differences across nations in the level of gender gap in enrollment rates, particularly within Africa and Asia. Despite the fact that differences to the detriment of females are more frequent and generally considerably bigger, there are several nations in the latter areas where enrollment ratios for girls are higher than those for boys.

For secondary school enrollments compared to primary school enrollments, the GPI's range of values is larger. The majority of the time, females register in secondary schools at a higher

rate than boys do in the more industrialised nations, as well as in Latin America and the Caribbean. At both the basic and secondary levels, females enrol at much lower rates than boys in the majority of African and Asian nations.

When only children of ordinary school age are considered using net enrolment as opposed to gross enrolment, gender enrollment disparities are often less pronounced. It seems that even if there are more guys enrolled overall, there are also more overage students among them. Boys repeat grades more often than females in the majority of the world's nations. The goal of achieving gender parity in primary and secondary education by 2005 appears unlikely to be achieved in countries with high disparities in favour of boys, and even less likely in countries with a GPI below 0.60. For secondary education, countries with moderate gender disparities in favour of males have a reasonable chance of achieving parity by the goal date of 2005. Similar to how it is with basic education, the majority of these nations are from Central and West Africa and are categorised as least developed nations. To address the issue, it will be necessary to use forceful and creative strategies that integrate the economic, social, and cultural aspects of gender inequality[7], [8].

In general, gender differences in educational attainment are greater among adults than among school-age children. However, there is a global trend away from larger gender disparities in literacy. The gender gap in illiteracy for all developing areas decreased from 18 percentage points in 1990 to 15 in 2000, and it is anticipated to reach 10 in 2015. However, women continue to be disproportionately underrepresented in terms of literacy in all other emerging areas, with the exception of Latin America and the Caribbean, where the gap has practically bridged. In Eastern Asia and Oceania, the difference exceeds 10%, in sub-Saharan Africa, it exceeds 15%, and in South and West Asia, the Arab States, and North Africa, it exceeds 20%.

Sub-Saharan Africa, the Arab States, North Africa, South and West Asia all have significant gender inequalities for young adults, with gender differences in youth illiteracy of 10, 15, and 16 percentage points, respectively, in the year 2000. While there was a minor advantage for young women in Latin America and the Caribbean, the gender difference in youth illiteracy that year was predicted to be just 2 percentage points in Eastern Asia and Oceania.

Educational Level

An excellent education is required, and this is included in many EFA objectives. A framework that considered the inputs, procedures, and results of the educational system would be most suitable. Numerous EFA indicators now in use cover educational system inputs, at least in terms of student numbers. Books, school buildings, and other amenities may be additional inputs that call for measurement. Process indicators track how inputs are transformed into outputs. The pupil-to-teacher ratio is the most often used process indicator in education. This is often regarded as a measure of class size. It is likely preferable to see the pupil-to-teacher ratio as a larger representation of the human resources that are invested into the educational system since many nations include in their count those employees who have no or limited classroom obligations. Repetition rates and school survival rates, which were already discussed, are additional variables for which statistics are accessible.

International exams of student accomplishment are becoming increasingly prevalent in practically all parts of the globe as outcome indicators. They can provide reliable comparative data for a whole area, but access to this data is often restricted and there may be resistance to allowing for such comparisons. These tests are costly and are probably only conducted in the bigger, wealthier developing nations. Results from the research that are currently available show: Multigrade classrooms had a positive effect on test results in certain contexts, but not

all of them, whereas shift-based schools had a negative effect. Higher accomplishment scores are correlated with more textbook access, while lower achievement scores are correlated with less access to learning resources.

Experience in education counts. The largest cities or other densely populated places tend to have the most experienced instructors, whereas rural or isolated locations tend to have the least experienced teachers. The effectiveness of extra teaching outside of class is improved. In terms of accomplishment, pupil attributes also have a significant effect. For instance: Students from socioeconomic circumstances that are somewhat wealthy are more likely to have acquired a minimal level of reading proficiency. While a student's gender has minimal bearing on their test results, their place of residence urban or rural does, with the latter having a negative effect. Schools often have students whose mother languages are different. Students who are proficient in the language of the exam do higher.

Learning And Beginning of Reproductive Life

Beginning of marriage, beginning of sexual encounters, and first childbirth are all impacted by socioeconomic and cultural conventions. The opportunity cost of early marriage or pregnancy might be high in situations where education is a requirement for landing attractive employment and attaining social mobility. However, education also provides young people a degree of independence that may lead to an early commencement of sexual encounters and childbirth, even as education discourages young men and women from getting married before they are ready. Young women and men are more likely to be married at very young ages in countries where there are little incentives for further education and few alternatives to marriage.

An overview of the impact of education on marriage and cohabitation, sexual initiation, and usage of contraceptives is provided by recent survey data and other studies. Data from Demographic and Health Surveys for 28 sub-Saharan African countries, 12 Asian countries, and 13 Latin American and Caribbean countries reveal that women with no education are more likely than their educated counterparts to get married young, start having children young, and give birth to their first child at a young age. The percentage of people going through various life events often decrease as one's degree of education rises. There are notable exceptions: in a number of nations, persons with elementary education have larger shares of certain indicators than those without. The percentage of women who marry or give birth before the age of 20 is, however, consistently and significantly lower for those with just a secondary education. For instance, by the age of 20, 75% of uneducated women in Africa had wed, 83% had initiated sex, and 61% had given birth. In contrast, among women with a secondary or higher education, only 30% had wed, 64% had initiated sex, and 27% had given birth. In Asia, Latin America, and the Caribbean, there are large educational disparities as well. Although women with secondary or higher education are less likely to get married or have children young, most of them begin having sex before the age of 20 in most nations.

Marriage and first births are more likely to be delayed by education than the start of sexual activity. The findings described here for that issue mostly apply to Africa, Latin America, and the Caribbean since information concerning the beginning of sexual activity was not ascertained in most Asian nations. In Africa, the differences between women with no education and those with secondary or higher education are, on average, 45 percent in favour of marriage by age 20, 19 percent in favour of initiating sexual relations, and 34 percent in favour of having given birth by age 20. In most nations, the proportion of males marrying by age 20 declines as education level improves, just as it does for women. In Africa, 21% of illiterate males and 9% of educated men were married by the age of 20. 15% of educated

males and 27% of illiterate men in Latin America and the Caribbean were married by the age of 20. There are some exceptions to the overall trend; in Ghana, for instance, males with secondary or higher education are more likely to get married by the age of 20 than men with no education[9], [10].

Greater educational attainment tends to prevent women from engaging in early sexual engagement, while it appears to have the reverse impact on males. In Africa, 64% of illiterate males and 73% of men with just a secondary education engaged in sexual activity before the age of 20. In Latin America and the Caribbean, 85% of males with a secondary education had begun sexual engagement by that age, compared to 75% of men without a secondary education. Most women who start having relationships before the age of 20 do it before the age of 18. In Africa, the average percentage of women between the ages of 20 and 24 who did not have any formal education was 68%, compared to 39% of those with a secondary or higher level of education. The similar pattern can be seen in Latin America and the Caribbean, where women aged 20 to 24 with no formal education make up 58% of the population, compared to 24% of those with a secondary or higher education.

In sophisticated nations, similar sexual starting trends have been noted. Recent studies in France, Romania, the United Kingdom of Great Britain and Northern Ireland, and the United States of America reveal that women with higher levels of education started having sex later in life. Although schooling tended to exert a bigger limitation on women's early sexual behaviour than on men's, this was also true for young males in certain nations.

In the more industrialised nations, higher educational attainment is likewise correlated with later age at first birth. Women aged 20 to 24 who had dropped out of school with no credentials were about 20 times more likely to have given birth by the age of 20 than women who had earned an advanced-level certificate or above in the United Kingdom. Women in Japan who attended junior colleges gave birth 15 months after those who attended high schools, while those who attended universities gave birth two years after those who attended junior colleges. The commencement of sexual activity may have an impact on a teen's health since they often avoid seeking prenatal care due to a variety of concerns, including their parents' reactions, their ignorance about their pregnancy or the availability of prenatal care, or their fear of being suspended from school. In most nations, women and men without formal education are more likely than their educated counterparts to start having sex before the age of 20 and before marriage. In the vast majority of nations, educated women and men engage in premarital sex more often than their counterparts without education do. The majority of exceptions are found in Latin America and the Caribbean, where women without any formal education are more likely than women with formal education to initiate premarital sexual activity. First births before the age of 20 are more common than births before marriage in all education categories in Africa, Asia, Latin America, and the Caribbean.

In Latin America and the Caribbean as well as sub-Saharan Africa, the usage of contraception among sexually active young people rises with education. For instance, in Africa, 27% of teenage married women with a secondary or higher education use contraception, compared to 7% of adolescent married women without any education. The equivalent percentages are 17% and 45% for Latin America and the Caribbean, respectively. Sexually active single women are more likely to utilise contraception than married women at every level of education. Regardless of their marital status, women with less education are more likely to utilise conventional methods of contraception. In a similar vein, educated men employ current ways more often than unmarried men regardless of marital status.

By educational level, there are also differences in the usage of contraception in industrialised nations. The proportion of young people in the US who did not use contraception during their first sexual encounter was greater among those who had not finished high school than among those who had. In the UK, there was also a significant difference between men and women with no formal education and those with higher degrees in terms of their usage of contraception during their first semester. While contemporary methods of contraception predominate in industrialised nations, the kind of technique utilised for the first sexual encounter differs by educational level. For instance, in France, students attending vocational schools were less likely to use condoms than academic school students and were more likely to take the pill.

Early marriage decreased across all educational categories in the majority of African countries during the 1990s, but it increased in Latin America and the Caribbean among women in every educational tier, according to a comparison of the average proportions of women aged 20 to 24 who got married by age 20 over time. Women with no formal education had the biggest gains in Bolivia and Brazil, women with just a basic education in Colombia and Peru, women with secondary or higher education in Brazil, Ghana, and Zimbabwe. Particularly in Latin America and the Caribbean, the rise in the percentage of people who have been married by the time they are 20 seems to be related to an increase in informal or consensual partnerships.

In Africa, the proportion of women at all educational levels who have early onset before age 20 has not changed much over time, according to a comparable analysis of changes in sexual activity. It has grown across all educational levels and age groups in Latin America and the Caribbean. Each culture experiences a different pattern of development in the commencement of sexual activity. First pregnancies before the age of 20 tend to follow similar trends to marriage. While the rate of first births has generally grown across all educational levels in Latin America and the Caribbean, it has decreased across all educational levels in sub-Saharan Africa.

CONCLUSION

In conclusion, developments in enrolment, literacy, and education in schools throughout time have shown both advancements and difficulties in the field of global education. These patterns highlight the intricate interaction between variables affecting academic success and access to school, with an emphasis on enrollment, literacy rates, and gender disparities. In conclusion, despite significant advancements in education across the world, issues like gender inequality, illiteracy, and discrepancies in access to high-quality education continue. The pursuit of primary education for all and increased literacy rates must continue, with an emphasis on catering to the unique requirements of various people and geographic areas. Global education objectives must also be advanced through fostering gender equality in education and addressing socioeconomic variables that affect educational attainment.

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CHAPTER 9

EDUCATION'S IMPACT ON POPULATION, DEVELOPMENT, AND QUALITY OF LIFE

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ABSTRACT:

The complex interplay between macro and micro levels of development, population dynamics, and education. It emphasises the crucial role that education plays in influencing people's lives and enhancing the socioeconomic prosperity of communities and countries. The abstract opens by emphasising the role that national population policies, which may be either pro- or anti-natalist, play in raising people's standards of living. Numerous variables, such as those relating to the economy, politics, culture, and environment, have an impact on these policies. Population education is seen as a crucial strategy to address these issues, provide people with the knowledge they need to make educated choices about family planning, and support societal demographic goals. The abstract also explores the universal right to education, seeing it as a basic human right listed in the Universal Declaration of Human Rights. It emphasises the crucial role that education plays in accomplishing many international development objectives, such as gender equality, sustainable development, and social advancement. The abstract also explores the relationship between education and mortality, demonstrating how educated people and their families often live longer and in better health. It discusses how education may help with problems like HIV prevention and maternal mortality. Additionally, it emphasises the connection between education and fertility rates, highlighting how, particularly in developing countries, greater education levels are often associated with lower fertility rates. The issues brought on by the rising number of school-age children in less developed areas are also covered in the abstract. It underscores the necessity of ensuring everyone has access to basic education, especially for girls and women, and it emphasises the steps taken to lessen gender gaps in educational outcomes.

KEYWORDS:

Education, Family, Growth, Health, Quality.

INTRODUCTION

Every family, town, and country aspire to a higher quality of life by either growing or contracting its population by deliberate choices and actions that have an impact on both micro and macro levels of development. These choices are made at the national level in response to population-related challenges and difficulties. National population policy, which may be pro- or anti-natalist, is concerned with improving the quality of life for all citizens. Based on several factors, including economic, political, social, cultural, environmental, and others, these policies and initiatives differ from one country to the next. In addition, population education influences people's knowledge, attitudes, practices, and behaviours towards such problems and challenges, providing a back door way to achieve national demographic objectives. To help you be prepared for the discussions in the other sections of this course, we have emphasized many elements of population education, including its idea, necessity, relevance, scope, and development.

Family planning and sex education are only two examples of population education. It covers a wide variety of subjects relating to demographics, population dynamics, and how they affect many facets of life. It strives to provide people with the information, attitudes, and abilities they need to make wise choices about their own lives and to contribute to the general effort of population growth management. The aims of population education are broad and have high aspirations. It aims to spread awareness of the issues raised by fast population growth, increase knowledge of demographic theories and processes, and improve comprehension of the complex interrelationship between population growth and development. It also discusses the effects of population growth on the environment and informs people on population control science developments. Additionally, population education supports principles like gender equality, good parenting, and collaboration across families and communities. It emphasizes the need of making educated decisions about population increase and family size. Additionally, it gives people the skills necessary to evaluate critically the effects of demographic changes at different scales, from the family to the global society [1], [2].

Population education has a flexible scope that changes to suit societal demands and difficulties as they arise. Demography, sociology, geography, economics, psychology, biology, ecology, and medicine are just a few of the many topics it covers. Individuals are guaranteed to obtain a thorough education on population-related problems thanks to this interdisciplinary approach. Population education is crucial, and this cannot be emphasised enough. It is an essential tool for dealing with the negative impacts that population growth has on people, communities, and countries. Population education is essential for attaining sustainable development and raising people's quality of life because it equips people with information and promotes responsible attitudes. It is a strategy for addressing problems caused by unrestrained population increase, such as poverty, environmental degradation, and social instability.

Every society's population increase, social development, and economic expansion depend critically on education, which also affects everyone's social and economic well-being. Another widely acknowledged human right is the right to education. Everyone has the right to education, as stated in the Universal Declaration of Human Rights, which the United Nations General Assembly enacted more than 50 years ago. The basic and primary levels of education must be free. The first grade must be completed. Technical and professional education must be widely accessible, and all people must have equal access to higher education based only on merit.

Major United Nations conferences and summits have frequently recognised the right to education and the value of education for social and personal development. The Millennium Summit's and the 1990s' worldwide United Nations conferences' conclusions amply demonstrate the importance of education. Goals and plans for achieving universal access to a basic education were defined at the World Conference on Education for All in 1990. The international community of nations has explicitly acknowledged that education, especially primary schooling, is crucial for achieving social and demographic progress, sustained economic development, and gender equality since that Conference, the World Education Forum in 2000, the Millennium Summit in 2000, and up until the recent special session of the General Assembly on children in 2002. One of the main goals of the United Nations Millennium Declaration, which the Assembly endorsed in September 2000, is education. Heads of State and Government committed to ensuring that by 2015, "children everywhere, boys and girls alike, will be able to complete a full course of primary schooling and that girls

and boys will have equal access to all levels of education" in Millennium Declaration paragraph 19.

The International Conference on Population and Development's Programme of Action called on governments to guarantee universal access to primary education before 2015 as well as access for girls and women to education beyond the primary level, building on the recommendations of previous United Nations conferences on population. Education is described as a "key factor in sustainable development at the same time as a component of well-being and a factor in the development of well-being through its links with demographic as well as economic and social factors" in paragraph 11.2 of the Programme of Action.

By giving people, particularly women, the chance to realise their potential and actively contribute to their communities, education significantly accelerates the development of the world's poorest nations. Education offers possibilities for self-discovery and personal development in addition to imparting technical knowledge in the areas of reading, writing, mathematics, and sciences. People are better equipped to realise their goals and fulfil their potential as a result of their enhanced knowledge of themselves and their role in the world and in their society. Through education, people may live healthier lifestyles, have the number and spacing of children they want, work in the fields they want to work in, and, in general, better manage their lives. These individual decisions, actions, and advancements have a significant impact on country growth when taken together. No culture can claim to be fully developed without having educated its people[3], [4]. Education has a wide range of social effects. The interrelationships between education and population and their consequences on development are the main topic of this paper. The report's key findings are outlined below in the sections on population, education, and development, expected changes in the school-age population, and the achievement of internationally recognised goals. It also discusses the influence of education on marriage patterns, the onset of sexual activity, fertility, and the use of contraceptives, the relationship between education, health, and mortality, and the role of education in international migration.

DISCUSSION

Demographics, population dynamics, and their extensive effects are all covered in a broad range of subjects under the heading of population education. It aims to provide individuals the information, mindset, and abilities needed to make wise decisions about population increase and family size. The summary outlines the overarching objectives of population education, highlighting its contribution to increasing public awareness of population concerns, improving understanding of demographic theories, and advancing gender equality and good parenting. Demography, sociology, geography, economics, psychology, biology, ecology, and medicine are all included in this multidisciplinary topic, providing a comprehensive grasp of population-related issues. The negative repercussions of unregulated population expansion, such as poverty, environmental degradation, and societal instability, are highlighted, underscoring the crucial role that education plays in reducing these effects.

It is impossible to emphasise how intricately population, education, and development are intertwined. Every family, community, and nation aspire to improve the quality of their lives by conscious decisions and deeds that have an impact on both macro and micro levels of development. These decisions, which are often influenced by national population policy, have significant effects on social advancement. A potent technique for addressing the problems caused by fast population expansion is population education. It gives people the information, attitudes, and abilities they need to choose family planning wisely and comprehend the complex interplay between population dynamics and development. This multidisciplinary

approach ensures a thorough grasp of population-related problems by including numerous areas. Additionally, education is a vital human right and concerns more than just one person's well-being. For society and individual growth, the Universal Declaration of Human Rights upholds the right to education. The crucial role that education plays in accomplishing development objectives, such as gender equality and sustainable development, has long been acknowledged by the international community.

The decrease of poverty, economic expansion, and social fairness are all significantly impacted by education. It gives people the ability to make a good difference in their communities by encouraging healthier lives, prudent family planning, and thoughtful decision-making. Nations that engage in education provide a solid basis for social and demographic advancement as well as a competent labour force. It is clear that demographic results and education are related. Higher levels of education are linked to postponed marriage, lower fertility rates, and greater usage of contraceptives. Education gives people more control over their reproductive health, particularly women, which eventually lowers fertility rates in many nations [5], [6]. The development of economies in both countries and people is significantly influenced by increased education. Evidence also points to the extension of basic education as the optimal investment for low-income nations. Increased investment in secondary education often has a bigger effect on economic development for middle-income nations, as elementary education is typically already widely available.

Poverty is strongly predicted by illiteracy. Numerous studies have shown that basic education helps the lowest segments of society, such as females, rural residents, and minorities, improve their economic and social circumstances. One crucial finding is that increasing educational opportunities is one of the most effective ways to improve these circumstances. Another key finding is that one of the most effective instruments governments have for fostering equality and income development is the increase of educational possibilities. Because women are underrepresented in many forms of work, the direct economic benefits of women's education may be limited in certain contexts. However, studies of the economic benefits of education for individuals show that increasing women's education has benefits that are, on average, even greater than increasing men's education. Increasing the number of people in school-age and achieving the objectives of enrollment and literacy

Countries in the less developed areas have faced an immense problem as a result of the dramatic increase in the number of school-age children. There are roughly 2 billion people in the world who are school-age, which is more than quadruple the number in 1950. Most people of school age (almost 90%) reside in less developed areas. 330 million people in Africa alone are of school age, which is more than four times the number in 1950. The number of people in the globe who are of school age is projected to increase by close to 300 million between 2000 and 2050. The less developed areas are predicted to add more than 350 million people, a 20% increase. Africa, whose population of school-age children is anticipated to double from 330 million in 2000 to 660 million in 2050, will account for almost 90% of this growth. Nigeria alone will see an increase of 34 million people of school age.

Over one fifth, or roughly 60 million fewer people, are predicted to be of school age in the more industrialised areas between 2000 and 2050. The number of people in Europe who are of school age is expected to decrease by 70 million. In contrast, it is anticipated that the populations of school-age people in Australia-New Zealand and North America will both increase by 20% by 2 million in the case of Australia-New Zealand and by 16 million in the case of North America. In 2000, there were an estimated 862 million illiterate adults worldwide. Nearly two thirds of the world's illiterate people reside in four nations:

Bangladesh, China, India, and Pakistan. The Dakar objective, which was set in 2000, calls for a 50% increase in national literacy rates by 2015. Approximately 25 developing nations are expected to achieve this objective if current trends continue. Another 58 nations stand to see a reduction in their illiteracy rate of between 30 and 50 percent. The remaining 30 nations, many of which are among those with the lowest levels of literacy worldwide, aim to decrease illiteracy by less than 30%.

Women make about two thirds of the adult illiterate population. disparities in gender remain significant in many nations, particularly in Asia and Africa. For instance, in 2000, 29% of young women in sub-Saharan Africa and 23% of young males in South and West Asia were illiterate, respectively. In sub-Saharan Africa, the numbers were 39% for young women and 23% for young men. Women's literacy rates have been rising more quickly than men. However, if present trends continue, there will be 507 million more illiterate women in 2015 than there would be illiterate males. In general, the 1990s saw more improvement in increasing access to education than the 1980s. But as of 1999/2000, an estimated 115 million children who should have been in primary school were not. Almost majority of the kids reside in underdeveloped areas. Girls and women have historically gotten less schooling than boys and men do in the majority of the globe. In recent decades, there has been significant progress made in all areas in reducing the gender gap in reading and the enrollment difference between boys and girls. But the disparities continue to be wide in many nations, particularly in Asia and Africa. In contrast, there are now very little gender disparities between primary and secondary enrollment in the more industrialized countries as well as in Latin America and the Caribbean, and those that do exist are often to the benefit of girls.

And 57 nations are unlikely to achieve the objective of universal primary education by 2015 given the present rates of development. Furthermore, 41 of these nations, including several in Central and Eastern Europe, have recently regressed somewhat. Beginning of sexual encounters, marriage, fertility, and family planning. An early age at first marriage is more typical among individuals without education than among their educated contemporaries among both women and men. Higher education levels are associated with older women when they first engage in sexual engagement. But the data supporting males is less certain. Women's education has a significant impact on when they begin having children. In underdeveloped nations, teenagers without any formal education have a birth rate that is three to five times greater than adolescents with a secondary or higher education. Education has a major effect on reproduction, both at the aggregate and individual levels. On a global scale, nations with populations that have higher levels of education have lower overall fertility rates than nations whose populations have lower levels of education. In most contexts, the effect of family size on children's schooling is often shown to be minor in compared to other socioeconomic factors, such as home poverty. But in certain nations, it has been shown that excessive and undesired reproduction lowers children's scholastic achievement, and for teenage females, pregnancy often results in dropping out of school.

As educational attainment rises within nations, fertility declines. In sub-Saharan Africa, Western Asia, and Latin America and the Caribbean, where women with a secondary or higher education ultimately have, on average, roughly 3 children less than women with little education, the highest fertility differentials by education are observed. In affluent nations compared to developing nations, there are substantially fewer differences in fertility rates according to educational attainment. Higher education for the husband is likewise linked, albeit less strongly than for the woman, to lower completed fertility in emerging nations. The gap between the average family size of men with the lowest levels of education and those with the highest levels of education is minimal in industrialized nations.

Depending on the point a culture has reached in the fertility transition, the link between educational attainment and fertility changes throughout time. At the start of the fertility transition, the gap in total fertility between those with the lowest and greatest levels of education tends to grow. The gap becomes smaller as the low-fertility transition continues, as low-fertility norms spread across society, and as family planning options become more widely available[7], [8].

Higher educated women want to have fewer children. In sub-Saharan Africa, where women with little education prefer to have, on average, two more children than women with a secondary or higher education, education disparities in the optimal number of children are at their highest. Across educational levels, women in poor nations often want fewer children than they actually have. Women with no education or just a basic education have a wider discrepancy between desired and actual fertility than do women with a secondary or higher education. This is especially true in Latin America and the Caribbean, where there is a disparity between desired and real fertility rates among women with no formal education that is nearly twice as great as the difference between desired and actual fertility rates among women with formal education.

Contraceptive use among women in developing nations varies noticeably across educational levels, with greater rates among those with higher levels of education than those with less or no formal education. The use of contraceptives is significantly influenced by education, even at the lowest levels. In sub-Saharan Africa, the area with the lowest level of education and the lowest incidence of contraception, differences in contraceptive usage by education are particularly obvious. In Africa, the percentage of women who use contraception is more than three times greater among those with a secondary or higher education than it is among those without. Differences in contraceptive usage are minimal in industrialized nations, where the prevalence of contraception is already high.

Mortality and wellbeing:

The population of school age has grown more quickly as a result of declining mortality. Mortality drop also implies that less of the expensive investment in teaching children is lost to early death, even if this has the short-term impact of necessitating the supply of adequate instructors and schools. The economic benefits of investing in education are increased by lowering mortality since better educated children go on to become productive employees, parents, and ultimately seniors.

Education is among the socioeconomic factors that have been shown to be most consistently and strongly associated with differences in mortality and health. Everywhere the link has been studied, those with higher levels of education and their families seem to maintain healthier lifestyles and live longer. For instance, in many underdeveloped nations, those with higher levels of education are more knowledgeable about HIV prevention. Education differences in adult health and mortality are widely known in more developed areas. Evidence shows that in industrialised nations, mortality gaps related to education are growing as those with higher levels of education gain a relative survival advantage over those with lower levels of education.

Less educated people in poor nations had higher rates of maternal mortality, children with greater under-five mortality, less awareness of critical health treatments, lower immunisation coverage rates, and worse nutritional status, according to research. The degree of education a woman has also makes a significant difference in her ability to get appropriate treatment throughout pregnancy and delivery. In many developing nations with high prevalences of HIV/AIDS, education systems are in danger of extinction. The education systems of these

nations face challenges from high rates of teacher attrition and absence due to illnesses associated with HIV/AIDS. The pandemic places a significant strain on families and kids, often leading to a decline in enrollment and an increase in dropout rates. Teaching and learning are becoming less effective for significant portions of the populations of an increasing number of developing nations as education institutions are damaged by the HIV/AIDS pandemic.

International migration: Countries that use admission and residency criteria for immigration are increasingly taking education into account as a crucial factor. This has historically been the case with traditional immigrant nations. Because of this, these nations draw more educated immigrants than recipient nations in Europe. But from the latter part of the 1990s, Europe and other receiving nations have also passed laws emphasizing the abilities of immigrants. Depending on the location or nation of origin, migrant populations have quite different levels of educational attainment. Some of the factors that affect differences include the distance between the point of origin and the point of destination, the motivations for migration, and the age distribution of various groups of migrants.

Student mobility has increasingly made room for migrant labour or permanent habitation. Those immigrants who received their education in the host nation may have an edge in the job market there. Sometimes, illegal labour migration uses student movement as a conduit. Foreign students, particularly those studying science and technology, are now considered to be part of a skilled migrant labour force as the recruitment of highly talented individuals has become competitive. Students now go abroad more often than in previous years. International students are mostly concentrated in industrialized nations. The top countries for those seeking an education abroad are the United States, the United Kingdom, Germany, and France.

A wide range of nations, many of which have historical, institutional, and geographical ties to the host country, send students abroad to study. The majority of students are drawn to countries in Africa, Asia, and Europe, which serve as regional hubs for higher education. Student migration to Australia and the United States has been characterized by a majority of Asian students. In conclusion, it is plainly obvious that education, in addition to being a crucial element of personal well-being, plays a critical role in national development. Through education, people are given the ability to choose and decide on things like job, where to live, how many children to have, their health and lifestyle, and their own personal growth. All of these personal decisions and actions have significant effects on a population when taken together. According to a recent statement by the Secretary-General, "without the full development of a country's human resources, development will not take root, and economic growth will not be sustained" because "educated individuals are far more able to contribute to the well-being and advancement of their societies and their own."

CONCLUSION

Education is also a significant factor in determining health and death. Higher educated people often live longer and have better lives. Access to necessary healthcare is made possible for people and families, improving overall wellbeing. International migration is significantly influenced by education as well. In order to attract qualified immigrants, countries are increasingly recognising the importance of education in their immigration policy. Students who study abroad add to the world's talent pool and often join the skilled migrant labour force. Fundamentally, education is the cornerstone of growth, promoting personal empowerment and advancing society. It enables individuals to make decisions that result in societies that are healthier, more sustainable, and more egalitarian. As governments value education and make investments in it, they open the door to a better and more prosperous

future for their population and the rest of the globe. Education is the exact cornerstone on which growth rests, not merely a means to it.

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CHAPTER 10

IMPORTANCE AND SCOPE OF ENVIRONMENTAL EDUCATION

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ABSTRACT:

Environmental education is essential for forming students' understanding of the world and encouraging a process of lifelong learning. It gives students the knowledge and resources they need to adopt sustainable behaviours, building the groundwork for a sustainable future. An overview of the main ideas in environmental education, including its scope, significance, principles, aims, and role in tackling pressing environmental issues, are given in this abstract. The word "environment" comes from the French verb "environment," which refers to the environment that includes both people and other living things. Environmental education examines the complex interrelationships between living things, their surroundings, and the different elements that influence life on Earth, such as the weather, food webs, and water cycle. Regarding the underlying science regulating our world and its everyday activities, this understanding is crucial for people of all ages. All environmental studies are based on a full understanding of environmental processes, which enables people to undertake scientific study and provide workable solutions to the world's environmental problems. Analyzing a variety of environmental elements, including as aquatic, terrestrial, and atmospheric systems, as well as their interactions with the biosphere and anthroposphere, is required. At various educational levels, environmental education aims seek to increase understanding, foster knowledge and skills, foster values and viewpoints, and promote responsible behaviour. Understanding biological processes, the interactions of organisms with their environment, adaptability, environmental conservation, pollution avoidance, and social harmony in a varied society are all included in these aims.

KEYWORDS:

Education, Environmental Education, Land, Water.

INTRODUCTION

Through environmental education, students may build a framework for their global knowledge and actively seek out information that will benefit them throughout their life. Learning about the environment gives students the ability to take part in a sustainable future. Environmental education therefore lays the groundwork for a lifetime learning process. You will be able to: Define the terms "environment," "environmental science," and "ecosystem"; Describe the goals of environmental education; Identify the historical development of the branch eco-system; Establish the connection between the eco-system and economic development; and understand the socioeconomic concept of environmental degradation by the end of this unit.

The term "environment" comes from the French verb "environment," which means to surround or enclose. The environment is a complicated system of numerous factors that encompasses both humans and other living things. The links between creatures, the environment, and all the elements that affect life on earth are discussed in environmental education. These elements include atmospheric conditions, food chains, the water cycle, etc. Because it is fundamental science concerning our planet and its everyday operations, it is

significant for everyone. The scopes of the field of environmental education are many and multilayered [1], [2]. Not only for kids, but for everyone, this research is crucial and required. The following is a summary of the scopes:

1. The research raises people's knowledge of the numerous renewable and nonrenewable resources in the area. The research analyses the endowment or potential, patterns of utilization, and the balance of different resources that are available for use in the future in the state of a nation.
2. It disseminates information about ecological systems and causal connections.
3. It offers crucial knowledge on the abundance of biodiversity and possible threats to the many types of plants, animals, and microbes in the ecosystem.
4. The research makes it possible to comprehend the origins, impacts, and mitigation strategies for both naturally occurring and artificially created catastrophes and pollutants.
5. It helps one to weigh several approaches to addressing environmental problems before deciding on a different course of action.
6. The research empowers informed persons to form sensible opinions and take necessary actions to save and better the environment.
7. The study tries to identify and develop appropriate and indigenous eco-friendly skills and technologies to various environmental issues. 7. The study exposes the problems of overpopulation, health, hygiene, etc. and the role of arts, science, and technology in eliminating/minimizing the evils from the society.
8. As resources are passed down from our ancestors to the new generation without lowering their quality, it teaches the population the importance of sustainable resource use.
9. The study facilitates the application of theoretical knowledge and the many applications of the environment.

The foundation of every environmental research is a thorough understanding of all environmental processes. It aspires to provide individuals with the skills necessary to conduct scientific research and identify workable solutions to the world's pressing environmental issues. The capacity to analyse environmental factors, such as aquatic, terrestrial, and atmospheric systems and their interconnections with the biosphere and atmosphere, is acquired by the populace. The population of the world is growing at an alarming pace, particularly in emerging nations. The earth's supply of natural resources is finite. Modern methods and techniques are used to utilise natural resources. The resources are overused and little thought is given to passing them on to future generations. The indiscriminate use of natural resources results in contamination of all stripes. All life on earth, including humans, is negatively impacted by pollution and a deteriorated environment. The populace should collectively accept responsibility for the environment's decline and start taking the necessary steps to protect the planet. To prevent species extinction and the loss of biodiversity, education and training are essential.

The metropolitan area and industry are significant sources of pollution. In order to safeguard the wild life at least in these locations, the number and area of extinct under protected areas should be raised. The research makes it possible for individuals to comprehend the complexity of the environment and the need of modifying acceptable behaviours and pursuing sustainable development that is in harmony with the environment. The subject encourages students to take part in different environmental and management initiatives as well as community service. It is essential that curriculum and educational systems be reoriented to meet these demands. The study of how people interact with the natural

environment is approached from a multidisciplinary perspective in environmental education. Environmental studies is a crucial tool for enacting the knowledge, beliefs, behaviours, and lifestyle changes necessary to attain sustainability and stability both inside and across nations. Every subject that has an impact on an organism is covered in environmental education. In essence, it is a multidisciplinary approach that fosters an understanding of the integrity of our natural environment and human influences on it [3], [4]. It is an applied science since it looks for real-world solutions to make human civilisation sustainable given the limited resources of the planet.

Need For Education in The Environment

The following factors lead to the necessity for environmental protection and the justifications for environmental education:

1. Because the environment is the foundation of all life, it has to be properly managed and cared for.
2. Numerous issues that pose a threat to human survival might develop if the environment is consistently challenged.
3. The environment should be passed on to future generations as a part of our cultural legacy.
4. To avoid the extinction of certain environmental elements like plants and animals, some resources of the environment should be handled on a sustainable basis.
5. In order to encourage healthy living, our surroundings must be made saner and more beautiful.
6. The environment must be protected for its own sake since it is a part of nature.

Why Environmental Education is Important

The following is a succinct statement of the justification for environmental education: The supply of the competence that can use scientific knowledge towards the preservation and solution of environmental issues is one of the key goals of environmental education in India as enshrined in the National Policy on Education. Environmental education must include information on the social, cultural, and political environments as well as the changes that have affected the environment's land, water, weather, and flora. Therefore, in order for the general people to be able to address environmental issues, all of these should be provided. The use of the environment's natural resources is a key component of India's socioeconomic growth. Utilization of land, water, forests, and other mineral resources is the main aspect of the rural economy, with agriculture acting as the engine. The ecosystem is affected by the unchecked and incorrect use of natural resources, which results in a decline in living standards, malnutrition, relocation, and human misery. Therefore, environmental education is required to raise knowledge of the causes and impacts of these issues, specifically: lack of food and water, pollution, disease breakout, and natural disasters including flood, erosion, and desert encroachment. To promote global cooperation and understanding, environmental education is necessary. While developing nations like India completely rely on agriculture, forestry, and mineral resources, developed nations like the United States rely on high technology for the exploitation of natural resources, which leads to intensive and excessive resource use that has detrimental effects on the environment.

DISCUSSION

Both the government and the residents of the area should benefit from public education on how government policies affect the local environment. The average person should be informed of the importance of such global environmental challenges as part of environmental

education. Environmental education for women's and children's general social and economic liberation. These account for a considerable portion of the use of natural resources, particularly in rural areas. Given the absence of it, environmental education is crucial. Around here, environmental education is essentially a new concept. Environmental education is also crucial for our continued existence on the planet. The responsibility to preserve natural resources and cultural legacy extends beyond the current generation.

Principles That Direct Environmental Education

1. Take into account all aspects of the environment, including constructed, natural, and social systems.
2. The continual process of saving lives via environmental education.
3. The approach to environmental education should be multidisciplinary.
4. Examine significant environmental concerns from a local, national, and global perspective.
5. Current and future environmental conditions will be emphasized in environmental education.
6. Encourage local, national, and worldwide collaboration as a necessary component of environmental issue prevention and resolution.
7. Incorporate environmental factors into your development and growth strategy.
8. Strengthen students' ability to decide for themselves about their surroundings and take accountability.
9. Give students the opportunity to study about the signs and possible causes of environmental issues.
10. Help the students' capacity for critical thought and problem-solving growth.
11. Use various learning environments and teaching methods to learn about and teach about the environment, with a focus on first-hand knowledge.

Goals of School Environmental Education

Primary Level Environmental Education Objectives to be aware of and comprehend the real elements of the environment. to be aware of and comprehend how animals communicate with one another, how people engage with their environment, and how different environmental aspects and components interact. Develop your students' knowledge of, sensitivity to, and comprehension of the class's ongoing social and environmental actions. to develop and improve one's ability to reason, inquire, assess, and make judgements about oneself and the world around them. Develop the mindset that knowledge and abilities should be used to address problems and concerns that affect people, society, and the environment. to cultivate values and perspectives on the importance of coexisting peacefully in the setting of a diverse society.

1. There are several life-processes that humans, animals, and plants go through.
2. People, animals, and plants constantly modify their behaviour to fit their surroundings.
3. Humans carefully adjust and modify their surroundings in order to meet their many demands for survival.
4. Establishing links between people and nature as well as between environmental factors that cause diverse occurrences that have an impact on them.
5. Through careful planning and execution, society would actively work to preserve the environment and the delicate balance of nature[5], [6].

Secondary-level environmental education goals

Concepts from environmental education should be taught alongside other scientific disciplines.

1. To draw attention to how important science is to everyday life.
2. To foster in students a scientific mindset.
3. To foster an atmosphere that encourages a greater reliance on scientific methods and concepts.
4. To introduce students to different natural phenomena.
5. To cultivate a perspective that emphasizes the methodology used in many scientific areas.

Environmental Education Elements Stressed at the Higher Secondary Level
Population increase causes issues due to uncontrolled population growth. Land usage, land reclamation, and soil protection are all governed by the law. recycling, conservation, and resource usage. Wildlife, plant, soil, and water conservation, as well as the preservation of other non-renewable aspects of the natural world. Pollution includes contamination of the water, air, and soil, as well as contamination from garbage disposal, insecticides, and other chemicals. Individual, family, national, and societal health and hygiene, as well as health risks, etc. Humans and Nature: Other atmospheric chemicals, environmental quality, and the future of the planet.

Ecology is the branch of science that examines how living things interact with one another and with their physical surroundings. The study of ecology may be seen from the perspectives of the environment and the demands it makes on the species living in it, or from the viewpoint of the organisms themselves and how they adapt to their environments. An ecosystem is made up of a collection of creatures that interact with one another and their surroundings, exchanging resources in a generally circular way. Along with energy sources and channels for the exchange of materials and energy, an ecosystem also consists of physical, chemical, and biological components. A certain organism's habitat is the setting in which it exists. The term "niche" refers to an organism's function within its surroundings. It is often helpful to split the environment into four major areas for the study of ecology.

Environment on land, or the terrestrial environment, includes biomes like grasslands, one of numerous types of woods, savannas, or deserts. Standing-water habitats and running-water habitats are two more categories within the freshwater environment. Saltwater is a defining characteristic of the oceanic marine environment, which may be generally separated into the shallow seas of the continental shelf that make up the neritic zone. The ocean's deeper waters make up the oceanic region. In actuality, the two strategies are often combined. Ecosystem and community architecture, dispersal patterns, and population structures are highlighted in descriptive ecology descriptions of the sorts and characteristics of organisms and their surroundings. Functional ecology describes how ecosystems function, including how populations react to environmental change and how matter and energy circulate within them.

Ecosystems may be generally categorized as natural and man-made. Natural ecosystems are those that can be found in the natural world. They may be divided into terrestrial and aquatic ecosystems. Aquatic encompasses ponds, rivers, streams, lakes, estuaries, oceans, mangroves, swamps, and bays, among other things, whereas terrestrial includes scorching desert, grassland, tropical and temperate rainforest, and so on. These two ecosystems may freely interchange inputs and outputs with other systems and are open, self-regulating systems. Artificial ecosystems are straightforward, man-made, unstable, and open to human

manipulation. Typically, it is created by removing a section of grassland or woodland to create a crop field or other agricultural area.

Ecosystem Structure and Function

The biotic (consisting of living creatures) and abiotic (containing of elements that are not alive) components make up an ecosystem. According to some sources, the following are considered to be non-living constituents: habitat, gases, sun radiation, temperature, moisture, and inorganic and organic nutrients. You may further split living things into producers, consumers, and decomposers. Basic inorganic and organic elements of the environment or habitat of the organism are considered abiotic components. Carbon dioxide, water nitrogen, calcium phosphate, and other inorganic elements that are all engaged in the matter cycle make up an ecosystem. Proteins, carbohydrates, lipids, and amino acids are the abiotic (non-living) components of an ecosystem. They are all produced by the biota within an ecosystem and enter it as waste products, dead organisms, etc. The biotic (living) components of ecosystems include things like the climate, light, soil, and 'micro-climate' temperature.

Ecosystem function is the ability of natural processes and elements to directly or indirectly meet human demands for commodities and services. Ecological processes and ecosystem structures are subsets of ecosystem functions. The natural processes that make up the whole ecological sub-system, of which each function is a part, produce each function. Natural processes, on the other hand, are the outcome of intricate interactions between biotic and abiotic ecosystem components through the fundamental forces of matter and energy. Regulation functions, habitat functions, production functions, and information functions are the four main categories of ecosystem functions. This classification applies to all habitats, not just those in forests.

Characterization of ecological processes in general

The term "regulatory functions" refers to a class of activities that pertain to the ability of natural and semi-natural ecosystems to control vital ecological processes and systems that sustain life, such as bio-geochemical cycles and other biosphere processes. In addition to preserving the environment, these regulatory tasks provide a wide range of services that are advantageous to people both directly and indirectly.

Natural ecosystems serve as a haven and a site for wild plants and animals to reproduce, which helps to preserve biological and genetic variety and the evolutionary process. Production processes: Energy, carbon dioxide, water, and nutrients are transformed via photosynthesis and nutrient intake by autotrophs into a vast range of carbohydrate structures, which are then used by secondary producers to make an even greater diversity of living biomass. Numerous ecosystem products for human use, including food and raw materials, energy sources, and genetic material, are produced by the wide variety of carbohydrate structures. Natural ecosystems support human health by presenting opportunities for introspection, spiritual enrichment, cognitive growth, recreation, and aesthetic experience. This is because the majority of human evolution took place in the context of an undomesticated habitat [7], [8].

An ecosystem is made up of four main parts: producers, consumers, decomposers, and abiotic elements like plants and animals. Pond. If any of these four elements are absent, the ecosystem is categorized as being incomplete, for example. A cave or the bottom of the ocean. Productivity in the Environment: There are three types of productivity: primary productivity, secondary productivity, and net productivity. Ecosystem productivity is the rate at which solar energy is fixed by the plants within the ecosystem. Primary productivity, which

is further divided into gross primary productivity and net primary productivity, refers to the rate at which radiant energy is stored by producers' photosynthetic and chemosynthetic activities. It is quantified in terms of energy or weight. Energy storage rates at the consumer level are referred to as secondary productivity.

In order to administer contemporary industrialized societies in ways that are consistent with environmental preservation and improvement, a grasp of ecology is a must. Applied Ecology is the area of ecology that deals with foreseeing how technology and development will affect ecosystems and giving suggestions so that these actions will have as little negative influence as possible or even beneficial on ecosystems. It employs a variety of approaches. Interactions among living creatures are classified into two primary kinds viz.

One species gains from this, whereas the other is unaffected. E.g. Numerous organic acids that are produced by cellulolytic fungus from cellulose are used as carbon sources by bacteria and fungi that are not cellulolytic. Certain bacteria synthesise growth factors, and their excretion enables the growth of nutrient-dense soil residents. It also goes by the name of non-obligatory mutualism. The two species are associated for their mutual benefit, yet neither species must cooperate for the other to exist or to conduct responses. Eg. As long as there is a cellulose decomposer to break down the cellulose into simple sugars or organic acids, *Azotobacter* can fix N_2 using cellulose as an energy source. Interspecific relationships that benefit both parties are more prevalent among organisms. In this case, both species profit. In such associations, there is a close, frequent, and required contact that is more or less necessary for each person's life. animals pollinating plants. Hectar or other plant products provide food for bees, moths, butterflies, and other insects, who then pollinate flowers.

Legume and *Rhizobium* coexistence. Legumes provide food for bacteria, which then fix gaseous nitrogen and make it accessible to plants. Members of one community may damage or even devour members of the other population, compete with them for food, or otherwise interfere with them. Competition, Predation, Parasitism, and Antibiosis are all part of it.

Competition

It is a situation in which one organism is suppressed while the two species compete for few resources like nutrition, oxygen, or space. Eg. *Agrobacterium radiobacter* and *Fusarium oxysporum* are in competition.

Predation

A predator is a free-living animal that hunts down and devours prey for nourishment. Although mammals make up the majority of predatory species, certain plants, particularly fungus, also prey on other animals.

Parasitism

A parasite is a creature that lives on or within the body of another organism and gets most of its nutrition from the tissues of that organism. While a predator kills the prey it consumes, a typical parasite lives within its host without doing so. Eg. *Cuscuta* species rely on other plants for food, which they grow on. Even within a species, parasitism may happen. The majority of hyperparasites are fungi that are parasitizing other parasites, or a parasite on a parasite [9], [10].

Antibiosis

Antibiosis is the term used to describe the phenomena of antibiotic production. A chemical compound known as an antibiotic is created by one kind of organism and, at low

concentrations, it may prevent the development of other organisms. Eg. *Rhizoctonia* species are prevented from growing by penicillin, *trichoderma harzianum*, and streptomycin (*S. griseus*).

CONCLUSION

Ecological studies, which look at how living things interact with their physical environment, centre on ecosystems. Producers, consumers, decomposers, and abiotic elements are only a few of the components that make up an ecosystem. Understanding ecological processes, such as habitat functions, production functions, and information functions, is possible via the study of ecosystems. In conclusion, environmental education is a crucial part of resolving the environmental issues our world is now experiencing. It provides people with the information and resources they need to encourage sustainable behaviours, protect biodiversity, and strive towards a peaceful coexistence with the environment. Environmental education is crucial in establishing a sustainable future for future generations because of its varied approach. The methods for raising environmental awareness and education have been taught to you. The main obstacles to the implementation of environmental education at the school level have also been recognized by you, aware of how eco-systems work and how energy conservation cycles work.

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CHAPTER 11

POPULATION EDUCATION: EMPOWERING SOCIETIES FOR SUSTAINABLE GROWTH AND WELL-BEING

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ABSTRACT:

People's productivity and contribution to society are increased when their quality of life is improved, which is essential for economic and social advancement. In 1952, India became the first nation in the world to implement a national family planning programme with the intention of stabilising its population to suit economic demands. India's population exceeded one billion people in 2000, and estimates indicate that it may overtake China as the most populated country in the world by 2045 despite decreasing death rates and high birth rates. Stabilisation of the population is essential for fostering sustainable development and fair distribution. People who lack information, attitudes, abilities, or practises connected to population issues may find it difficult to embrace family planning, hence population education is seen as a crucial intervention method. This abstract discusses the background of India's population rise, the goals of population education, and the importance of population education in tackling population-related issues. It emphasises the significance of population education in order to spread knowledge of the negative effects of fast population expansion, promote ethical behaviour, and aid in making well-informed decisions. The objectives of population education include disseminating demographic information, comprehending the effects of overpopulation, assisting with legislative efforts, and promoting decreased family sizes. It also demonstrates how population education has changed in response to the intricate interactions between population expansion and economic development. By highlighting the larger breadth and variety of purposes of population education, this abstract highlights the differences between family planning education, sex education, and family life education.

KEYWORDS:

Education, Family, Growth, Life, Population Education.

INTRODUCTION

Improving people's quality of life is the cornerstone of economic and social growth because it enables them to become assets to society by becoming productive members of it. In order to stabilize the population at a level that is commensurate with the needs of the national economy, India was the first country in the world to introduce a national policy in 1952 that placed a strong emphasis on family planning. Sharp drops in mortality rates did not, however, coincide with a corresponding reduction in birth rates after 1952. Total fertility rate replacement levels, or the average number of children a woman has over her lifetime, were mandated by the National Health Policy of 1983 by the year 2000, accomplished. In light of the aforementioned, India's population already surpassed the one billion milestone (100 crore) in 2000. As of October 5, 2016, there were 1.34 billion people living in India. A little basic knowledge could help to clarify the situation. India makes up 2.4% of the planet's land area and has 18% of the world's population. India may surpass China to become the world's most populated nation in 2045 if the present trend of population increases holds. Promoting sustainable development with more equal distribution necessitates population stabilization. As a result, we must inform people about the problems associated with population

growth. After completing this lesson, you should be able to: Define population education and its nature; Discuss the necessity for and significance of population education; Define population education's goals; and Define population education's emergence in India [1], [2].

It took 1700 years for the world population to double from 300,000,000 in 1 AD to 640,000,000, but only 150 years for it to do so again to reach 1,265,000,000 by 1850, and only another 100 years to reach 2,516,000,000 by 1950. 7,455,107,987 people live on earth as of the present. worldwide attention has been drawn to the unheard-of spectacular rise in the worldwide population at this point. When population shifts started to have an impact on people's growth and quality of life at the individual, family, communal, national, and international levels, discussions about population problems and concerns followed by attempts to regulate them began. Those were the commencement of national and international population control initiatives. Due to a lack of awareness and desire at the individual and household levels to accept family planning methods and techniques, efforts to promote direct means of population control like the adoption of family planning by individuals have not produced sufficient results. Population education, which imparts the necessary knowledge, attitudes, skills, and practises in regard to population matters, has been identified as one of the most effective interventionist strategies to influence the adoption of family planning by the eligible couple and other age groups of the population. However, in only 45 years, by 1995, the number had once again more than doubled (reaching 5,760,000,000). Furthermore, on 31 October 2011 it surpassed the 7 billion milestone. Because of its role in the general development of people, families, communities, countries, and the globe, population education has drawn more and more attention from across the world. We must thus comprehend the idea and importance of population education at the national and international levels.

Ordinarily, we refer to population education as the study of a sizable population that inhabits a certain area and has its own customs, traditions, culture, religion, beliefs, and way of life. However, a precise definition of population education has not yet been established. The idea of population education was first proposed by Dr. Sloan Wayland of Teachers College, Columbia University. There have been several efforts to define population education, but no widely recognised idea has emerged. This issue may have developed for the following three reasons: The idea of population education is very new, population challenges are not universally the same across nations, and traditional and cultural values vary widely. However, the definitions provided below by notable individuals may help to somewhat clarify the idea of population education.

Population education is the educational process by which views regarding family size are to be changed, according to Harol Howe. Resources from a variety of professions and educational levels are used in the process. Population education is defined here in terms of family size. Therefore, it has a fairly limited range. Population education was defined as the process of developing awareness and understanding of the population situation as well as a rational attitude and behaviour towards this situation for the attainment of quality of life for the individual, the family, the community, the Nation, and the World in the Intensive Training Programme of Population Education conducted by the Department of Education, Philippines, in 1972. "Population Education is an educational programme that provides for the study of the population phenomenon in order to enable students to make rational decisions towards problems arising out of rapid population growth." We may infer the following from the aforementioned definitions: Population education is a programme for educating the general public and schoolchildren about the many causes and negative effects of population expansion.

It describes the exact alterations, traits, and nature of at least two significant population factors, namely the fertility and mortality rates. It discusses population increase as a phenomenon that should be recognised when making choices regarding family size and population strategies at the national level. It clarifies who is harmed by population increase that is too rapid. An invention that is practically ubiquitous in scope is population education. Stabilising the human population is the overarching objective of population education [3], [4].

According to the debate above, population education should not be confused with sex education, family planning, family welfare projects, or education on family life. However, population education is a course of study that looks at the population problem in the family, the community, the country, and the globe. At both the local and macro levels, there is a connection between population change and quality of life. Students that get population education are able to understand the causes and effects. Impact of population expansion on the environment and the standard of living. The youngster has the chance to learn about and study how populations and their surroundings interact. The youngster is also aware of the local, national, and international causes and effects of population growth.

DISCUSSION

India's experience with population control measures began in the early 1950s, when a national strategy emphasising family planning was implemented. India's population continues to increase quickly despite attempts to lower mortality and fertility rates; it passed the one billion marks in 2000 and reached 1.34 billion in 2016. India might overtake the United States as the most populous country by 2045, making population stabilisation necessary. Population education has become an important tactic to deal with these problems. People become more knowledgeable and responsible citizens as a result of it because it gives them the skills, information, attitudes, and practises connected to population concerns. Family planning is only one aspect of population education; it also includes a larger awareness of population dynamics, their effect on the environment, and people's general quality of life.

Raising awareness, encouraging attitudes supportive of fewer families, helping people comprehend the effects of fast population expansion, and allowing people to make well-informed choices about family planning are all objectives of population education. Additionally, it is essential in advancing principles like sustainability, social responsibility, and equality. The implementation of national population education programmes in nations like India, the Philippines, and the Republic of Korea marked the beginning of the development of population education in earnest in the late 1960s. International organisations like UNESCO and UNFPA gave funds and assistance after realising the importance of population education in tackling the world's population concerns. Education about population is often confused with education on family planning, sex, or family life. Although it borrows from these fields, its scope is broader and includes a larger variety of population-related subjects and goals.

Value and Need for Population Education

It has increasingly become clear that there will not be a single solution to the population challenges because of the intricate relationships between population growth and development. Fundamentally, it has to do with the need for national and individual growth. The degree of development and the standard of living of the population both impact and are influenced by demographic patterns. Any country's population status is significantly influenced by the demographic habits of its citizens. A nation's demographic changes are greatly influenced by the attitudes and behaviour of its citizens about population and

development concerns. Population socialisation, a process by which people acquire norms, values, attitudes, and belief systems with regard to population-related issues, and which is embedded within larger complexes of social practises reflecting the society's internal logical system, greatly influences demographic behaviour. Education, which gives a person knowledge of the population transition phenomena and its effects, has a big impact on this process. It is a well-known truth in many nations that even educated individuals have very little understanding of the fundamentals of population change, much alone the intricate linkages with other factors. Population education has become a key component of the multi-pronged approach used to address the current population issues facing the countries precisely because of these complications[5], [6].

In essence, a school is a significant social institution. The Education Commission of India 1964–1966 made the excellent observation that a nation's future is fashioned in its classrooms. A nation's future may be greatly influenced by having the appropriate information, attitudes, and skills about the many aspects of its people. On the need and significance of population education, a few chosen viewpoints from professionals and organisations are presented below. According to the United Nations Educational, Scientific and Cultural Organisation, "Population Education is an educational programme that provides for a study of population situation of the family, the community, the nation and the world, with the purpose of developing in the student's rational and responsible attitudes and behaviour towards that situation." Population education is a topic that, in my view, should be regarded primarily as a component of the much larger topic of human resource development and be included into the educational framework. The following elements which illustrate the need and significance of population education are derived from the aforementioned points of view:

1. The wellbeing of humanity is severely threatened by an extraordinary population increase. Education of the populace has a protective effect.
2. A growing population makes it difficult to lead a happy life. Numerous restrictions are placed on obtaining basic necessities due to overpopulation. Population education offers the chance and the task to determine how and by what methods we may successfully inspire everyone to strive for a higher quality of life.
3. Population education enables us to consider the population's producers of National Wealth as well as its size, as consumers of products and services, as owners of natural resources, and as a consumer of wealth. The quality, not the number, is what counts when population is seen as a method of production. Because it teaches us to value production, conservation, and environmental upkeep, population education plays a crucial role in this context.
4. The state has a moral obligation to ensure the welfare, health, and overall development of every citizen. All of these advances must occur, thus we must examine the population via population education.
5. Population education assists us in helping our youngsters acquire socially acceptable values. It aids in the growth of our feeling of equality. It has a huge ability to foster positive attitudes and foster a sense of community. It demonstrates how to cultivate sexual discipline.
6. To encourage people to become more aware of their responsibilities and alter their behaviour for the appropriate life, population education includes topics on family-life education, sex education, responsible parenthood, delayed marriages, adolescent fertility, etc.

7. In a country like India, where a large portion of the population lives in villages, the family planning programmes are becoming more and more accepted by even illiterate couples as "Small Family Size" is becoming more and more of a concern. People have been motivated to understand the need of population control for their survival and stability in this rapidly changing contemporary world by the mass media, population education volunteers, and other means.

8. Our population is rapidly growing, which Khan says undermines all efforts to improve, and is one of the major issues that confront us. In order for the younger generation to comprehend the nature and scope of the burden imposed by fast population expansion, there is a perceived need for disseminating accurate information concerning population dynamics. Raise people's awareness of the major issues brought on by population growth. In order to spur growth. In order to live in better level of life. To teach the younger generation about the current condition on the ground and prepare them for living a planned adult life. To properly inform people about the benefits of small-family values. To convey the idea that family size is something that can be managed.

Goals for Population Education

Population education aims to increase people's "basic awareness" of population issues and positive attitudes towards small families, as well as their understanding of the effects of population growth without any checks on both their own personal and socioeconomic well-being and that of the nation as a whole. The following categories may be used to understand the overall goals of population education:

1. To ensure awareness and comprehension, it should provide fundamental demographic concepts, population situation, processes and developments of population variations, various concepts of quality of life, human reproduction and the family, micro and macro relationships between quality of life and population changes, population policies and programmes, etc.

2. Make both teachers and students aware of the rapid rate of population growth in light of pressing national issues. It should thoroughly detail the direct and indirect effects that rapid population growth has on people, families, societies, and nations, upsetting the delicate balance of existence and resulting in the widening gap between developed and developing nations in the modern world.

3. Help the government reach its population objectives by providing resources: Governments nowadays appear preoccupied with reaching population targets via a variety of schemes for educational institutions and at-risk adolescents. Therefore, population education should focus on direction and competence to support governments in running their initiatives effectively for everyone's wellbeing in a long-lasting way.

4. To be able to comprehend that family size is controllable, that population control can help a country achieve a higher standard of living, and that having a small family can significantly improve an individual's quality of life the Indian households of today and tomorrow should be tiny and compact to guarantee a bright future for the younger generation [7], [8].

5. To gain comprehension of:

i. The modest family norm is appropriate and preferred.

ii. The association between population density and lifestyle standards.

iii. The choosing and management of family size by humans rather than an accident caused by events outside of their control.

6. Changing behaviour in regard to health practises, health attitudes, and knowledge. Development and maintenance of family, community, physical, and mental health at all levels should be the ultimate objective.
7. Population Education is specifically designed to help people comprehend the negative repercussions of overpopulation.
8. According to Bhatia, the fundamental goals of population education are to comprehend population dynamics, such as the growth rate and demographic structure of the nation in relation to the global population.
9. To increase one's understanding of the nation's population policies and initiatives.
10. Developing a grasp of the reality that there are methods to plan parenthood, restrict family size, and thereby control population increase.

The main goal of population education must be

1. Disseminating proper information and expertise about demographics.
2. Gaining a thorough awareness of the variety of socioeconomic issues caused by the population boom, the steps taken by the government to control it, and the role of people in the development of their country.
3. Fostering a good outlook on life for a modest family size, establishing stable health and family planning regulations, enlisting public participation in raising living standards, protecting natural resources, etc.

Population Education's Development

The two most serious concerns facing humanity today are population growth and economic development, which is where the idea of population education first came into being. Both share a variety of intricate elements and are intricately connected. Concern about population concerns has extended widely among practically all of the members of the international community and is seen as a characteristic of the development process. Unrelenting efforts have been made to hasten socioeconomic growth via the use of science and technology, as well as to guarantee distributive fairness for the populace through a variety of institutional systems. However, they must address some fundamental population-related issues, such as how many people will live on the planet, how they will be supported and enabled to contribute to development initiatives, what they will leave for future generations, and how long they will be supported by the natural and human resource base [9], [10]. Critical aspects of the current population and development phenomena include the rapid population growth and the problems that come along with it, such as poverty, inadequate health and educational resources, malnutrition, the failure to meet even the most basic needs of the majority of the population, a lack of employment opportunities, the depletion of natural resources, and the ensuing environmental degradation. It's important to keep in mind that the population phenomena of today include concerns other than development. While population-related problems raise worries about the "carrying capacity" of biological and ecological systems as well as the future of humanity, population size, growth, composition, and distribution all have a direct impact on socioeconomic development.

The notion that population education can help with population difficulties and challenges was originally put out in Sweden in 1935. Concerned about the dropping birth rates in Sweden, the Population Commission of Sweden. In order to explain population-related concerns and influence people's fertility behaviour, that nation suggested a thorough and very active educational effort. In the years 1937–1938, the American people voiced a similar viewpoint.

It was proposed that population studies be included as a subject to the school curriculum since the birth rate was dropping and the population seemed to be shrinking. The next 20 years, however, saw nothing particularly notable.

CONCLUSION

In conclusion, population education is essential for resolving population issues, advancing sustainable development, and enhancing people's quality of life. It encourages responsible attitudes, gives people the information and abilities they need to make knowledgeable family planning choices, and helps the world's population reach its long-term objectives. In conclusion, raising people's standards of living is unquestionably essential for advancing society and the economy. It enables people to participate productively in society and so become valued contributors. This idea has been crucial in the context of population management and development in nations like India. Population education is still an essential instrument for raising knowledge, influencing behaviour, and promoting responsible citizenship in today's world where population expansion continues to have an influence on many elements of life, from resource availability to environmental sustainability. It enables people to comprehend the complexity of population dynamics and prepares them to make constructive contributions to the long-term sustainable growth of their communities and the global community. It is impossible to overestimate the value of population education as we manage the difficulties brought on by an increasing global population.

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CHAPTER 12

EVOLUTION OF POPULATION EDUCATION: FROM EMERGENCE TO RECONCEPTUALIZATION

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ABSTRACT:

The abstract provides a summary of population education's historical history, with a particular emphasis on India. It starts by addressing the reexamination of issues relating to population in the United States in the 1960s and the subsequent creation of population education as an educational innovation. The abstract also discusses the original misunderstandings and links of population education with sex education, family planning, and population research. The National Seminar on Population Education in 1969, which provided the groundwork for its incorporation into the educational system, is highlighted as a key point in the discussion of how population education was conceptualised in India. The importance of institutions like the National Council of Educational Research and Training (NCERT) in creating the curriculum for population education is emphasised. The abstract continues by exploring how population education was reconceived in India in the 1980s in order to fill the holes in its integration into the academic programme. It highlights the important issues raised at this time, including family size, postponed marriage, parenting, and other issues. It also discusses the global background, including the Istanbul Declaration and Plan of Action, as well as the transition from a narrow focus on demographics to a more comprehensive view of sustainable development. The summary also covers the National Population Education Project's (NPEP) lessons learned and the significance of including touchy subjects like adolescence and HIV/AIDS within the Population Education Framework.

KEYWORDS:

Adolescence, Development, Economic, Education.

INTRODUCTION

In the United States, the topic was significantly reexamined in the 1960s. The inclusion of population-related topics in the school curriculum was reiterated in articles written by Warren S. Thompson and Philip M. Hauser and published in the Teachers College Record, Columbia University, in March 1962. They made these suggestions in an interestingly different environment given that the view of the population issue had changed in the 1960s and that the worry now was with fast population increase in both the industrialized and developing nations. Therefore, in the 1950s and 1960s, initiatives to slow population growth were started in a number of nations. Adults were also given knowledge about the negative effects of a high birth rate via motivating activities. The information, education, and communication (IEC) or information, education, and motivation (IEM) strategy was used in family planning programmes to achieve the desired objectives, but in the developing world the "IEC" activities of family planning programmes were not always as successful as had been anticipated. It was in this context that the potential of education was realised in order to overcome deeply ingrained traditional learning that influenced demographics.

The first national initiative to develop and implement the idea of population education took place in India in 1969, followed by the Philippines and the Republic of Korea in 1970, according to the Workshop on Population and Family Education sponsored by the UNESCO Regional Office for Education in Asia, which was held in Bangkok in September 1970. It not only made it easier to identify population education goals, choose appropriate content, and think through strategies for integrating population education into formal and non-formal education systems, but it also led to the introduction of national population education programmes by many Asian nations. Similar initiatives were started by the UNESCO Regional Offices in Dakar (Africa South of the Sahara) and Santiago (Latin America and the Caribbean). The United Nations Population Fund (UNFPA), formerly known as the United Nations Fund for Population Activities, was instrumental in recognising the value of population education and in giving funding for national projects starting in the late 1960s [1], [2].

The 1970s saw the emergence of population education as an educational innovation, and several nations started working to integrate it into their existing educational frameworks. Nations were urged to implement the population education approach by the recommendations of the World Population Plan of Action, which was approved at the World Population Conference in 1974 in Bucharest. According to the Plan of Action, "the Governments should consider making provisions, in both the formal and non-formal educational programmes, for informing their people on the consequences of existing or alternative fertility behaviour for the well-being of the family, for the educational and psychological development of children, and for the general welfare of society, so that an informed and responsible attitude towards marriage and reproduction will be promoted."

The Family Planning Association in India addressed a Memorandum to the State Government of Maharashtra in 1968, calling for the inclusion of population dynamics instruction in the curriculum. However, the National Seminar on Population Education held in Bombay in August 1969 served as the catalyst for the concept of population education to take shape. It was advised that population education be included to the curricula of all schools and institutions. The Seminar attempted to describe population education in the context of the Indian scenario, but more significantly, it represented the national agreement for implementing this educational innovation into the nation's educational system.

Education for the Population and Other Ideas

Numerous myths about population education existed in the first stages of its history, and some of them still influence how it should be understood. Population education was popularly equated with family planning or family planning education, primarily because of its emergence in close association with the "IEC" or "IEM" activities of the family planning programmes. It was also regarded as a euphemism for sex education and family life education, as in some countries the concerned programmes approached population issues in terms of sexuality. Population education was also equated with population studies, and even now both the terms are sometimes used interchangeably, because the core of the knowledge base of population education, (the basic core content upon which the population education curriculum is developed), contained the elements of population studies. While population education is none of these "educations" in the true sense, it draws contents from all those educational areas the objectives of which are mutually supportive. It is necessary, therefore, to discuss the nature and objectives of certain related areas, as it may help in proper understanding of the distinction and complementarity between population education and them.

Planning Families

In many countries population programmes were initiated as family planning programmes which had a special "IEC" or "IEM" component. This component came to be popularly known also as family planning education. In some countries this campaign was launched in a very narrow sense aimed at creating awareness about controlling birth by using contraceptives. It helped in the supply and use of contraceptives to eligible couples. But over the years family planning also has adopted a broad orientation. It is now increasingly being regarded more than an intervention to promote the use of contraception. It is a means of caring for the health of mother and child, enhancing the quality of families by regulating and spacing child birth, raising the age at marriage and improving the position of girls and women, helping sub-fertile couples to beget children and providing counseling for parents and potential parents. Despite these changes, the family planning education continues to address itself primarily to adults and youth, and its population education shares all of the family planning education's content and focuses on its goals, but the scope of its contents is wider and its goals are more diverse than those of family planning education, and both have fundamental differences in their approaches[3], [4].

Sexual Education

Sex education is a programme designed to give students sufficient and accurate information about human sexuality in its biological, psychological, socio-cultural, and moral dimensions. It primarily, though not exclusively, focuses on the individual's self-awareness, personal relationships, human sexual development, reproduction, and sexual behaviour. It also covers the anatomy and physiology of reproductive systems, physical, emotional, and psychological change.

Education in Family Life

It deals with issues like ageing as well as social relationships in the sociocultural context of family and society, and it gives the learners an opportunity to study family relationships and peer relationships. Family life education is closely related to sex education. It is an educational process designed to help young people in their physical, social, emotional, and moral development, as they prepare themselves for adulthood, marriage, and parenthood. In addition to many other topics that are beyond the purview of family life education, it also includes in its content structure.

DISCUSSION

Population studies is the body of knowledge, concepts and theories, which describe and attempt at explaining the dynamics of human populations and their relationships with social, cultural, economic, political and biological environments. It focuses on population issues related to the demographic processes of fertility, mortality and migration. It also covers components such as population size, age and sex composition, its spatial distribution and socioeconomic characteristics. Population studies as a general body of knowledge, therefore, has made substantial contribution to the knowledge base of population education. During the initial years of the evolution of population education it was thought to be the "be-all and end-all" of population education, and the curriculum framers were expected to perform the simple task of including and hierarchically arranging the facts, theories and concepts of population studies into the scheme of content of population education. But over the years, the conceptual framework of population education has broadened to incorporate those components which do not belong to population studies but to other disciplines and professional fields, such as life sciences, medical sciences, social sciences, pedagogy, and psychology and so on. Moreover,

population related attitudes, behaviour and decisions, rather than the internal logic of population studies are characteristically the major concerns of population education.

Community Education

Family planning education was started in order to convey specific messages focused on the need to control population growth. Sex education was initially developed in response to the concern for changing sexual mores and the increasing incidence of deviant sexual behaviour, venereal diseases, and out of wedlock pregnancy. Population education differs from all the areas delineated above in that its need arose under special historical circumstances and some typical contemporary issues. Population studies developed not as a separate discipline but as an interdisciplinary body of knowledge by combining facts, theories, and concepts based on research studies carried out by the specialists of different disciplines and professional fields for explaining various facts of population phenomenon. Population education emerged as an educational response to the concern for population problems emanating from the changing inter-relation

Population education, by its very nature, has been treated as a culture and region-specific concept. Its definition in one country or region differs from that in the other. The numerosity of definitions is also the result of the constant changes being made in the concept by including new areas of concern based on the experiences of international regional and national experimentation. Population education, which is a component of the overall social learning process, is broadly defined as an educational intervention with the goal of assisting individuals in understanding the interrelationship between population and development, appreciating the determinants and consequences of population processes and changes, assessing the potential actions that they and their respective families and communities can take to modify these processes, and carrying out selected actions[5], [6].

The Concept's Development in India

Due to shifts in how the population phenomenon is seen and how it interacts with development determinants, the conceptual framework of population education has undergone significant modifications since it was first developed. Every time the way in which population concerns were seen changed. There has been an overriding similarity in the changes that have taken place in the conceptual framework of population education across many nations throughout the years, despite the fact that they have mirrored context-specific variances. Therefore, having a good knowledge of the concept's development can help you comprehend how it is progressing in academics.

Population Education Conceptualization

In India, the notion of population education was initially attempted in the late 1960s. The following suggestions to describe the notion were offered during the National Seminar on Population Education in August 1969: "The goal of population education should be to provide pupils the knowledge that family size is manageable and that population management may help people live better lives. Additionally, it should help the students understand how important it is for modern Indian families to remain modest, with just two or three children, in order to preserve the health and wellbeing of all family members." "Students at all levels have a right to accurate information about how changes in family size and the population of the country affect individuals, families, and the nation so that this body of knowledge is used to control family size and national population,". "Population shouldn't only be thought of as a numerical phenomenon. The most important aspect in determining growth and the outcome of expansion is population quality.

The National Council of Educational Research and Training (NCERT) created the Population Education Curriculum in 1971 in response to the National Seminar's suggestions. It described population education as an educational initiative to increase target groups' awareness of the complex population phenomenon and ultimately encourage them to make informed choices about population-related issues. The Syllabus included a content plan that was created by selecting material from each of the six main subject areas, including population increase, population and economic development, population growth, and social development, as well as population health and nutrition, biological variables, family life, and ecological concerns. Thus, population education was seen as a notion heavily reliant on demography, primarily as education in demography and population studies.

For the first time, during the early 1980s, population instruction needed to be rethought for a variety of distinct reasons. Significant gaps in the integration of aspects of population education in the content and process of school instruction have been highlighted by evaluation studies on several parts of the National Population Education Project's execution. It was realized that the process of successfully integrating population education's components into the school curriculum had been hampered by the concept's ambitious conceptual framework, which included an overabundance of population dynamics. In addition, the suggestions made at the International Conference on Population in Mexico City in 1984, which revealed new facets of the population phenomenon, made it clear that the conceptual framework needed to be modified. At the UNESCO Regional Seminar conducted in 1984, five fundamental topics were recognized as the key components of the conceptual framework of population education. This was the first step towards reconceptualizing population education. These were Population related Beliefs and Values, Delayed Marriage, Responsive Parenthood, Population Change and Resource Development, and Family Size and Family Welfare.

The National Policy on Education from 1986 identified "promotion of observance of small family norm" as one of the key subject areas that should be represented in the country's educational system. This policy highlighted the significance of the primary causes and effects of fast population expansion. It gave the right background for rethinking population education. Additionally, almost half of the ten key subject areas included in the policy paper, such as gender equality, environmental preservation, the elimination of social obstacles, and the inculcation of a scientific mindset, were seen to be essential for achieving population education goals. Six major themes were identified during the revision process of the conceptual framework for population education in India: family size and welfare, postponed marriage, responsible parenthood, population change and resource development, values and beliefs related to the population, and status of women. Economic growth, social development, environment and resources, family life, health and nutrition, and demographic consequences were the six topic categories that were used to create the framework of content. In order to provide complete treatment to the contents and improve the effectiveness of the integration of population education components in the textbooks, the reconceptualized framework also emphasised the approach of integrating maximum contents at minimum places. Population education is characterized under the new conceptual framework as instruction on the connections between population, development, resources, environment, and quality of life.

All ideas that interact with the social environment need to be reevaluated, especially when the setting in which they were conceived noticeably changes. Sometimes a concept's strange destiny is to enjoy an excessive amount of success. After gaining scientific recognition, a concept could become so well-liked and in style that it is used carelessly, diluting its core qualities and necessitating its revival. In a similar way, the idea of population education has

evolved. The Istanbul Declaration and the Plan of Action adopted by the International Conference on Population Education and Development, 1993, which highlighted the shortcomings of the current concept and suggested the inclusion of a number of newly emerging issues in it, both reflected the need to reorient the conceptual framework of population education. But the most recent and notable advancement of a worldwide agreement on population and development forced a rethinking of population education. Since Malthus started the conversation about population concerns, the population phenomenon has been examined in light of conceptions of its interactions with other development-related factors and the social environment. The Programme of Action (POA), adopted by the International Conference on Population and Development, held in Cairo in 1994, reflects the current perceptions of the patterns of these interrelationships, making it imperative that planned interventions aimed at the population phenomenon reorient, revitalise, and rejuvenate themselves in order to realise the vision of the new paradigm of population and development. The ICPD Programme of Action has brought about a "Paradigm Shift" from population numbers to population stabilisation circumstances. Today, it is seen crucial to put an emphasis on human needs rather than demographic goals and to include population issues into development plans as opposed to pursuing and supporting population control methods. Additionally, the ICPD has explained two separate responsibilities of education for the first time: (a) education as a critical component in population stabilisation; and (b) education as a way to encourage greater accountability and knowledge of the interrelationships between population and sustainable development [7], [8].

Other international conferences have also promoted the need to switch from a strictly demographic or population management strategy to a wider sustainable development approach. In the Agenda-21: The Global Plan of Action that was approved at the United Nations Conference on Environment and Development in Rio de Janeiro in 1992, the emphasis was on the connections between population, natural resources, environment, development, and quality of life. These connections were also emphasized during the Beijing Declaration and Platform for Action-adopted Fourth World Conference on Women in 1995 and the International Conference on Population Education and Development in 1993. National Population Education Project experiences

The lessons learned during the NPEP's implementation have also recommended that population education has to be rethought. Even after the initial reconceptualization, themes related to growing up and HIV/AIDS were left out of the Population Education Framework because they had been deemed to be very sensitive. However, the Population Education Framework was still lacking without these components. In light of the issues that teenagers have faced due to a lack of. It was believed that the Population Education Framework needed to include all the components that had been viewed as essential for achieving the goals of population education. These components included authentic knowledge about the process of growing up from childhood to adulthood and the recently realized urgency to impart HIV/AIDS education.

Additionally, there were gaps in the successful integration since the Framework of Population Education, which was predominantly inspired by the IEC method, did not align with the current school curriculum framework. The majority of population instruction was didactic and focused on getting points through. The current educational framework, however, is unrestricted and is seen as a method for gathering messages. Therefore, population education needed to be reconceived as an educational endeavor that would make the learners aware of all potential dimensions of population-development interactions, promoting an overall strategy of supporting and empowering learners to make reasoned decisions about population

and development issues, as well as making them aware of the social repercussions of their personal choices. The population education framework was thus once again rethought. It makes an effort to concentrate on all factors that could interact with phenomena related to population and development, as well as to integrate the idea of population education into the current curricula.

An effort to define the necessity for and significance of population education in this lesson. Additionally, an effort has been made to talk about the goals of population education. Only around 40 years ago, population education arose as an educational innovation in response to population issues. Today, population education is being experimented with in more than 100 nations throughout the globe in a non-uniform way. It has been included into the educational systems of several nations as a crucial part of the multifaceted approach used to assist countries in achieving the objectives of population stabilization and sustainable development. Few educational programmes have absorbed such a wide range of conceptual frameworks and expanded at the same rate as it. Techniques for curricular exchange. The idea of population education has likely undergone the most frequent framework alterations and been the subject of the most misconceptions of any educational notion. This is the case not just due to the circumstances in which it arose, but also due to its novelty and complicated traits.

Concerns over both developed and developing countries' high population increase led to the development of population education in the 1960s. Early initiatives concentrated on using information, education, and communication (IEC) tactics to teach individuals about the detrimental implications of high birth rates. However, these attempts have varying degrees of success, particularly in the poor world. In the late 1960s and early 1970s, official efforts to include population education into school curriculum got underway, with India leading the way, followed by the Philippines and the Republic of Korea. A significant turning point in the development of population education was thus recognised. Funding for national initiatives connected to population education was mostly provided by the United Nations Population Fund (UNFPA).

Over time, the conceptual foundation of population education expanded to include a wider variety of subjects than only demographic data. Family planning, sex education, family life education, population studies, and community education eventually became a part of it. These fields have some similarities to population education, but they also have their own goals and content. The idea of population education, for instance, evolved in India through time, moving from an emphasis on family size control to a more thorough knowledge of the connections between population, development, resources, environment, and quality of life. National and global causes, such as the recommendations from conferences like the International Conference on Population and Development in Cairo in 1994, drove this transformation [9], [10].

Rethinking population education also acknowledged the need of addressing delicate subjects like growing up and HIV/AIDS education, which were first left out of the framework but were subsequently thought to be crucial. In order to be in line with the present educational framework, adjustments in pedagogical approaches from didactic instruction to a more interactive and integrated method were also made. Population education is now seen as an essential part of the comprehensive strategy for attaining population stabilisation and sustainable development. It seeks to provide students with the information and awareness necessary to make defensible choices about population and development challenges. Over 100 nations have adopted it, although in different ways and with particular adjustments to local circumstances.

CONCLUSION

In conclusion, population education has undergone considerable changes in its conceptual underpinnings and goals throughout its intriguing history. What started as a reaction to mid-20th century population challenges, notably worries about overpopulation, has evolved into a complex educational endeavour with a worldwide scope. In conclusion, the trajectory of population education illustrates the flexibility of educational ideas and their capacity to adjust to changing social demands and international viewpoints. It has progressed from a restricted emphasis on birth control to a thorough comprehension of the intricate interactions between population, development, and human well-being. The importance of population education in creating aware, responsible citizens who can contribute to a more sustainable future is vital as we continue to confront global problems connected to population increase, resource use, and sustainable development.

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